

BUFFALO RIVER GUIDE no. 5

AN AMATEUR'S REVIEW OF OUTDOOR TOPICS
FOR THE
2005

T254 OZARK CANOE EXPEDITION TO THE BUFFALO NATIONAL RIVER

[JULY 26 – 31]

EQUIPMENT CHECKLIST



Clothing:

- Polypropylene T-shirts (3-4)
- Poly underwear (3-4)
- Nylon shorts/zip-offs (2-3)
- Swimsuit
- Hat – preferably wide-brimmed - (constant daytime sun exposure X 4 days)
- Rain gear
- Aqua shoes/sandals
- Fleece top for cool nights / mornings
- Personal PFD – optional (orange PFD's provided)

Shelter / sleeping gear:

- Tent
- Ground tarp
- Sleeping pad (bring a good one-we're camping on gravel bars!)
- Camp chair
- Sleeping bag (lightweight)

Gear:

- Knife
- Flashlight/batteries
- Toiletries – toothpaste/soap/Towel
- First Aid items – including any medications
- Toilet paper/trowel
- Map (National Geographic – Trails Illustrated Map is a good one)
- Compass
- Matches
- Rope (include some small pieces to lash gear into canoes)
- Scout Book – also applicable merit badge books (i.e. Canoeing)
- Camera
- Sunblock – lots of it (constant daytime sun exposure X 4 days)
- Insect repellent
- Matches
- Large sponge / bailing bucket (an old Clorox jug works great) ****
- Knee pads for comfort
- Water filter & Nalgene bottles (or iodine tablets)
- Cooler (optional – may result in more dragging of canoe)
- Backpacking stove / fuel / pot/utensils
- Fishing tackle (optional) – suggest fly rod / light spinning gear
- Mask / snorkel / +/- fins (water truly that clear – plenty of aquatic life to see)

Packing bags:

- Waterproof float bags (available at Wal-Mart) or large, sturdy trash bags
- Gallon freezer bags for Scout book, toiletries, etc. – bring several

Food:

- 9 meals on the river (3 breakfasts / 3 lunches / 3 dinners). Suggest energy bars for breakfast, packaged tuna/chicken/trail mix for lunch, freeze dried meals (stroganoff, etc.) for dinner.
- Drink mix/tea bags/coffee
- Snacks

For Trout Fishing Trip on Saturday:

- No fishing gear necessary; bring snacks and drinks only.
- [Scouts and adults over age 15 must have Arkansas fishing license.]**

The following links will give you a glimpse of this rare, uniquely preserved, intensely beautiful natural river:

A detailed, enlargeable map: <http://www.nps.gov/carto/PDF/BUFFmap1.pdf>

A map with river mileage chart: <http://www.buffalorivercanoerental.com/map.html>

Information about the river: <http://www.buffalonalriver.com/>

Information about upper section: <http://www.buffalonalriver.com/upper.htm>

Information about middle section: <http://www.buffalonalriver.com/mid.htm>

Information about lower section: <http://www.buffalonalriver.com/lower.htm>