



FROM THE DIANA AWARD

Writing your Anti-Bullying Policy



Thomas Walling Primary School's Anti Bullying Policy



Thomas Walling is a caring, friendly school. We do not agree with bullying and think that everyone has the right to feel happy and safe in school.
No one deserves to be bullied!

What is bullying?

Bullying is when someone is verbally or physically threatened or hurt by another child or group of children **over and over again**.

Bullying can be:



verbal



physical



cyber

What do the teachers and children do to stop bullying?

- We have an anti bullying week every year in school.
- We learn about what bullying is and what we should do if it happens to us.
 - We write class rules and agree to stick to them.
- We watch plays and take part in workshops teaching us about bullying.
- The teachers look out for bullying and listen to anyone who is being bullied.
 - We tell a teacher if we are being bullied.
 - We tell a teacher if we know someone else is being bullied.
 - We have playground Buddies and peer supporters who are friendly people to turn to.

The Diana Award recognises the benefit of empowering young people in taking ownership in being the instigators of positive social change.

These two example policies demonstrate how young people have taken the key elements of their schools respective Anti-Bullying Policies and re-designed them to be student friendly and accessible to more students.

Every school in England must have measures in place to prevent all forms of bullying and it is a requirement in England every school must have an Anti-Bullying Policy. Individual schools are allowed to choose the type of policy they use, but they must have a policy in place.

A CHARTER FOR ALL

Treat others as you wish to be treated: fairly, with dignity and without discrimination.

Report bullying, of yourself, or others, to someone you feel comfortable with.

Use social networks appropriately and to spread positive messages.

Use appropriate, language at all times and especially when referring to someone's race/gender/religion sexuality/belief/ability.

Channel your efforts into something worthwhile.



Sharnbrook Upper School Student Charter

For specific DfE guidance, go to:

www.gov.uk/government/uploads/system/uploads/attachment_data/file/444862/Preventing_and_tackling_bullying_advice.pdf

On the next page, you will find The Diana Award's tops tips for creating a successful student-friendly Anti-Bullying Policy.

The process

- 1. Review what you already have** As a staff team, review the content of your School's Anti-Bullying Policy. Pick out what you consider to be important elements that should be included.
- 2. Bring your students together** Arrange for the students to come together to look at the whole policy. Examine the language (does it make sense?), how it is laid out (is it clear in its format?), the length of the document (how many pages/words is it?) and do the students understand the purpose of it.
- 3. Map out a new approach** Looking at the examples provided in this resource and online from www.antibullyingpro.com, what do the students feel would be a good format for the student friendly policy?
- 4. Consider all options** Consider how many formats the Anti-Bullying Policy can come in. You could have a full written policy for the staff team, a Student Charter issued in homework diaries and on posters around the school or even a short film made by the students detailing the forms that bullying comes in and the process of where to go for help.
- 5. Let students lead the change** Delegate the development of the Anti-Bullying policy in all its forms to your students and provide support for any resources they may need.
- 6. Promote the policy** Once all versions are complete, make all students, staff, parents and governors aware of where to find each version. It is a good idea to also collect feedback from the whole school, just in case there are any further improvements that can be made.