

Bat Away Bullying

Print a very large picture of a cricket bat and a cricket ball. On the cricket ball ask the class to write all of the actions/words that represent how someone would feel when bullying is being 'thrown' at them. On the bat write word/actions that can help 'bat away' or prevent bullying. Stick these on the wall so students understand the type of behaviours that are and aren't accepted in class and how they can support each other.



Paper Scrunch

Each student to draw a very quick picture of themselves on a piece of paper. They swap their picture with another student then make them scrunch the picture up. Pretend that you have made a mistake and ask them to un-scrunch each piece of paper and get rid of the creases, they obviously won't be able to. You can then talk about how bullying can have the same affect on someone. It can't be undone, and saying sorry won't remove the impact of the bullying.

Quick Anti-bullying Activities

Compliment Envelope

Hand out a large envelope to each student (they may have decorated this at some point before). Split the class into two and ask them to write one or more compliments about every person in their half of the class. All the compliments are put into each student's envelope so they can look at them when their self-esteem is low.

