



# Alice's Embrace



Alice's Embrace is devoted to providing hand-knit and hand-crocheted prayer shawls and lap blankets to those suffering from Alzheimer's disease. We seek volunteers to knit and crochet the patterns that we have created. Through the loving hands of many generous and talented people, this endeavor will help ease the anxiety that is often present in those suffering from the disease.

## Kindhearted (Crochet) Prayer Shawl



**Skill Level:** 

**Size:** Approximately 20" x 60"

**Materials:** 1600 yards worsted weight yarn

**Hook:** US G-6 (4mm)

**Notions:** Right side marker, tapestry needle

**Gauge:** 18 stitches and 11 rows = 4" in pattern stitch

### Abbreviations:

Ch = Chain

Dc = Double crochet

Sc = Single crochet

St = Stitch

**Note:**

It will feel awkward to insert the hook so far to the right. Be sure to pull up a long enough loop so that the fabric doesn't get tight or puckered. This last stitch will lay on top of the previous three in the "backslash" direction and look similar from both sides. You will hold the yarn single stranded while crocheting this prayer shawl.

**The Pattern:**

Ch 91

Set up row (WS): Sc in 2<sup>nd</sup> ch from hook, 1 sc in ea ch, turn.

Row 1: Ch3, \*skip next sc, 1 dc in ea of next 3 sc, 1 dc in last sc skipped, repeat from \*, 1 dc in ch, turn.

Row 2: Ch1, 1 sc in each dc, 1 sc in top of ch3, turn.

Repeat rows 1-2 until prayer shawl measures 60".

Cut yarn. Finish off.

**Finishing:**

Weave in ends.