

# TEAM BUILDING



**Working together for a common goal!**

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**Buckeye Leadership Workshop  
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*Presented by:* **Barry Jolliff**  
[bjolliff@sssnet.com](mailto:bjolliff@sssnet.com)  
[www.teamplayllc.com](http://www.teamplayllc.com)  
330-465-2297

**Brief outline of ... Activities we learned from the book: Teamwork & Teamplay**

**Handcuffs** - How to: Get away from your partner without untying the ropes, removing the ropes from your hands (or tearing the ropes.)

**Group Juggling** using Hose Balls\_- Building an efficient machine. Don't drop the ball!

**FUNderbirds** - Hitting the 'feathered toy' from person to person without dropping the FUNderbird. Several variations: count consecutive legal hits, group does shuttle step clockwise, spin after you hit the FUNderbird, Hit with only non-dominate hand, etc.

**Raccoon Circles** - Balance/trust, Race Car, Pass the Circle, Trade with your Partner, forced choices, Magic Carpet, etc.

**Bull Ring** - Everyone holds only the end of THEIR string during this activity: Put ring on floor over stake, lift ball from stake and then put it back on the stake, lift the ball/walk 360 degrees around stake/return ball to stake, etc.

**Ricochet Ball** - REDUCTION: Stand in a circle, one person tosses the ball gently about SIX feet into the air so that it lands in the center of the group. After it bounces once someone in the group must catch the ball before it bounces again. The group now has one point. Next the "catcher" tosses the ball to start again. The catcher is now "reduced" from the group. The group becomes one person smaller with each point. IF the ball is not caught on one bounce all team members return to the group and you start over with no points. You can get more points than the number of members when the last person catches the ball everyone returns to the group. Continue with current score.

**Marble Tubes** - Get the ingot from the starting line to the goal. If someone touches the ingot or it falls to the floor you have the opportunity to start again.

**PVC Challenge Kit** - Using every piece in the bag: A) build a "closed" object, B) build the tallest freestanding object, C) build a free standing bridge that your whole group can be under when it is finished, etc. (Instructions included in this handout.)

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Ideas of how to use the: **PVC Challenge Kit**

**27 pieces of PVC Pipe and 23 fittings in each kit**  
(5 T's, 11X 90 degrees, 2X45 degrees, 2X straight, 2 Cross, 1 end cap)

1. Use all the pieces to construct a CLOSED two dimensional maze. If a bug were inside it could not get out.
2. Same as #1 but THREE dimensional this time.
3. Build the tallest free-standing tower
4. Build a bridge large enough to allow your entire group to be under it at the same time when you are finished.
5. Build a free standing bridge between two tables. How wide of a span can you bridge? (It can be done on the floor.)
6. Build a cage for one of your team members.
7. Build the longest bridge with only 3 pieces touching the ground.
8. Build the smallest, totally closed system.
9. Build the tallest table that will support a TW & TP book on the top.
10. Build the tallest woman NBA basketball player.

*((If you create more ideas let me know!))*

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**For more information about Team Building Leadership seminars or purchasing Team Building kits, individual props or books contact:**

***Barry Jolliff***

**330-465-2297**

**[www.teamplayllc.com](http://www.teamplayllc.com)**

**[bjolliff@sssent.com](mailto:bjolliff@sssent.com)**

**Facebook: Barry Jolliff**