

# Identity in Christ

This tool is a brief overview of who we are as followers of Christ. There are many things that Scripture teaches us about what God has freely given us through the life, death, and resurrection of Jesus Christ.

This resource can be used in a one-on-one setting or in a small group. As it is written, you could use it all in one session. If you wanted to expand upon each session, it could easily be broken up into a three-part series.

## Introduction:

Our faith journey involves personal transformation. Transformation is one of the Five Directions of Chi Alpha. The tag line for transformation is “We go there.”

Transformation is an inner journey, one that penetrates every single part of us. Our hearts are transformed; our minds are transformed; our character is transformed. And it is God who is in the business of transforming each and every one of us.

Today we are going to discuss our identity in Christ, one of the foundations to our personal transformation. Until we fully understand who we are as followers of Christ, we cannot undergo a complete transformation.

**Opening Question:** Share a time when you felt appreciated or valued. Share a time when you didn't feel appreciated or valued.

## 1. Who are we?

Read 1 John 3:1-2

Text Questions:

- A. So who are we?
  - a. Children of God
- B. How does the Father feel about us?
  - a. He loves us
- C. So how should this impact humans?
  - a. It should give us confidence, value, and security

Read Genesis 1:27-31

- A. How did God make us?
  - a. in His own image!
- B. What does this mean to be made in the image of God?

Do these passages make you look at yourself differently? If so, how?

## 2. What does it mean to be a Child of God?

Read Galatians 3:26-4:7, 5:1

- A. What does this mean to be children of God?
  - a. love of God for us
- B. What is the difference between being a slave and being free?

- C. Have you ever felt like you were a slave to something? (e.g. Your image, what others think, perfectionism, worthlessness)
  - a. Remember, we are children of God!
- D. Do you feel that you can rest in God's love for you as His child and living free from bondage? Why or why not?

### 3. What are we called to do?

Read Galatians 5:16-25

- A. What does it mean to live by the Spirit? Why should we live this way?
- B. What are examples of fruit of the Spirit that you see now in your own life?
- C. What are some fruit of the Spirit that you can work on in your life?
  - a. What are some specific, measure-able ways you can do this?
  - b. What is one way you will do something this week?

#### Recap:

- Who are we? *Children of God made in His image.*
- What does this mean? *That we are free and loved.*
- What are we called to do? *Love: God & others and pursue fruit of the Spirit.*