

Bagged Rice  
Juice (large cans)  
Flour/sugar (2 lb bags—can find at Shoppers Food Warehouse)  
Vegetable oil  
Pancake Syrup  
Powdered milk  
Bagged beans  
Tea/coffee  
Canned meat  
\*Jelly  
\*6 oz. Tomato Paste  
Laundry Detergent  
Razors  
\*Facial Tissue  
\*Shaving Cream  
\*Deodorant  
  
\*Most needed items