

Turning Adversity into Inspiration



"Having goals and something to train for keeps you going. It gives you a reason to wake up because sometimes it's tough." - Brett

From an early age, Brett Gravatt's dream was to play Div I College Soccer. His hard work paid off when he signed with Akron and then transferred to Penn State. His sophomore year he scored an incredible game winning goal that sent his team to the second round of the National Tournament.

It was the last goal he would ever score.

A couple weeks later he was in a snowboarding accident that left him paralyzed from the waist down. Brett went through months of extensive rehab to learn how to live in a wheelchair.

When he returned to Penn State he turned his focus toward achieving new goals. He started competing in wheelchair racing and has already had a lot of success. He is training to compete in marathons and the 2020 Paralympics in Tokyo.

"We all have our struggles. It's just you can physically see mine."

Through his perseverance and positive attitude, Brett has become a symbol of inspiration to everyone who hears his story. Brett is using the Believe in it® Attitude to keep himself inspired as he works hard to achieve his "it"!