



Alice's Embrace is devoted to providing hand-knit and hand-crocheted prayer shawls and lap blankets to those suffering from Alzheimer's disease. We seek volunteers to knit and crochet the patterns that we have created. Through the loving hands of many generous and talented people, this endeavor will help ease the anxiety that is often present in those suffering from the disease.

Simply Alice Lap Blanket



Skill Level: The skill level is indicated by five bird icons. The first icon is brown, and the other four are grey, suggesting a beginner to intermediate skill level.

Size: Approximately 30" x 40"

Materials: 1400 yards worsted weight yarn
or 700 yards chunky weight yarn

Needles: US #13-24" circular needle

Notions: Tapestry needle

Gauge: 12 stitches = 4" in garter stitch (knit every row)

Abbreviations:

k = knit

Note:

If you are using worsted weight yarn you will be double stranding the yarn throughout the pattern. If using chunky yarn you will be using it single stranded throughout the pattern.

The Pattern:

Cast on 90 stitches

Row 1: Knit

Repeat Row 1 until lap blanket measures 40 inches from the cast on edge

Finishing:

Bind off loosely.

Weave in all ends.