<table>
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<tr>
<th><strong>ALCOHOL &amp; DRUG ABUSE SERVICES</strong></th>
<th><strong>TOBACCO EDUCATION &amp; REFERRALS TO CESSION CLASSES</strong></th>
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<td><strong>ACTS</strong></td>
<td>Sutter Co. ........................................ 822-7215</td>
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<td>Alcohol Chemical Treatment Series</td>
<td>Yuba Co. ........................................... 749-6368</td>
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<td>Truth Tabernacle Church, Marysville</td>
<td>Rideout Health ................................ 741-3840</td>
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<td><strong>Addiction Treatment Services</strong></td>
<td><strong>ANIMALS</strong></td>
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<td>Narcotic treatment program ........</td>
<td>Animal Control Office ................................ 822-7375</td>
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<td>Licensing and control of animals.</td>
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<td></td>
<td>Sutter Co. ........................................ 822-7375</td>
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<td>Yuba Co. ........................................... 741-6478</td>
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<td><strong>Adult Children of Alcoholics</strong></td>
<td>Sutter Yuba S.P.C.A. ................................ 673-6390</td>
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<tr>
<td>Self-help for those with alcoholic families, Meeting time &amp; location ..........</td>
<td>Low cost spaying, neutering, and vaccinations.</td>
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<tr>
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<td>310-534-1815</td>
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<td><strong>Aegis Medical Systems</strong></td>
<td><strong>ANIMAL CONTROL OFFICE</strong></td>
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<td>Narcotic treatment program ........</td>
<td><strong>Sutter Co.</strong></td>
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<td><strong>Yuba Co.</strong></td>
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<td><strong>Yuba Yuba</strong></td>
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<td><strong>673-6390</strong></td>
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<td><strong>Alcoholics Anonymous</strong></td>
<td><strong>ANIMALS BITES</strong></td>
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<tr>
<td>A fellowship for those with alcohol problems ......................................</td>
<td>Sutter Co. ........................................ 822-7400</td>
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<td>Yuba Co. ........................................... 741-6478</td>
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<td><strong>County Substance Abuse Programs</strong></td>
<td><strong>CHILDREN’S ACTIVITIES</strong></td>
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<tr>
<td>Counseling, treatment, crisis intervention for Families with drug problems.</td>
<td>4H Club ............................................ 822-7515</td>
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<td>Sutter Co. ............................. 822-7200</td>
<td>Big Brothers ...................................... 822-7515</td>
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<tr>
<td>Yuba Co. ................................... 749-6798</td>
<td><strong>Big Sisters Program</strong> ........................ 1-916-646-3900 x112</td>
</tr>
<tr>
<td><strong>Fathers FIRST</strong></td>
<td><strong>CHILD CARE &amp; DEVELOPMENTAL SERVICES</strong></td>
</tr>
<tr>
<td>Open group for recovery and parenting for fathers. Truth Tabernacle Church, Marysville</td>
<td>Children’s Home Society ...................... 673-7503</td>
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<tr>
<td></td>
<td><strong>Sutter County Superintendent of School’s Infant Program</strong> Services to families in Sutter County with infants who have significant delays in their development. 822-2909</td>
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<td><strong>Yuba City Recreation Department</strong> ............ 822-4650</td>
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<td><strong>Rideout Hospice</strong> (See Medical — Hospice)</td>
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<td><strong>First Steps Prenatal Program</strong></td>
<td><strong>LIBRARY SERVICES</strong></td>
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<td>(See Women’s Services)</td>
<td>Sutter Co. ........................................ 822-7137</td>
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<td>Yuba Co. ........................................... 749-7380</td>
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<tr>
<td><strong>NAR-Anon Family Group</strong></td>
<td><strong>CHILD &amp; FAMILY COUNSELING</strong></td>
</tr>
<tr>
<td>A support group for family members of addicts .....................................</td>
<td>Beale Family Readiness Center  For active, retired, and reserve family members only. 634-2863</td>
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<td></td>
<td><strong>Casa de Esperanza</strong></td>
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<tr>
<td></td>
<td>Shelter for victims of domestic violence, rape and sexual assault counseling. General Information 674-5400</td>
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<td></td>
<td><strong>Compassionate Friends</strong></td>
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<td>Self-help support for parents who have experienced the death of a child. English 871-3500</td>
</tr>
<tr>
<td></td>
<td><strong>Family Soup</strong> (aka Parent Network)</td>
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<tr>
<td></td>
<td>For families of children with special needs. Provides referrals to services, a resource library, parent-to-parent support, parenting classes and support groups in Yuba, Sutter and Colusa counties. 751-1925</td>
</tr>
</tbody>
</table>

This information is also available at the Sutter County Human Services department website, [www.SutterCounty.org](http://www.SutterCounty.org).
Harmony Health Family Resource Center
Assists families with community referrals, in home case managing, counseling, anger management counseling, peer workshops/ support groups, women’s support group, and resource information file. 742-5049

Sutter North Hospice Children’s Bereavement Program
Offers services to children, teens and families. 749-3460

The Covenant House Nine Line
Phone-counseling and referral for teens. Call Toll-free, 24 hours 1-800-786-2929

Teen Line
A confidential telephone help line for teenage callers. Volunteers - trained teenagers who will talk to the caller about anything that concerns them. 1-800-852-8336

FAMILY RESOURCE CENTERS
Information and referral services. Parent education classes, life skills workshops, support groups. Linkages to health and social service programs. In-home visitation services for children and families.

Wheatland School District 633-4061
Camptonville 286-9355
Grace Source, Plumas Lake 741-1386
Harmony Health, Marysville 743-6888
Yuba Co. Office of Ed., Marysville 749-4049
Cedar Lane School 741-6112 x3661
Elia School 741-6124 x4426

CHILDREN MISSING
Missing Children Hotline 1-800-222-3463
California Youth Crisis Line 1-800-843-5200
National Center for Missing & Exploited Children Call Toll-free, 24 hours 1-800-843-5678
National Runaway Safeline 1-800-786-2929

COMMUNITY INFORMATION
Yuba Sutter Chamber of Commerce Community needs, events, business. 743-6501
Community Action Agency 674-2338
Salvation Army Help in locating missing persons 1-800-698-7728
United Way Community resources referral 743-1847

COUNSELING & MENTAL HEALTH
(Also See Medical/Support Groups)
A Woman’s Friend Pregnancy Resource Clinic (See Women’s Services)
Alta California Regional Center (See Disabled)
Beale AFB Mental Health Clinic Services for military personnel and their dependents 634-2941
Casa de Esperanza (See Child & Family Counseling)
Family Soup (aka Parent Network) (See Child & Family Counseling)

Harmony Health Family Resource Center 742-5049
Mental Health America Yuba Sutter (MHAYS) Support of the mentally ill. 822-7178
Planned Parenthood (See Women’s Services)
Salvation Army Open Door (Homeless Mentally Ill Program) Provides case management, support and guidance, telephone use. 216-4530 x 4541
Sutter-Yuba Mental Health Services (SYMHS) 24-hour Crisis Line 673-8255
Wellness & Recovery 822-7200
Inpatient 822-7200
Outpatient 822-7200

Victim Witness
Sutter Co. 822-7345
Yuba Co. 741-6275

Yuba-Sutter Veterans Service Center (See Veterans)

DISABLED
Alta California Regional Center Diagnosis, special services for those with retardation, CP, epilepsy, autism 674-3070
Boy Scouts Handicapped-Scouting Programs for both girls and boys 1-800-427-1417
Butchies’ Pool Swimming pool for the handicapped 671-4373
California Dept. of Rehabilitation Vocational training, counseling, training. 216-4530 x 4591
TDD only 822-4594

California Relay Service Relay Voice-to-TTY, Voice Carry Over, and Hearing Carry Over and voice-versa for the hearing impaired: Call 711 English 1-800-735-2929
Spanish 1-800-855-3000
Relay Speech to Speech for the speech impaired: English and Spanish 1-800-854-7784

Deaf and Disabled Telecommunications Program 1-800-806-1191

Department of Human Services for Disabled Adults Sutter Co. 822-7227
Yuba Co. 749-6471

Easter Seal Society Medical equipment for loan. Information and referral. Public education 673-4585

Family Soup (See Child & Family Counseling)

FREED Center for Independent Living Disability and Aging Resource Center Advocacy, personal assistant referral, homes, transition, peer support. Independent living skills. Assistive technology, fix-it program. Senior transportation vouchers for paratransit 742-4474

Rideout Home Health In-home nursing service 673-7100

Housing Authority (See Housing)

Nor-Cal Center on Deafness Voice Line 530-740-7803
TTY 740-7802

Parent Information Line (CA Dept of Ed) Special Education telephone line for parents of students with disabilities ages 0-22. 1-800-926-0648

Property Tax Assistance/Postponement (See Financial Assistance)

Special Education For all handicapped children. Yuba City Unified School District 822-7612
Sutter Co. Schools 822-2909
Sutter County One Stop 822-5120 & 822-5104
Yuba Co. Office of Ed 749-4900

Speech & Hearing Clinic CSUC Diagnostic and rehabilitative services for communicative disorders 898-5871

Yuba College Disabled Student Program Voice Line 741-6795
TTY 741-6582

Yuba-Sutter Respite (See Child & Family Counseling)

EMERGENCY SOCIAL SERVICES
Adult Protective Services Investigates referrals of elder and dependent adult abuse or neglect. Sutter Co. 822-7151
Yuba Co. 749-6471

Air Force Aid Society Emergency assistance for active duty, retired personnel and dependent military members 634-2863

American Red Cross Emergency assistance, financial aid for members of the Armed Forces and their families, AIDS education. 1-877-272-7337

Child Protective Service Protection for children subjected to abuse or neglect. Sutter Co. Call 24 hours 822-7227
Yuba Co. Call 24 hours 749-6289

Community Resource Project Home Energy Assistance Program (HEAP). Assistance with utility bill based on specific criteria. Weatherization for low income households, renters, or owners in Yuba and Sutter counties 671-7590

County Depts. of Human Services Food, clothing, shelter. Sutter Co. 1-877-652-0735
Yuba Co. 749-6511

Hands of Hope Resource center for homeless families. Partial rental deposits to qualified applicants 755-3491

Rural Development Low-interest loans for first time housing borrowers and loans for farmers USDA Yuba City Farm Service Agency 674-1461

Salvation Army Emergency food, utilities & shelter. 216-4530 x 4534

Social Security Administration Information about Medicare, retirement benefits, survivor benefits, benefits for the elderly, blind or disabled. 1-866-331-5449

Twin Cities Rescue Mission Gospel services, meals, showers, clothing to men, women and children. Overnight accommodations for single men. 743-8777

Victim-Witness Program Advocacy and financial assistance for victims of violent crime. Court assistance. Sutter Co. 822-7345
Yuba Co. 741-6275

Yuba-Sutter Gleaners Food Bank 673-3834

Yuba-Sutter Respite (See Child & Family Counseling)

EMPLOYMENT TRAINING
California Dept. of Rehabilitation Vocational counseling, training, job placement assistance. 1-800-4591
TDD only 822-4594

California Human Development Corp. Information about employment, training, education. 673-4120 or 741-2924

Career Training & Education Center Sutter Co. One Stop 822-5120
Yuba Co. One Stop 749-4850

CSUC Educational Opportunity Special admission program for low income students. 898-4028

Employment Development Department Workshops and other employment services. Yuba Co. One Stop 749-4850
Sutter Co. One Stop 822-5120
Colusa Co. One Stop 458-0326
Unemployment Insurance 1-800-300-5616

Farm Advisor UC Coop. Extension Information on gardening, landscape, money management and food production. 822-7515

Library Literacy Program Serves Yuba and Sutter Counties 822-7272

One-Stop Business Center Sutter Co. 822-5120
Yuba Co. 749-4850

Sutter County Employment Services Employment, educational training, work experience program for TANF recipients. Child care and transportation provided 822-7133

Tri-County ROP School-based vocational education for youth & adults 16 years & older. 822-2952

Yuba College CalWorks 634-7773

Yuba County Employment Human Services Employment, education training, work experience program 749-6311

ENVIRONMENT/RECYCLING
Air Pollution Control Regulation of open burning 634-7659

County Office of Environmental Health Accepts complaints concerning the environment and public areas. Sutter Co. 822-7450
Yuba Co. 749-5450

Office of Emergency Services Toxic waste removal. Sutter Co. 822-7370
Yuba Co. 749-7520

Recology Yuba-Sutter Solid waste removal and recycling. 743-6933
FINANCIAL ASSISTANCE
(Also See Emergency Social Services)
Beale AFB Family Support Center ........................................... 634-2863
Community Resource Project, Inc. ........................................... (See Utilities)
Consumer Counseling Services
Counseling for anyone with financial difficulties, provides money management guidelines .... 874-9729
County Depts. of Human Services
Medi-Cal, CalWorks, emergency loans, CalFresh, general relief, and CAFAP .................. 749-6311
Salvation Army
(See Emergency Social Services)
Social Security Administration
Information about retirement benefits, survivor benefits, Medicare, and benefits for the elderly, blind or disabled .................................................. 1-866-331-5449

GOVERNMENT
County Clerk
Filing for marriage, confidential marriage, passport, minor emancipation. Also performs marriages ........................................... 822-7134
Sutter Co. ........................................... 749-7851
Yuba Co. ........................................... 749-7851
Clerk of the Superior Court
Filing for any legal proceedings including divorce ........................................... 822-3309
Yuba Co. ........................................... 749-7600

District Attorney
Consumer protection, involuntary commitment, criminal prosecution ......................... 822-7330
Sutter Co. ........................................... 749-7770
Yuba Co. ........................................... 749-7770

Public Guardian
Trust of personal affairs when no relative is able to do so ........................................... 822-7250
Yuba Co. ........................................... 749-6000

Recorder
Vital statistics, military discharge, deeds and all official land transactions ................. 822-7134
Sutter Co. ........................................... 749-7850
Yuba Co. ........................................... 749-7850

Registrar of Voters
Voter registration, filing for county office elections ........................................... 822-7122
Sutter Co. ........................................... 749-7855
Yuba Co. ........................................... 749-7855

HOUSING
Casa de Esperanza
(See Child & Family Counseling)

Contractors Referral Board
To find licensed contractors in good standing with the State Licensing Board .......... 1-800-321-2752

Hands of Hope ........................................... 755-3491

Housing Authority
Housing for low-income, seniors, disabled, or agriculture workers ......................... 671-0220

Homeless Mental Health Program
Provides case management, support and guidance, telephone use, Salvation Army .... 216-4530

Pacific Gas & Electric Company
Weatherization and insulation ........................................................................ 800-743-5000

LEGAL/CONSUMER INFORMATION
California Rural Legal Assistance
Lawyer referral service, legal services, landlord/tenant rights ................... 822-7500
Yuba Co. ........................................... 749-5400

Consumer Affairs Office
1-866-275-2677

Department of Child Support Services
Free services provided for establishing, enforcing and collecting child support ........ 822-7500
Yuba Co. ........................................... 749-5400

Department of Weights & Measures
Correct weight on public scales ........................................................................ 822-7330
Sutter Co. ........................................... 749-7770
Yuba Co. ........................................... 749-7770

District Attorney
Consumer protection, involuntary commitment, criminal prosecution .................. 822-7330
Sutter Co. ........................................... 749-7770
Yuba Co. ........................................... 749-7770

Public Defender Service
Criminal defense service, adults and juveniles ........................................... 822-7235
Yuba Co. ........................................... 741-2331

CA Senior Legal Hotline
California residents who are 60 years or older are eligible to receive free legal advice, written information, referrals, and other brief services in all areas of civil law (including estate planning, consumer issues, elder abuse, etc.) .................. 1-800-222-1753

Yuba-Sutter Legal Center for Seniors
Services for person over age 60. Full legal representation. Brief advice. Small claims help matters. Unlawful detainers. Restraining orders ........................................... 822-7335
Yuba Co. ........................................... 749-5400

Family Court Services
Family law information, Self-Help Center and Family Law Facilitator .................. 822-3305
Yuba Co. ........................................... 749-7685

LEGAL - DENTAL/VISION CLINICS
A Woman's Friend
(See Women's Services)

Access for Infants & Mothers
(See Women's Services)

AIDS Testing and Counseling
Yuba County Health Department ........................................................................ 749-6366

Ampla Health (formerly Del Norte Clinics)
Grindley ........................................... 846-6231
Linda ........................................... 749-4511
Yuba City ........................................... 673-9420

Ampla Health Dental Services
Olivehurst ........................................... 743-4614

Regional Emergency Shelter Team ........................................... 755-3491
Salvation Army Depot Family Crisis Center
Transitional Housing for homeless families & single women ......................... 216-4530 x 4559

Twin Cities Rescue Mission
Residential services for single men. Homeless services for men and women ........ 743-8777

Yuba-Sutter Habitat for Humanity ........................................... 742-2727

LEGAL - FINANCIAL ASSISTANCE
Sutter County Health Division
Information & services regarding communicable disease & TB control and testing; immunizations; public health nursing, child lead poisoning prevention, tobacco education; chronic disease prevention; injury prevention; CA Children's Services Program; Public Health Laboratory services; Public Health Emergency Preparedness program services; Birth and Death Certificate information; Nutrition and Obesity Prevention Programs; Jail Medical services ........................................... 822-7215

Yuba City Veterans Outpatient Clinic
425 Plumas Street, Yuba City ........................................... 751-4500

Yuba County Health Division
Information & services regarding communicable disease & TB control and testing; immunizations; public health nursing, child lead poisoning prevention, tobacco education; CA Children's Services Program, maternal, child, adolescent health ........................................... 749-6366

Harmony Health Medical Clinic ........................................... 742-5849

Infectious Disease Information
Sexually Transmitted Diseases, TB and other communicable diseases ................. 822-7215
Yuba Co. ........................................... 749-6366

Insure Kids Now ........................................... 1-877-543-7669

Live Oak Clinic – Medical/Vision
Comprehensive medical and vision services for adults and children .................. 9980 Live Oak Blvd., Live Oak ........................................... 749-3242

Marysville Immediate Care Clinic
For urgent, non-life threatening, medical attention ........................................... 724 Fifth Street, Marysville ........................................... 749-3242

Peach Tree Clinic – Medical/Vision
Comprehensive medical and vision services for children and adults. 5730 Packard Ave., Ste 500, Marysville ........................................... 749-3242

Peach Tree Clinic – Medical Services
Comprehensive medical services for adults and children. 1445 Veterans Memorial Cir, Yuba City ........................................... 749-3242

Planned Parenthood
(See Women's Services)

Yuba-Sutter Regional Medical Center
Medical services for the terminally ill in Sutter and Yuba Counties. Support groups for the terminally ill & their families ........................................... 790-3006

Sutter North Hospital ........................................... 749-3460

Cancer Society, American Cancer Society
Transportation to medical care; loans, hospital equipment, volunteer visitors. Wigs Beyond Breast Cancer support group. Look Good, Feel Better Program ........................................................................ 741-1366

Cystic Fibrosis Foundation
Free information and referrals ........................................................................ 1-800-344-4823

Dental Society
Educational materials and referrals ........................................................................ 671-9312

Yuba Sutter Diabetes
Resources Center ........................................... 765-4171

Juvenile Diabetes Research Foundation
Health services information ........................................................................ 916-920-0790

Easter Seal Society
Medical equipment for loan. Information and referral ........................................... 673-4585

Epilepsy Foundation of America ........................................... 1-800-632-3532

March of Dimes Birth Defects Fund
Advocacy, medical and public health education, printed materials (also in Spanish) .... 1-916-922-1913

National Health Information Center
Clearing House ........................................................................ 1-240-453-8280

National Jewish Lung Line
Health info and doctor referral ........................................................................ 1-800-222-5864

Organ Donation
Information Line (UNOS) ........................................................................ 1-888-894-6361

Sexually-Transmitted Disease Helpline ........................................... 1-800-227-8922

MедICAL - Hospice

COVID-19 Pandemic

Rideout Hospice
Medical services for the terminally ill in Sutter and Yuba Counties. Support groups for the terminally ill & their families ........................................... 790-3006

Sutter North Hospital ........................................... 749-3460

MEDICAL - Support Groups

AIDS Support
Home Health Care Management. CHP Plus for HIV positive or AIDS. No cost to client, includes skilled nursing, social work, homemaker, financial assistance ........................................... 1-800-400-0727

Alzheimer's Aid Society of No. CA Information Group ........................................... 1-800-540-3340

American Lung Association - Better Breathers ........................................... 1-800-586-4872

American Cancer Society
Look Better Feel Better ........................................................................ 741-1366

2015 Yuba Sutter Counties
IF SERVICES HAVE BEEN OVERLOOKED OR IF THERE ARE ERRORS:
Contact Sutter Human Services at 822-7327. All information is subject to change. A listing in this document does not indicate a recommendation of the agency. Visit the Sutter County Human Services website: suttercounty.org

THE NETWORK OF CARE
The Network of Care web site is a valuable resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, related news, as well as a directory and other features. Visit the Network of Care local Web Sites at: www.sutternetworkofcare.org or www.yubaネットワークofcare.org

MENTAL HEALTH AMERICA YUBA SUTTER (MHAYS)
Formally known as National Alliance for the Mentally Ill, NAMI) has been active in Yuba – Sutter community since June of 1983. MHAYS is committed to assisting those with psychiatric disabilities and their families, by providing mutual support, education, advocacy and research. Visit the Mental Health America Yuba Sutter Web Site at: mhayubasutter.com

MENTAL HEALTH AMERICA

THE NETWORK OF CARE

OVERLOOKED OR IF SERVICES HAVE BEEN

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RECREATION

City Recreation Departments
Call Live Oak City Hall 695-2112
Call City of Yuba City Recreation 822-4650
County Libraries Book, and record loans
Sutter Co. Call 822-7137
Yuba Co. 749-7380
Friday Night Live/Club Live/Kid Live
(See Children’s Activities)
Ruff Hill Recreation Brownsville 675-0121
YMCA Youth sports, child care 933-9423

SENIOR CITIZENS
(Also See Disabled Services)
Adult Protective Services
(See Emergency/Social Services)
Area Agency on Aging
Homemaker aid, ombudsman, information,
referral for those 60 years or older 1-916-486-1876
Elder Services of Northern California
Ombudsman advocacy for Seniors,
Gatekeeper Community Services.
(Translation by appointment) 755-2018
Senior Legal Hotline
(See Legal Services)

SENIOR CITIZENS - EMPLOYMENT

Health Insurance Counseling
and Advocacy (HICAP)
Referrals to help seniors with Medicare billing &
insurance selection. Yuba City/Marysville 742-2334
Housing Authority
(See Housing)

SENIOR CITIZENS - NUTRITION

Social Security Administration 1-800-331-5449
Yuba City Senior Citizen Center
Classes, crafts, dances, trips, exercise, tax
assistance, blood pressure screening 822-4608
In-Home Supportive Services (HSSS)
Helps people remain safely in their own home.
Yuba Co. 749-6471
Sutter Co. 822-7227
Yuba Sutter Legal Center for Senior
(See Legal Services)

TRANSPORTATION

Yuba Sutter Transit
A variety of general public and senior/disabled
scheduled and specialized transportation services.
Commuter schedules to Sacramento. Route &
Schedule Call for information 742-2877
Dial-A-Ride Reservations 742-2877
TTY 634-6889

UTILITIES

Recology Yuba-Sutter
Solid waste removal and recycling 743-6933

GAS & ELECTRIC

Pacific Gas & Electric Company
Toll free 1-800-743-5000
PG&E “REACH” Assistance 1-800-953-9677
Community Resource Project
Home Energy Assistance Program (HEAP)
Assistance with utility bill based on specific criteria.
Weatherization for low income households, renters,
or owners in Yuba and Sutter counties 671-7590
California Lifeline (Telephone)
General Information 1-866-272-0351
TTY 1-800-953-9677

VETERANS & MILITARY

American Red Cross
Service to military families 673-1460
EDD Veterans Services Officer
Yuba Co. 1-Stop 749-4850
National Veterans’ Foundation 1-888-777-4443
Sutter County One Stop 822-5120
Yuba City Veterans Outpatient Clinic
425 Plumas Street, Yuba City 751-4500

Yuba College Veteran’s Affairs
Education benefits for veterans
and dependents 741-6822
Yuba Sutter Veteran Service Office 749-4967
Yuba Sutter Veterans Stand Down 749-1036

WOMEN’S SERVICES

A Woman’s Friend Pregnancy Resource Clinic
All services free of charge including: Pregnancy testing
and pregnancy verification, maternity and infant
clothing for loan; parenting classes, post-abortion
support groups for women & men.
24-hour Hotline 1-888-920-0285
Access for Infants & Mothers
Insurance for medical expenses
during pregnancy 1-800-824-0088
Casa de Esperanza
(See Child & Family Counseling)
Child Protective Services
(See Emergency/Social Services)
County Health Services
(See Medical Clinics)
Feminist Women’s Health Center
Abortion, birth control, UD and pregnancy
testing, referrals, fertility services 1-800-714-8151
First Steps Perinatal Program
Drug abuse counseling/treatment for
pregnant and parenting women 822-7263
Fremont Medical Center Prenatal Classes
Childbirth preparation, maternity tours,
breastfeeding, Lifesaver Baby 751-4165
Harmony Health Family Resource Cntr 743-6888
La Leche League
Information, education and support for
expectant and breast-feeding mothers 822-7224
Planned Parenthood
Birth Control, pregnancy testing, STD screening
and treatment, first trimester abortion,
PAP tests, AIDS testing, tubal ligation
and vasectomy counseling 674-2603
Sutter County Smiles Mobile Dental Clinic
Dental services including exam, cleaning, fluoride,
oral hygiene and nutrition education for children and
pregnant women with Medi-Cal coverage who reside in Sutter County 682-8428
WIC (Women, Infants, & Children)
Nutrition education, supplemental
food vouchers, breastfeeding education.
Sutter Co. 822-7224
Yuba Co. 749-4830

WOMEN’S SERVICES - RAPE CRISIS INTERVENTION

Casa de Esperanza 674-2040
Planned Parenthood 674-2603