

A BACK2SCHOOL ANTI-BULLYING ACTIVITIES A

We all remember how nervous you can be about going back to school, especially starting at a new school or having a new form group. Why not do these quick and easy activities with your form/class group to help break the ice, help them get to know each other and help them understand what behaviour and language is expected of them.

COMPLIMENT FAN

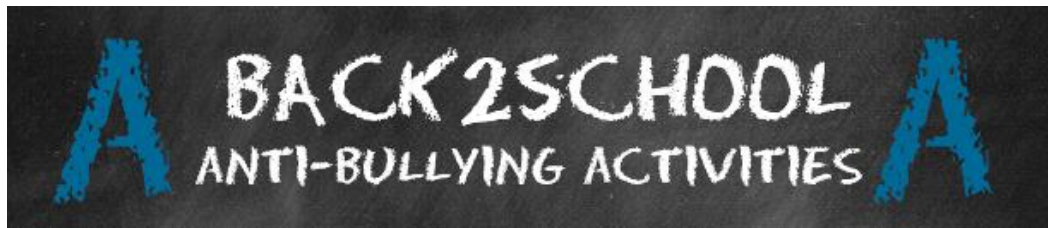
- ✓ A group of students
- ✓ A large sheet of A4 paper and a pen for each student
- ✓ 15 minutes

Give each student a sheet of paper. Ask them to put the paper landscape and make small folds back and forward in the paper to make a fan. Each student writes their name on the top of one of the folds. They then pass it around the room and write a compliment on each student's fan until everyone has written one compliment for each student.

PHOTO WEB

- ✓ Each student to have a small photo of themselves
- ✓ Each student to have an A5 piece of paper
- ✓ Pen for each student
- ✓ Glue
- ✓ A2 sheet of coloured paper
- ✓ 25 minutes

Ask students to bring in their favourite picture of themselves, or use the ones on the school system. Get each student to stick their picture on a separate piece of A5 paper. Ask them to fill the page with as many words as possible that make them unique whether it is something from their personality, something linked to appearance, etc. Then stick everyone's pieces of paper onto one large sheet of paper. Once done ask each student to draw a line to anyone else who has put down the same word as them (you can limit it to two lines to save time). Eventually the large sheet of paper should be filled with lines linking each student's pictures up. The idea is to show that although we have things in common with people (the lines that are matched up) there are also things that makes us different from other people and make us unique.



CLASS WORRY BOX

- ✔ Locked box

We all know how much some students worry about going back to school, whether it is appearance, having the latest shoes or worries about fitting in. As a form/class tutor it may be good for you to understand the students' worries. Why not have a locked box in your classroom and ask each of your form/class to write down and post anything they are feeling worried about.

CREAM EGG TOWER

- ✔ Lots of newspaper for each group
- ✔ Scissors for each group
- ✔ Crème egg (or equivalent) for each group
- ✔ 10 minutes

Split the class into groups of 4.

The winners of the game are the ones who build the tallest newspaper tower and successfully balance a crème egg on the top. Give them 4 minutes to do this, they are not allowed to use any other materials than newspaper or scissors. The winners each get a crème egg or equivalent.

CLASS ANTI-BULLYING PLEDGE

- ✔ Pen and flip chart paper
- ✔ 15 minutes

It is important to set ground rules with your new students about the type of behaviour you expect from them. Why not put together a form/class Anti-Bullying pledge with your students which covers how they will treat each other and the type of language they will use towards their peers. Ask each student to sign it.

For other quick and easy Anti-Bullying activities and top tips check out our website: www.antibullyingpro.com