

## **WEEK 1: HOW TO MANIFEST (FORMULA & MAGNETISM)**

M. Complete the following modules of How to Manifest : Basics, Clarity

T. Complete the following modules of How to Manifest : Micro, The List

W. Complete the following modules of How to Manifest : Expanders, Tests

T. Complete the following modules of How to Manifest : Pings, Reprogramming

F. Complete the following modules of How to Manifest : Magic Dark,  
Clearing Space and Closing

How to Manifest (Formula & Magnetism)

## **WEEK 2: UNBLOCKED SHADOW**

M. Complete the following modules of Unblocked Shadow : Shadow, Projections

T. Complete the following modules of Unblocked Shadow : Words, Unconceal and Integrating

W. Complete the following modules of Unblocked Shadow : Owning, Clearing

T. Complete the following modules of Unblocked Shadow : Shadow Love, Core Beliefs

F. Complete the following modules of Unblocked Shadow : Fantasy Projection, Integration

Unblocked Shadow

### **WEEK 3: UNBLOCKED INNER CHILD (REARENT)**

M. Complete the following modules of Unblocked Inner Child : History, Soul

T. Complete the following modules of Unblocked Inner Child : Trust, Autonomy

W. Complete the following modules of Unblocked Inner Child : Purpose

T. Complete the following modules of Unblocked Inner Child : Competence

F. Complete the following modules of Unblocked Inner Child : Conscious Identity

Unblocked Inner Child (Reparent)

## **WEEK 4: REFLECTION**

Reflect on what came up for you over the last 3 weeks. Review and repeat whatever modules resonated most or continue with work with a DRE.

Daily Reprogramming Exercises