

NORTHERN ROCKET FOOTBALL LEAGUE 2009 WEIGHT STUDY

This is a compilation of every area that participated in the Northern Rocket Football League in 2009. The weights are an average of every age group and are the total weight of all of the players in an age group divided by the number of players. They are listed by division.

SOUTHERN DIVISION

BELDING

8/9 - 74.7 lbs. 10/11- 90.0 lbs. 12/14- N/A (no team this age group)

CALEDONIA

8/9 - 72.8 lbs. 10/11- 88.8 lbs. 12/14- N/A (no team this age group)

CEDAR SPRINGS

8/9 - 73.7 lbs. 10/11- 87.3 lbs. 12/14- 108 lbs.

COMSTOCK PARK

8/9 - 65.1 lbs. 10/11- 89.5 lbs. 12/14- 108.4 lbs.

COOPERSVILLE

8/9 - 71.7 lbs. 10/11 - 88.4 lbs. 12/14- N/A (no team this age group)

EAST GRAND RAPIDS

8/9 - 68.5 lbs. 10/11- 85.7 lbs. 12/14- 108.4 lbs.

FOREST HILLS YOUTH FOOTBALL LEAGUE

8/9- N/A (no team) 10/11- (no team) 12/14- 113.0 lbs.

GRAND RAPIDS CHRISTIAN

8/9- 72.1 lbs. 10/11- 87.2 lbs. 12/14- 104.7 lbs.

GREAAT (KINGDOM SQUARE)

8/9 – 81.0 lbs 10/11 -105.2 lbs. 12/14- 124.2 lbs.

GREENVILLE

8/9 – 69.9 lbs. 10/11 – 92.3 lbs. 12/14 – 118.9 lbs.

KENOWA HILLS

8/9- 71.6 lbs. 10/11 - 86.2 lbs. 12/14 – 106.3 lbs.

KENT CITY

8/9 – 73.7 lbs. 10/11 – 90.0 lbs. 12/14 – 108.8 lbs.

KENTWOOD

8/9 – 76.4 lbs. 10/11 – 93.5 lbs. 12/14- N/A (no team this age group)

LOWELL

8/9 - 76.4 lbs. 10/11 – 98.9 lbs. 12/14 -118.8 lbs.

NORTH PARK

8/9- 80.0 lbs. 10/11- 91.9 lbs. 12/14- 141.5 lbs.

NORTH POINTE CHRISTIAN

8/9 -67.6 lbs. 10/11- 85.7 lbs. 12/14- 125.0 lbs.

NORTHVIEW

8/9 - 72.8 lbs. 10/11- 93.3 lbs. 12/14- 117.5 lbs.

ROCKFORD

8/9- 69.4 lbs. 10/11- 85.0 lbs. 12/14- 107.6 lbs.

SPARTA

8/9- 70.2 lbs. 10/11-92.6 lbs. 12/14- 110.2 lbs.

WM. ABNEY ACADEMY

8/9- 69.7 lbs. 10/11- 91.6 lbs. 12/14- 131.6 lbs.

YOUTH SPORTS ALLIANCE (YSA)

Garfield Park - 8/9- 81.6 lbs. 10/11- 89.0 lbs. 12/14- 129.7 lbs.

King Park- 8/9- 81.3 lbs. 10/11- 99.3 lbs. 12/14- N/A (no team)

Mulick Park - 8/9- 86.7 lbs. 10/11- 94.0 lbs. 12/14- N/A (no team)

Richmond Park - 8/9- 78.8 lbs. 10/11- 105.4 lbs. 12/14- N/A (no team)

Seidman Center- 8/9- 81.0 lbs. 10/11-94.6 lbs. 12/14- N/A (no team)

SOUTHERN DIVISION 2009

8/9 yr. old division wt. avg.- 74.4 lbs.

10/11 yr. old division wt. avg.- 91.8 lbs.

12/14 yr. old division wt. avg.- 116.6 lbs.

NORTHERN DIVISION

BIG RAPIDS

8/9- 69.5 lbs. 10/11- 92.7 lbs. 12/14 Silver- 118.1 lbs. 78'r- 130.8 lbs.

CHIPPEWA HILLS

8/9- 80.1 lbs. 10/11- 92.2 lbs. 12/14 Silver- 118.9 lbs. 78'r- 183.6 lbs.

HOWARD CITY/TRI-COUNTY

8/9- 71.2 lbs. 10/11- 97.6 lbs. 12/14 Silver- 114.5 lbs. 78'r- N/A (no team)

MT. PLEASANT

8/9- 74.6 lbs. 10/11- 98.9 lbs. 12/14 Silver- 120.5 lbs. 78'r- 137.1 lbs.

REED CITY

8/9 – 70.1 lbs. 10/11 -97.7 lbs. 12/14 Silver- N/A (no team) 78'r- N/A (no team)

NORTHERN DIVISION 2009 #

8/9 yr. old division wt. avg.- 73.1 lbs.

10/11 yr. old division wt. avg.- 95.8 lbs.

12/14 yr. old Silver division wt. avg.- 118.0 lbs.

12/14 yr. old 78'r division wt. avg.- 150.5 lbs.

Three member areas, Beal City, Morley-Stanwood and Montabella's player rosters are not included in the Northern Division weight averages.