Introduction

*This Senior Community Resource Guide is a service directory to assist older adults in locating services, agencies and programs. Every effort has been taken to verify the accuracy of the information included within these pages. Should you become aware of a discrepancy, please let us know by calling 530-621-6369. Further information may be found on a specific agency or program website. You may contact El Dorado County Information and Assistance if you need further assistance.

El Dorado County Information and Assistance..................................................530-621-6369

Eldercare Locator .................................................................................................800-677-1116
This service provides local information, referral resources and contact information for state and local agencies.

Information & Assistance
Bringing People & Services Together

HELPLINE
An Area Agency on Aging Serving El Dorado County

800.510.2020
530.621.6369

For information and assistance in El Dorado County 800-510-2020
El Dorado County
Health and Human Services Agency

Area Agency on Aging
Area Agency on Aging (AAA) is a public non-profit agency designated to address the needs and concerns of all older adults in our community. AAA’s were established under the Older American’s Act (OAA) in 1973 to respond to the needs of Americans aged 60 and older.

Area Agency on Aging PSA 29 .................... 530-621-6369 or 800-510-2020
937 Spring St., Placerville www.edcgov.us/humanservices
AAA Director Michelle Hunter .......................................................... 530-621-6161

Board of Supervisors ........................................................................ 530-621-5390
3300 Fair Ln., Placerville www.edcgov.us/bos
District 1 Supervisor – Ron Mikulaco
District 2 Supervisor – Shiva Frentzen
District 3 Supervisor – Brian Veerkamp
District 4 Supervisor – Michael Renalli
District 5 Supervisor – Sue Novasel

Health and Human Services Agency Main Line ................................530-642-7300

Community Services Division .............................................................. 530-621-6150

Information and Assistance ............................................................... 530-621-6369

Senior Times Newsletter ................................................................. 530-621-6255
This is a monthly newsletter that addresses senior related topics, calendar of activities and upcoming events. Yearly subscription is $5.00.

Mental Health Division ................................................................. 530-621-6290 or Crisis Line 530-622-3345

Public Health Division ...................................................................... 530-621-6100

Social Services Division ..................................................................... 530-642-7300
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Adult Day Care and Caregiver Programs and Resources

Adult Day Care Programs
Provides a secure environment and therapeutic activities aimed at helping participants to achieve optimal physical, mental and cognitive functioning. Adult Day Care improves the quality of life for older adults by reducing social isolation and increasing social and community engagement. Adult Day Care provides assistance to families and caregivers that care for an adult that may not be able to be left unattended or for supervised socialization. This service may also provide respite (an opportunity for a caregiver to take a break from their caregiving duties).

El Dorado County Senior Day Care .............................................................. 530-621-6180
935 A Spring St., Placerville
990 Lassen Ln., El Dorado Hills, CA www.edcgov.us/humanservices
Weekday program designed for cognitive and physical stimulation. Fee for services.

Caregiver Support Programs
Helps caregivers to better manage their caregiving responsibilities while ensuring their loved ones remain in the community for as long as possible.

Caregiver Action Network (CAN)................................................................. 301-942-6430
10400 Connecticut Ave., Ste. 500, Kensington, MD www.caregiveraction.org
Provides education, peer support and resources to family caregivers across the nation (formerly the National Family Caregivers Association).

Del Oro Caregiver Resource Center ......................... 916-728-9333 or 800-635-0220
8421 Auburn Blvd., Citrus Heights www.deloro.org
Provides support to caregivers of brain impaired adults through education, respite, counseling and family consultations.

El Dorado County Family Caregiver Support Program (FCSP) ................530-621-6151
937 Spring St., Placerville www.edcgov.us/humanservices
Promotes family caregivers through support and care. Caregiver services include extensive information, referral, assistance, education, support, training, care coordination, respite care, support groups and supplemental services.
Education and Leisure

AARP Driver Safety Program .................................................................800-350-7025
937 Spring St., Placerville www.aarpdriverssafety.org
For information and to make a reservation in El Dorado County .............530-621-6150
*This program is a refresher course for drivers age 50 and older.*

Folsom Lake College - El Dorado Center ...........................................530-642-5644
6699 Campus Dr., Placerville www.flc.losrios.edu
*A branch of Folsom Lake College that provides continued education on various topics.*

Folsom Lake College - Folsom Main Campus .....................................916-608-6500
10 College Parkway, Folsom www.flc.losrios.edu
*A branch of Folsom Lake College that provides continued education on various topics.*

Marshall Community Health Library ....................................................530-626-2778
3581 Palmer Dr., Ste. 101, Cameron Park www.marshallmedical.org/healthlibrary
*Public library serving community members and healthcare providers, free of charge. Topics include nutrition, mental health, fitness, dementia, pregnancy, caregiving, aging, children’s health and complementary therapies.*

Senior Activities .....................................................................................530-621-6255
937 Spring St., Placerville www.edcgov.us/humanservices
*Recreational activities designed for seniors such as travel, trips, hiking, painting, bingo, bridge, crafts, yoga, line dancing and more.*

Senior Health Education Program (SHEP) ..........................................530-621-6151
937 Spring St., Placerville www.edcgov.us/humanservices
*Exercise programs for seniors, community events and educational trainings.*

Society for Accessible Travel & Hospitality (SATH) .........................212-447-7284
347 Fifth Ave., Ste. 605, New York, NY www.sath.org
*Educational organization whose mission is to raise awareness of the needs of all travelers with disabilities, remove physical and attitudinal barriers to free access and expand travel opportunities.*
Education and Leisure Continued

Computer Labs

Connections One Stop Job Resource Center ........................................530-642-4850
3047 Briw Rd., Placerville  www.edcgov.us/humanservices

El Dorado Hills Senior Center ..................................................................916-358-3575
990 Lassen Ln., El Dorado Hills  www.edhcsd.org/senior_center.html

Placerville Senior Resource Room ................................................................530-621-6150
937 Spring St., Placerville  www.placervilleseniors.webs.com

Discount Programs

Don’t forget to ask for senior discounts! Restaurants, supermarkets, department stores, travel deals and other types of offers may provide various discounts with different age requirements. Some may start as young as 50!

AARP Membership ..........................................................888-687-2277
200 South Robles Ave., Ste. 400, Sacramento  www.aarp.org/card
Membership provides valuable discounts on retail products, dining, entertainment, travel and more. Health related discount such as vision, hearing, prescription and fitness are also available.

California Department of Fish and Wildlife ..................................916-928-5805
1740 North Market Blvd., Sacramento  www.dfg.ca.gov/licensing
Free or reduced-fee sport fishing license available for qualified disabled persons, disabled veterans or low-income individuals age 65 or older.
California State Parks and Recreation Department.............................................800-777-0369
1416 9th St., Ste. 144, Sacramento  www.parks.ca.gov

Golden Bear Pass- low-income individuals age 62 or older or any qualifying person receiving Aid to the Aged, Blind or Disabled under SSI provisions. This is a $5 year-round pass for vehicle day use in most California State Parks.

Limited Use Golden Bear Pass- individuals age 62 or older. This is a $20 year-round pass for vehicle day use in most California State Parks.

Senior Citizen Discount- individuals age 62 or older. This discount provides year-round $1 discount for vehicle day use and a $2 discount for family camping in most California State Parks.

Libraries
Cameron Park Branch ..............................................................................................530-621-5500
2502 Country Club Dr., Cameron Park  www.eldoradolibrary.org/cameron.htm

El Dorado County Law Library ..............................................................................530-621-6423
550 Main St., Ste. A, Placerville  www.eldoradocountylawlibrary.org

El Dorado County Main Library .............................................................................530-621-5540
345 Fair Ln., Placerville  www.eldoradolibrary.org

El Dorado Hills Branch .........................................................................................916-358-3500
7455 Silva Valley Parkway, El Dorado Hills  www.eldoradolibrary.org/edh.htm

Georgetown Branch ...............................................................................................530-333-4724
6680 New Orleans St., Georgetown  www.eldoradolibrary.org/george.htm

Pollock Pines Branch .............................................................................................530-644-2498
6210 Pony Express Trail, Pollock Pines  www.eldoradolibrary.org/pollock.htm

South Lake Tahoe Branch .......................................................................................530-573-3185
1000 Rufus Allen Blvd., South Lake Tahoe  www.eldoradolibrary.org/tahoe.htm
Education and Leisure Continued

**Parks and Recreation**

**Cameron Park Community Service District** ....................................................... 530-677-2231
2502 Country Club Dr., Cameron Park  [www.cameronpark.org](http://www.cameronpark.org)

**El Dorado County Parks Department** ................................................................. 530-621-5300
2850 Fair Lane, Bldg. C, Placerville  [www.edcgov.us/parks](http://www.edcgov.us/parks)

**El Dorado County Visitors Authority** ................................................................. 530-621-5885 or 800-457-6279
542 Main St., Placerville  [www.visit-eldorado.com/council.php](http://www.visit-eldorado.com/council.php)
*Resource for shopping, restaurants, lodging, local farm trails, outdoor recreation, parks, wineries, breweries, arts, entertainment, film commission and more.*

**El Dorado Hills Community Service District** .................................................. 916-933-6624
1021 Harvard Way, El Dorado Hills  [www.edhcsd.org](http://www.edhcsd.org)
*Maintains many beautiful parks, trails, ball fields, tennis courts and facilities.*

**Placerville Recreation and Parks** ................................................................. 530-642-5232
549 Main St., Placerville  [www.cityofplacerville.org/depts/parks/default.asp](http://www.cityofplacerville.org/depts/parks/default.asp)
Emergency Assistance and Services

IN AN EMERGENCY CALL 911

Emergency Contacts and Information
El Dorado County Adult Protective Services ................................................................. 530-642-4800
El Dorado County Child Protective Services ................................................................. 530-642-7100
El Dorado County Fire Department .................................................................................. 530-644-9630
El Dorado County Long-Term Care Ombudsman ......................................................... 530-621-6271
Or Statewide Ombudsman 24-hour CRISIS Line ......................................................... 800-231-4024
El Dorado County Mental Health CRISIS Line ................................................................. 530-622-3345
El Dorado County Sheriff’s Department .......................................................................... 530-621-5655
Marshall Medical Center ................................................................................................. 530-622-1441
Placerville City Police Department ................................................................................. 530-642-5210
Poison Control Center .................................................................................................. 800-876-4766
Road Conditions ............................................................................................................. 800-427-7623
Suicide Crisis Line ......................................................................................................... 800-273-8255

Preparedness Tip:
Register your Cell Phone for the Reverse 9-1-1 Notification System

For information and assistance in El Dorado County 800-510-2020
Emergency Assistance and Services
Continued

Animal Control Services

Animal Control Services ................................................................. 530-621-5795
415 Placerville Dr., Ste. N, Placerville  www.edcgov.us/AnimalServices

California Poison Control System

California Poison Control System .............................................. 800-222-1222
2315 Stockton Blvd., Sacramento  www.calpoison.org
Provides immediate, free and expert treatment advice and referral over the telephone in case of exposure to poisonous or toxic substances.

El Dorado County Emergency Medical Services

El Dorado County Emergency Medical Services ............................... 530-621-6500
415 Placerville Dr., Ste. J, Placerville  www.edcgov.us/EMS
Ensures that the EMS system delivers the highest possible quality of prehospital emergency medical care to victims of illness and injury.

Office of Emergency Services (OES)

Office of Emergency Services (OES) ................................................. ready.edso.org/
The El Dorado County Sheriff's Office - OES Alert Notification System provides a number of ways in which the county may contact the community in the event of an emergency such as: evacuations due to wildfires or hazardous material spills, or urgent law enforcement operations. The EDSO-OES Alert Notification System may be used to deliver alerts when there is a threat to the health or safety of residents.
Employment and Vocational Training

AARP Senior Community Service Employment Program ......................... 866-448-3614
1415 L St., Sacramento http://www.aarpworksearch.org
Provides opportunities for eligible people age 55 or older to obtain new job knowledge to
enhance their skills and feel confident in their new found abilities. The goal of the program is for
participants to gain skills they need to find and sustain employment in the workforce. Eligible
participants are at or below the federally recognized poverty line and are interested in bettering
their current employment situation.

Central Sierra Regional Occupational Program (ROP) ......................... 530-621-0123
4675 Missouri Flat Rd., Placerville www.eduhsd.k12.ca.us/CTE/CTE%20Home.htm
ROP is a part of the California public school system and provides course concentrations and
advanced training.

Charter Adult Education ........................................................................ 530-295-2434
6767 Green Valley Rd., Placerville http://aded.edcoe.org/
Offers courses for adults to meet their various educational needs.

Connections-One Stop Career Center .................................................. 530-642-4850
3047 Briw Rd., Placerville www.edcgov.us/humanservices
Connects employment and training services to businesses, employers and job seekers in El
Dorado County. Services are available to the public at no cost. The goal of Connections-One Stop
is to enhance employer business productivity, facilitate matching employers with job seekers
and provide information and referrals relating to workforce issues.

Department of Rehabilitation, State of California .............................. 530-626-0900
1166 Broadway, Ste. S, Placerville www.rehab.ca.gov
Provides advocacy resulting in employment, independent living and equality for individuals with
disabilities.

Employment Development Department, State of California ............. 800-300-5616
4535 Missouri Flat Rd., Ste. 1A, Placerville www.edd.ca.gov
Connects job seekers and employers in an effort to build the economy.
Equal Employment Opportunity Commission ............................................ 800-669-4000
350 The Embarcadero, Ste. 500, San Francisco  www.eeoc.gov
Enforces federal laws that make it illegal to discriminate against a job applicant or an employee because of the person’s race, color, religion, sex, pregnancy, national origin, age (40 or older), disability or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a charge of discrimination or participated in an employment discrimination investigation or lawsuit.

Workforce Investment Act ........................................................................ 530-642-4850
3047 Briw Rd., Placerville  www.edcgov.us/humanservices
Offers a range of workforce development activities to eligible adults, dislocated workers and youth to promote an increase in the employment, job retention, earnings and occupational skills of the participants.

Energy and Utility Assistance

Other financial assistance programs may be available. Call your utility provider for programs, qualifications and eligibility.

California Lifeline Program ..................................................................... 866-272-0349
Website  www.californialifeline.com/en
Provides basic home phone service at a discount to eligible households.

Federal Lifeline Program ........................................................................ 888-CALL-FCC
Website  www.lifelinesupport.org
Provides discounts on monthly telephone service for a wireless telephone to eligible households. Also offers a discount on the initial installation or activation fees for telephone service if your household qualifies.

California Telephone Access Program (CTAP) .................................. 800-806-1191
P.O. Box 30310, Stockton  www.californiaphones.org
Offers a range of free, specialized phones that make it easier to hear, dial and call. Also has phones that are designed for individuals who have restricted mobility, speech impairments or who are blind or deaf.

Deaf and Disabled Telecommunication Program ............................... www.ddtp.org
Energy and Utility Assistance Continued

Home Energy Assistance Program (HEAP) ........................................... 530-621-6150
937 Spring St., Placerville www.edcgov.us/humanservices
Federally funded direct payment program to assist income eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited please call for program status.

PG&E California Alternative Rates for Energy (CARE) .......................... 800-743-5000
4636 Missouri Flat Rd., Placerville www.pge.com/care
Provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based on the number of persons living in your home and your total annual household income.

Relief for Energy Assistance through Community Help (REACH) .......... 530-621-6150
937 Spring St., Placerville www.pge.com/reach
Provides emergency energy assistance to low-income families within the PG&E service area who are in jeopardy of losing their electricity services. REACH is a one-time energy-assistance program sponsored by PG&E and administered through the Salvation Army. Those who have experienced an uncontrollable or unforeseen hardship may receive an energy credit up to $200, credit amount based on the past due amount of the bill. REACH assistance may be available once within an 18 month period, but exceptions can be made for seniors, the physically challenged and the terminally ill.

Salvation Army Service Extension ..................................................... 530-672-3147
286 Sutter St., Auburn www.salvationarmyusa.org
Temporary emergency needs assistance that is not met by other agencies or organizations.
Financial and Legal Services

Legal Records
El Dorado County Recorder – Clerk Office .................................................. 530-621-7480
2850 Fairlane Ct., Placerville  ........................................................................... www.edcgov.us/countyclerk

County Clerk issues and registers marriage licenses, accepts and indexes fictitious business name statements, files notary bond certificates, powers of attorney, surety bonds, inventory statements, certain environmental documents and maintains a list of public rosters.

County Recorder accepts records and preserves for permanent record, certain legal documents affecting land title and vital statistics. The County Recorder also creates and maintains a daily index of these documents for reference, research and issuance of certified copies.

County Registrar of Voters is the department head for the Elections Department. This department provides elections services to all county residents for federal, state, county, city and special district elections.

Veteran Affairs Office provides the guidance and advice to help veterans become aware and claim the many benefits they earned and are entitled to while in military service to our country. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, military funeral service and burial benefits.

Legal Resources
California Fair Employment and Housing Department .............................. 916-478-7251
2218 Kausen Dr., Elk Grove ............................................................................. www.dfeh.ca.gov
This state agency investigates, conciliates and litigates complaints and enforces laws regarding discrimination in employment, housing, public accommodations and hate violence.

El Dorado County Probation Department .................................................... 530-621-5625
3974 Durock Rd., Ste. 205, Shingle Springs .............................................. www.edcgov.us/probation
Promotes the health and safety of the County of El Dorado by conducting investigations for the Court, enforcing Court Orders, ensuring victim’s rights, engaging in prevention partnerships and facilitating the resocialization of offenders while maintaining integrity and professionalism.
Financial and Legal Services Continued

El Dorado County Senior Legal Services ................................................................. 530-621-6154
937 Spring St., Placerville  www.edcgov.us/humanservices
Senior Legal Services is intended to help if you are age 60 or older, reside in El Dorado County and are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, wills & trusts, power of attorney, abuse and exploitation. Attorneys meet with seniors by appointment only.

Health Insurance Counseling and Advocacy Program (HICAP) .................. 530-621-6150
937 Spring St., Placerville  www.edcgov.us/humanservices
Provides assistance with Medicare questions, help with health insurance and long term care insurance.

Legal Services of Northern California ................................................................. 916-551-2150
190 Reamer St., Auburn  www.lsnc.net
Provides legal representation to low-income individuals.

Public Guardian ..................................................................................................... 530-642-4800
929 Spring St., Placerville  www.edcgov.us/humanservices
Provides services that are defined and directed by the Probate Division of the Superior Court, contingent upon the appointment of the Public Guardian as conservator for an individual by the Superior Court.

Voluntary Legal Services Program ................................................................. 916-551-2102
517 12th St., Sacramento  www.vlsp.org
Volunteer-based, pro bono, legal aid program that provides free assistance with civil legal matters to low-income clients living in the Sacramento region.
Financial and Legal Services Continued

**Tax Preparation Assistance**

AARP Tax-Aide Program .......................................................... 530-621-6150
937 Spring St., Placerville  www.aarp.org/money/taxaide
*Provides seasonal volunteer assistance with tax returns.*

Franchise Tax Board ............................................................... 800-852-5711
3321 Power Inn Rd., Ste. 250, Sacramento  www.ftb.ca.gov
*Volunteer Income Tax Assistance or Tax Counseling for the Elderly programs provides volunteers to assist people age 60 or older, disabled or low-income with simple stated tax returns. Language assistance is available.*

Internal Revenue Service Tax Help Line .................................. 800-829-1040
*Ask questions to help you prepare your tax return, or ask about a notice you have received.*

**Funeral Preplanning and Death Related Services**

El Dorado County Recorder-Clerk Office .................................. 530-621-5490
360 Fairlane Ct., Placerville  www.edcgov.us/countyclerk
*For birth and death certificates.*

Online Funeral Information, Planning and Guide ........... www.funeralhomesguide.com

Organ and Body Donations

Body Donation – U.C. Davis Health System .......................... 916-734-9560
4800 Broadway, Ste. 100, Sacramento  www.ucdmc.ucdavis.edu/bodydonation
*Donors assist the medical school with the appropriate quality and quantity of anatomical materials necessary for the medical school curriculum. The mission of the Body Donation Program includes gratitude to the donors and their families, respect for all cultures and beliefs and the program’s duty to serve public education within our community.*
Funeral Preplanning and Death Related Services Continued

California Department of Motor Vehicles (DMV) ........................................... 800-777-0133
2919 Cold Springs Rd., Placerville
Provides organ donor cards.

California Transplant Donor Network ....................................................... 510-444-8500
1000 Broadway, Ste. 600, Oakland
Coordinates organ and tissue recovery and distribution and educates health care professionals and the public about the importance of organ and tissue donation and the success of transplantation.

Survivor and Burial Benefits
Department of Veteran Affairs ......................................................... 916-503-8359 or 800-827-1000
1227 O St., Ste. 105, Sacramento
Counselors are available to answer questions regarding burial, death pension, dependency indemnity compensation and direct deposit.

Social Security Administration ................................................................. 530-626-8421
3916 Missouri Flat Rd., Ste. A, Placerville
Report a death, file for survivor benefits or file for burial benefits.

General Assistance and Services

California Retired Teachers Association (CalRTA) .................................... 916-923-2200
800 Howe Ave., Ste. 370, Sacramento
Fights to protect the benefits of California’s retired educators at both the state and national levels.

Call 2-1-1 Sacramento .......................................................... 211
909 12th St., Sacramento
Free, 24 hour information for people looking for community services and resources, such as shelter, food, counseling, employment assistance and more.

For information and assistance in El Dorado County 800-510-2020
El Dorado County Information and Assistance......................530-621-6369 or 800-510-2020
937 Spring St., Placerville  www.edcgov.us/humanservices
One-stop resource to provide seniors with information and referral assistance so that they can make informed choices, continue to live safely and independently, and improve their overall wellbeing.

El Dorado County Public Health Preparedness ..........................530-621-7580
415 Placerville Dr., Ste. 5, Placerville  www.edcgov.us/PublicHealthPreparedness
Prepare El Dorado County to effectively respond to public health threats by focusing on public health emergency planning, disease surveillance, detection and control, health risk communication, and public and health provider education and training services.

El Dorado County Public Housing Authority ............................530-621-6300
2900 Fairlane Ct., Placerville  www.edcgov.us/humanservices
Operates under federal guidelines from the U.S. Department of Housing and Urban Development to provide rental subsidy assistance program more commonly known as Section 8.

Friendship Line, Institute on Aging...........................................800-971-0016
Online  www.ioaging.org
Confidential telephone discussions for people age 60 or older, their caregivers and/or younger disabled adults who may be lonely, isolated, grieving, depressed, anxious and/or thinking about death or suicide.

Parents, Families and Friends of Lesbians and Gays (PFLAG).............530-621-6700
P.O. Box 504, El Dorado  www.pflagplacerville.org
Educates the community by speaking with community groups, distributing literature on GLBT issues and staffing PFLAG information booths at local health fairs.

Senior Peer Counseling..........................................................530-621-6304
937 Spring St., Placerville  www.edcgov.us/humanservices
Confidential supportive counseling for people age 55 or older who may be lonely, isolated, grieving, often tired, sad and blue and/or stressed about issues of growing older to increase independence, personal growth and enjoyment of life.
General Assistance and Services Continued

United Way California Capital Region .......................................................... 916-368-3000
10389 Old Placerville Rd., Sacramento www.unitedway.org
Improves lives by mobilizing the caring power of communities around the world to advance the common good.

Clothes and Furniture
Green Valley Community Church .............................................................. 530-622-3231
3500 Missouri Flat Rd., Placerville www.gvcconline.com

Partners in Care .................................................................................. 530-626-8125
2883 Cold Springs Rd., Placerville www.partnersincareplacerville.org

Seventh Day Adventist Church .............................................................. 530-622-2448
6831 Mother Lode Dr., Placerville www.placervillesda.org

Snowline Hospice Thrift Store .............................................................. 530-676-8708
455 Placerville Dr., Placerville www.snowlinehospice.org

St. Patrick’s Aid Ministry ........................................................................ 530-626-8086
3109 Sacramento St., Placerville www.stpatpv.org

Food, Clothing and Shelter
Brown Bag Program ........................................................................ 530-621-9950
6230 Enterprise Dr., Diamond Springs www.foodbankedc.org
Distributes both surplus and donated foods on a monthly basis to people age 60 or older who are living on low incomes.

Calvary Chapel ................................................................................ 530-626-8484
6575 Commercial Way, Diamond Springs www.calvaryplacerville.com
Food closet is open on the 2nd and 4th Wednesdays of each month from 10:00 a.m. to 12:00 p.m.

Center for Violence Free Relationships ........ 530-626-1450 or Crisis Line 530-626-1131
344 Placerville Dr., Ste. 11, Placerville www.thecenternow.org
Provides assistance to victims of domestic and/or sexual assaults and their families with shelter, counseling, legal services and children services. Men’s groups are available.

For information and assistance in El Dorado County 800-510-2020
General Assistance and Services Continued

Community Resource Center ................................................................. 530-344-1864
1864 Broadway, Placerville  www.edc-crc.vpweb.com
Provides information and referrals to El Dorado County’s at-risk and homeless families.

Emergency Food Closets
For contact information regarding an Emergency Food Closet in your area, please call the Food Bank at one of the listed numbers.

- Placerville ................................................................. 530-621-9950
- El Dorado Hills ............................................................... 916-939-6774
- South Lake Tahoe ........................................................... 530-541-9950

First Baptist Church Pollock Pines ..................................................... 530-644-7730
6361 Pony Express Trail, Pollock Pines  www.pollockchurch.com
A hot meal is provided on Fridays from 5:30 p.m. to 6:30 p.m.

Green Valley Community Church ..................................................... 530-622-3231
3500 Missouri Flat Rd., Placerville  www.gvcconline.net
Food closet is open Saturdays at 10:00 a.m.

Community Development Block Grant Program ................................ 530-642-4863
Assists households with loans to rehabilitate their homes from blight, provide loans to first-time homebuyers, build community facilities to bring services closer to the community in which families live and provide grants to improve infrastructure to a housing development.

Housing Emergency Lodging Program (HELP) .................................... 530-306-2352
P.O. Box 912, Placerville  www.stpatpv.org/serve/help.htm
Assists local homeless individuals and their families to secure temporary emergency shelter.

Senior Nutrition Program Congregate Dining Centers ....................... 530-621-6160
937 Spring St., Placerville  www.edcgov.us/humanservices
Enables older adults to obtain a nutritious meal at an affordable price. A hot nutritious lunch is served Monday – Friday to individuals age 60 or older, with a suggested donation of $3 per meal.
General Assistance and Services Continued

Seventh Day Adventist Church ................................................................. 530-622-2446
6831 Motherlode Dr., Placerville .......................................................... www.placervillesda.org
Food Closet is open Wednesdays from 9:00 a.m. to 12:00 p.m.

S.H.A.R.E. Food Closet ........................................................................... 530-626-8299
1031 Thompson Way, Placerville .......................................................... www.foodbankedc.org
Recipients can receive three days of food supplies every two months.

The Upper Room Dining Hall ................................................................ 530-621-7730
1868 Broadway, Placerville ................................................................. www.stpatpv.org/serve/upper.htm
A hot meal is provided every day from 4:00 p.m. to 5:30 p.m.

Government Assistance and Services

California Department of Consumer Affairs (DCA) ............................... 800-952-5210
Protects and serves California consumers while ensuring a competent and fair marketplace. DCA helps consumers learn how to protect themselves from unscrupulous and unqualified individuals. The DCA also protects professionals from unfair competition by unlicensed practitioners.

California Health and Human Services (CHHS) ..................................... 916-654-3454
1600 Ninth St., Ste. 460, Sacramento .................................................. www.chhs.ca.gov
Oversees a range of health care services, social services, mental health services, alcohol and drug treatment services, income assistance and public health services to Californians.
California Department of Social Services ............................................. www.dss.cahwnet.gov/cdssweb

CalFresh .................................................................................................... 530-642-7300
3057 Briw Rd., Placerville ................................................................. www.calfresh.ca.gov
Federally funded program that helps low-income people buy the food they need for good health (formerly known as food stamps).

For information and assistance in El Dorado County 800-510-2020
CalWORKS.................................................................530-642-7300
3057 Briw Rd., Placerville               www.cdss.ca.gov/calworks
Provides time-limited cash assistance to families with children.

Citizen Advocates for the Protection of Elders (CAPE) ...............................530-642-4800
3057 Briw Rd., Placerville               www.edcgov.us/humanservices
Identifies and prevents elder abuse. CAPE also provides information about community resources.

Congress of California Seniors.................................................................916-442-4474
1230 N St., Ste. 201, Sacramento                www.seniors.org
Focuses its primary attention on legislative and consumer issues that impact older adults.

Family Caregiver Support Program (FCSP) .................................................530-621-6151
937 Spring St., Placerville                  www.edcgov.us/humanservices
Promotes family caregivers through support and care. Caregiver services include extensive information, referral, assistance, education, support, training, care coordination, respite care, support groups and supplemental services.

Federal Citizen Information Center, Senior Citizens Resources ............800-333-4636
Online                              www.usa.gov/Topics/Seniors.shtml
Find government resources for seniors on money, housing, health, consumer protection and more.

General Assistance Program – Human Services Division .......................530-621-7300
3057 Briw Rd., Placerville               www.edcgov.us/humanservices
Provides assistance for adults without dependent children who meet specific eligibility requirements.
Government Assistance and Services
Continued

Home Energy Assistance Program ( HEAP) ...................................................... 530-621-6150
937 Spring St., Placerville  www.edcgov.us/humanservices
Assists eligible households in offsetting the cost of heating and/or cooling their homes. Funding is limited. Call for program status.

Housing Choice Voucher Program ................................................................. 530-621-6300
2900 Fairlane Ct., Placerville  www.edcgov.us/humanservices
Enables eligible persons to rent privately owned, existing, safe and sanitary housing by making housing assistance payments to private landlords.

Lilliput’s Kinship Support Services Program ( KSSP) ................................. 916-941-8799
1190 Suncast Ln., Ste. 2, El Dorado Hills  www.lilliput.org
Provides support to kinship families, particularly those formed voluntarily and informally (without the assistance of a child welfare agency). A kinship care arrangement is when children are living full time with their grandparents, other relatives, or near relatives (such as family friends, God Parents, etc.), and these adults have taken on the parental role for the children.

Multipurpose Senior Services Program ( MSSP) ..................................... 530-621-6278
935 Spring St., Placerville  www.edcgov.us/humanservices
Care management program that provides assistance in accessing services for Medi-Cal eligible seniors age 65 or older to independently remain in their homes.

National Institute on Aging ( NIA) ................................................................. 800-222-2225
Bldg. 31, Rm. 5C27, 31 Center Dr., MSC 2292, Bethesda, MD  www.nia.nih.gov
Dedicated to understanding the nature of aging, supporting the health and well-being of older adults, and extending healthy, active years of life for more people.

For information and assistance in El Dorado County 800-510-2020
Government Assistance and Services
Continued

Social Security Administration ...........................................530-626-8421 or 800-772-1213
3916 Missouri Flat Rd., Ste. A, Placerville
Independent agency of the United States federal government that administers Social Security, a
social insurance program consisting of retirement, disability and survivors benefits.

State of California Office of the Patient Advocate (OPA) .......................866-466-8900
980 9th St., Ste. 8017, Sacramento
Offers consumers the information needed to make the best health insurance decisions by
covering health care topics including consumer rights and responsibilities, dealing with
problems, and finding health care.

Veterans Services ...............................................................530-621-5892
130 Placerville Dr., Placerville
Assists veterans, their dependents and survivors in obtaining entitlements from federal, state
and local agencies administering veteran programs. It is not affiliated with the Federal
Department of Veteran Affairs (VA).

Health Related Agencies and Services

Alcohol and Substance Abuse
Alcoholics Anonymous (AA) ...................................................530-622-3500
P.O. Box 748, Placerville
www.westernsloped22.org

Al-Anon and Alateen Information ...........................................916-334-2970
5429 Palm Ave., Ste. A, Sacramento
www.ncwsa.org/d6-10

El Dorado Council on Alcoholism (EDCA) ..................................530-622-8193
893 Spring St., Placerville
www.california-drug-rehabs.com
Alcohol and Substance Abuse Continued

Family Connections ........................................................................................................... 530-626-5164
2860 Smith Flat Rd., Placerville www.familyconnected.org

New Morning Youth and Family Services ........................................................................... 530-622-5551
6765 Green Valley Rd., Placerville www.newmorningyfs.org

Progress House ................................................................................................................... 530-626-9240
2844 Coloma St., Placerville www.progresshouseinc.org

Salvation Army Adult Rehabilitation Center ..................................................................... 916-441-5267
1615 D St., Sacramento www.tsatoday.org

Health and Disease Management

ALS Association (Lou Gehrig’s Disease) ............................................................................. 916-979-9265
2717 Cottage Wy., Ste. 17, Sacramento www.alssac.org

Alzheimer’s Association ..................................................................................................... 800-272-3900
Office in Sacramento, CA 95815 www.alz.org/norcal
Office in Northern Nevada: 1301 Cordone Avenue, Suite 180, Reno, Nevada 89502

American Cancer Society ................................................................................................. 916-446-7933
1545 River Park Dr., Ste. 100, Sacramento www.cancer.org

American Diabetes Association .......................................................................................... 800-342-2383
4600 Roseville Rd., Ste. 130, North Highlands www.diabetes.org

American Heart Association .............................................................................................. 916-446-6505
2007 O St., Sacramento www.heart.org

American Red Cross ......................................................................................................... 916-993-7070
1565 Exposition Blvd., Sacramento www.sacsierraredcross.org

Arthritis Foundation .......................................................................................................... 916-486-3533
5757 Cypress Ave., Carmichael www.arthritis.org

Bipolar Insights .................................................................................................................. 530-642-0859
897 Union St., Placerville www.bipolarinsights.com

For information and assistance in El Dorado County 800-510-2020
# Health Related Agencies and Services

## Health and Disease Management Continued

<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lewy Body Dementia Association</td>
<td>800-539-9767</td>
<td>7707 Rush Dr., Sacramento</td>
<td><a href="http://www.lbda.org">www.lbda.org</a></td>
</tr>
<tr>
<td>Muscular Dystrophy Association (MDA)</td>
<td>916-921-9518</td>
<td>3010 Lava Ridge Ct., Roseville</td>
<td><a href="http://www.mda.org">www.mda.org</a></td>
</tr>
<tr>
<td>National Alliance for Hispanic Health</td>
<td>866-783-2645</td>
<td>1501 16th St., NW Washington, DC</td>
<td><a href="http://www.hispanichealth.org">www.hispanichealth.org</a></td>
</tr>
<tr>
<td>National Alliance on Mental Illness (NAMI)</td>
<td>530-577-4740</td>
<td>P.O. Box 550023, South Lake Tahoe</td>
<td><a href="http://www.nami.org">www.nami.org</a></td>
</tr>
<tr>
<td>National Multiple Sclerosis Society</td>
<td>916-927-8000</td>
<td>4225 Northgate Blvd., Ste. 4, Sacramento</td>
<td><a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a></td>
</tr>
<tr>
<td>NorCal Services for Deaf &amp; Hard of Hearing</td>
<td>916-349-7500</td>
<td>4708 Roseville, Ste. 111, North Highlands</td>
<td><a href="http://www.norcalcenter.org">www.norcalcenter.org</a></td>
</tr>
<tr>
<td>Parkinson’s Disease Foundation (PDF)</td>
<td>212-923-4700</td>
<td>1359 Broadway, Ste. 1509, New York, NY</td>
<td><a href="http://www.pdf.org">www.pdf.org</a></td>
</tr>
<tr>
<td>U.C. Davis Alzheimer’s Disease Research Center</td>
<td>916-734-5496</td>
<td>4860 Y St., Ste. 3900, Sacramento</td>
<td><a href="http://alzheimer.ucdavis.edu">alzheimer.ucdavis.edu</a></td>
</tr>
<tr>
<td>United Spinal Association</td>
<td>800-404-2898</td>
<td>75-20 Astoria Blvd., East Elmhurst, NY</td>
<td><a href="http://www.unitedspinal.org">www.unitedspinal.org</a></td>
</tr>
</tbody>
</table>
Health Related Agencies and Services
Continued

Health and Medical Related Services

Partners in Care.................................................................530-626-8125
2883 Cold Springs Rd., Placerville www.partnersincareplacerville.org
Services include assistance and support to those dealing with chronic illnesses.

Snowline Hospice .............................................................530-621-7820
6520 Pleasant Valley Rd., Diamond Springs www.snowlinehospice.org
Services include supporting terminally ill patients near end-of-life and guiding their loved ones through grief. Hospice benefits are included in Medicare and Medi-Cal and most health insurance plans.

Medical Services and Providers

El Dorado County Community Health Center..........................530-621-7700
4327 Golden Center Dr., Placerville www.edcchc.org
Primary care center that serves El Dorado County and provides a full range of family practice services including Client Advocate, Pharmacy Program and Patient Assistant Program for medications, acupuncture, podiatry, behavioral health and referrals to various services within the community. They accept most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

Divide Wellness Center-Marshall Medical Center ..................530-333-2548
6065 Highway 193, Georgetown www.marshallmedical.org
Community clinic coordinated by Marshall Hospital providing complete family medical care. They accept Medicare and Medi-Cal.

Marshall Medical Center.....................................................530-622-1441
1100 Marshall Way, Placerville www.marshallmedical.org
Includes a fully-accredited acute care hospital as well as comprehensive physician and outpatient services throughout the Western Slope of El Dorado County.

Medi-Cal ..............................................................................530-642-7300
3057 Briw Rd., Placerville www.edcgov.us/humanservices
Provides assistance in meeting health care expenses for eligible persons.
For information and assistance in El Dorado County 800-510-2020

**Health Related Agencies and Services Continued**

**Mental Health Division** ..............................................................530-621-6290 or Crisis Line 530-622-3345
768 Pleasant Valley Rd., Suite 201 Diamond Springs, CA 95619  
[www.edcgov.us](http://www.edcgov.us)

**Public Health Division** .................................................................530-621-6100
931 Spring Street, Placerville CA 95667  
[www.edcgov.us](http://www.edcgov.us)

**Shingle Springs Tribal Health Program** ........................................530-387-4975
5168 Honpie Rd., Shingle Springs  
[www.ssthp.org](http://www.ssthp.org)
Provides the community with quality care in a secure and comfortable environment that promotes the total well-being of patients. Services include medical, dental and mental health. Accepts most private insurances, Medi-Cal, Medicare, the underinsured and those without insurance.

**Western Sierra Medical Center** ..................................................530-647-9762
3070 Camino Heights Dr., Camino  
[www.wsmcmed.org](http://www.wsmcmed.org)
Primary health care including Preventative Medicine, Adult Exams, Urgent Care for established patients and Minor Office Procedures. Accepts Medi-Cal and Medicare.

**Housing**

**Residential Care Facilities for the Elderly (RCFE)**
Sometimes called “Assisted Living” or “Board and Care” facilities are non-medical facilities that provide a level of care that includes assistance with activities of daily living.

**Skilled Nursing Facilities (SNF)**
Provide 24 hour, 7 days a week expert care for those in need of constant care. This type of facility is for those who need short or long-term care. Medically trained staff provides care with nurses supervising treatments, giving medications and monitoring chronic disorders.

**California Advocates for Nursing Home Reform (CANHR)** ..............800-474-1116
650 Harrison St., San Francisco  
[www.canhr.org/RCFE](http://www.canhr.org/RCFE)
Provides information and education about nursing home issues and advocacy for improved quality of life for people in nursing homes.

**El Dorado County Public Housing Authority** ...............................530-621-6300
2900 Fairlane Ct., Placerville  
[www.edcgov.us/humanservices](http://www.edcgov.us/humanservices)
Operates under federal guidelines from the U.S. Department of Housing and Urban Development to provide rental subsidy assistance program more commonly known as Section 8.

For information and assistance in El Dorado County 800-510-2020
Housing Continued

Community Development Block Grant Programs ............................... 530-642-4863
Assists households with loans to rehabilitate their homes from blight, provide loans to first-time
homebuyers, build community facilities to bring services closer to the community in which
families live, and provide grants to improve Infrastructure to a housing development.

Long-Term Care Ombudsman (LTCO) ............................................. 530-621-6271
To report elder abuse in a SNF, or RCFE, call your local LTCO office or ......800-231-4024
937 Spring St., Placerville  www.edcgov.us/humanservices
Advocates for quality of care and quality of life for all residents of Skilled Nursing Facilities and
Residential Care Facilities. Visit website for a list of local Licensed Residential Care Homes for the
Elderly and Skilled Nursing Facilities.
  California Community Care Licensing........................................ www.ccll.ca.gov
  California Department of Public Health ............................... www.cdph.ca.gov

Nursing Home Compare............................................................. www.medicare.gov/nhcompare
Detailed information about every Medicare and Medicaid-certified nursing home in the country.

U.S. Department of Housing and Urban Development.......................... 916-498-5220
650 Capital Mall, Ste. 4-200, Sacramento  www.hud.gov
Creates strong, sustainable, inclusive communities and quality, affordable homes for all.

Independence Assistance

Alta California Regional Center .................................................... 530-626-1353
344 Placerville Dr., Ste. 1, Placerville  www.altaregional.org
Assists persons with disabilities and their families. They do this by providing and securing those
services and supports necessary to maximize opportunities.
Assistive Technology Network ................................................................. 800-390-2699
1234 H St., Ste. 100, Sacramento                      www.atnet.org
Expands the accessibility of tools, resources and technology that will help increase
independence, improve personal productivity and enhance the quality of life for all Californians.

California Foundation for Independent Living Centers............................ 916-325-1690
1234 H St., Ste. 100 Sacramento                      www.cfilc.org
Advocates for barrier-free access and equal opportunity for people with disabilities to
participate in community life by increasing the capacity of Independent Living Centers.

National Council on Independent Living (NCIL) ........................................ www.ncil.org

In-Home Support Services (IHSS)................................................................. 530-642-4800
3047 Briw Rd., Placerville     www.edcgov.us/humanservices
Provides assistance to eligible adults age 65 or older, blind or disabled individuals, who are
unable to remain safely in their home.

In-Home Support Service Public Authority ................................................. 530-621-6287
937 Spring St., Placerville     www.edcgov.us/humanservices
Assists those receiving IHSS in finding providers.

Multipurpose Senior Services Program (MSSP) ............................................. 530-621-6278
935 Spring St., Placerville     www.edcgov.us/humanservices
Care management services to residents age 65 or older, who are Medi-Cal eligible and at risk of
placement in a skilled nursing facility due to frail health.

Motherlode Rehabilitation Enterprises, Inc. (MORE) ............................... 530-622-4848
399 Placerville Dr., Placerville        www.morerehab.org
Provides the best possible services for adults with developmental disabilities and leading our
industry in best practices. In addition MORE assists the community in providing real life
opportunities, including work, for those they serve.

Society For The Blind .................................................................................... 916-452-8271
1238 S St., Sacramento, CA 95811-7112    www.societyforthebling.org
For persons 55 or over and struggling with vision loss, the Senior Impact Project helps improve and
maintain independence. This federally funded program provides free training in non-visual skills. All
services, including transportation to and from select programs, are free of charge.
Independence Assistance Continued

Placer Independent Resource Services (PIRS) .................................................. 530-885-6100
11768 Atwood Rd., Ste. 29, Auburn  
www.pirs.org
Advocates, empowers, educates and provides services for people with disabilities enabling them to control their alternatives for independent living.

You Are Not Alone (YANA) ................................................................. 530-621-6255
937 Spring St., Placerville  
www.edcgov.us/humanservices
Free daily telephone “check-in” and reassurance services available 7 days a week, supported by the Sheriff’s and Human Services volunteers.

Care Management
Care Management is a service where trained social workers assess and assists in getting services into the home. Many home care agencies are now offering this support as well as various non-profit organizations, for a fee.

Multipurpose Senior Services Program (MSSP) ................................. 530-621-6278
935 Spring St., Placerville  
www.edcgov.us/humanservices
Care management services to residents age 65 or older, who are Medi-Cal eligible and at risk of placement in a skilled nursing facility due to frail health.

Legal Health Care Information and Assistance

Advanced Directive
An Advanced Directive is a legal document which states a patient’s preference in treatment and resuscitation if the patient is unable to speak for themselves. There are two types of advanced directives. Living Will is a document stating a patient’s wishes in the withholding or withdrawing of life support, if the patient suffers from an incurable and terminal condition. Durable Power of Attorney for Health Care is a document that designates another person to make health care decisions if the patient is no longer able to make them. This designated person also has the power to make the final decision about cessation of treatment.
Advanced Health Care Directive for Health
Allows you to name someone to carry out your health care wishes or other medical care decisions should you become incapacitated and not be able to make these decisions yourself. States your health care wishes.

Durable Power of Attorney for Finance
Allows you to name someone to take care of your financial matters should you become incapacitated and cannot handle them yourself. The agent will have whatever financial power you grant them. You can revoke or amend it at any time and it must be notarized.

Living Will (Revocable Trust)
A legal entity you create and to which you transfer property. Is in your control until death when it transfers to those you’ve named to inherit, avoids probate.

Power of Attorney (POA)
Written authorization to represent or act on another’s behalf in private affairs, business or some other legal matter.

Will
Specifies who gets your property upon your death. Also allows the appointment of an executor. Property named normally goes through probate. May be hand written and signed.

California Courts.................................................................................................................. www.courts.ca.gov
Official court website provides referrals to a number of self-help legal resources. Click on “Self-Help” link and then select “Finding Free and Low-Cost Legal Help” for a variety of resources and information available. This website also provides forms and rules for your specific court matter.

El Dorado County Bar Association............................................................530-626-4906
550 Main St., Ste. A, Placerville  www.eldoradocountyattorneys.org
Find local attorneys using name, category or location.
El Dorado County District Attorney ................................................................. 530-621-6472
515 Main St., Placerville
Crimes involving consumer fraud, bad checks, insurance fraud and environmental crimes should be reported directly to the District Attorney’s Consumer/Environmental Protection Unit.

El Dorado County Law Library ................................................................. 530-621-6423
550 Main St., Ste. A, Placerville
Free legal clinics offered on a first come-first serve basis. Call or visit website for information on classes, services, legal links and guides.

El Dorado County Senior Legal Services .................................................... 530-621-6154
937 Spring St., Placerville
Senior Legal Services is intended to help if you are age 60 or older, reside in El Dorado County and are seeking legal assistance with a civil, non-criminal matter. Services include estate planning, public benefits, consumer issues, health care, real property, abuse and exploitation. Attorney’s meet with seniors by appointment only.

FindLaw ........................................................................................................... www.findlaw.com
Provides legal information about numerous topics. Also offers help with finding a lawyer, legal answers and various legal forms.

Library of Congress ..................................................................................... www.loc.gov
Click on the “Ask a Librarian” link to get help answering questions on a variety of topics, including law (US and International).

Sacramento County Public Law Library ..................................................... 916-874-6012
609 9th St., Sacramento
Call the main line or visit the website for information on classes offered, research guides, free forms, online resources and more.
Senior Centers and Congregate Meal Sites

Home Delivered Meals
Individuals who are medically or physically disabled and age 60 or older may be eligible to receive a hot nutritious meal delivered to their home Monday through Friday, with frozen weekend meals available upon request. The suggested donation for home delivered meals is $3 per meal. Eligibility is determined by staff assessment. Some restrictions apply.

Senior Centers
Older adults can access a variety of services and have an opportunity to participate in individual and group activities.

Senior Meal Sites
Older adults age 60 or older have the opportunity to receive a nutritionally balanced meal once a weekday. Sites are at varied locations. Contributions are suggested but not required. Meals are served weekdays from 12:00 p.m. to 12:30 p.m.

Senior Nutrition Program and Home Delivered Meals ........................................... 530-621-6160
937 Spring St., Placerville  www.edcgov.us/humanservices

Senior Congregate Meal Sites
Diamond Springs Lions Hall ................................................................. 530-622-8131
4701 Missouri Flat Rd., Diamond Springs  www.e-clubhouse.org/sites/motherlodeca

El Dorado Hills Senior Center ................................................................. 916-358-3575
990 Lassen Ln., El Dorado Hills  www.edhcsd.org/senior_center.html

Greenwood Community Center ............................................................. 530-885-9160
4411 Hwy. 193, Greenwood  www.gdrd.org

Pioneer Park Community Center ............................................................ 530-620-5432
6740 Fairplay Rd., Somerset  www.edcgov.us/Parks

Placerville Senior Center ................................................................. 530-621-6160
937 Spring St., Placerville  www.edcgov.us/humanservices

Pollock Pines Community Center .......................................................... 530-644-4008
2675 Sanders Dr., Pollock Pines  www.pollockpinesca.org
Transportation

Senior Shuttle ................................................................. 530-621-6369
937 Spring St., Placerville www.edcgov.us/humanservices
Provides weekly scheduled grocery shopping trips in the greater Placerville area. Shuttle riders can enjoy trips to special events and out-of-county activities. Destinations of interest are scheduled throughout the year and highlight some of the area’s best events. The Senior Shuttle is available by advanced reservation and provides curb-to-curb transportation service. Not wheelchair accessible and has a suggested donation.

El Dorado Transit

El Dorado Transit Authority .................................................. 530-642-5383
6565 Commerce Way, Diamond Springs www.eldoradotransit.com
El Dorado Transit provides four local bus routes serving the western slope of El Dorado County.

ADA Paratransit/Off-Route Deviation Services is a specialized transportation service for persons who are unable to independently use regular bus route service due to a disability or health related condition some or all of the time, must be certified as eligible.
Application for this service is available through El Dorado Transit.

El Dorado Commuter provides eleven morning trips from El Dorado County to Sacramento and eleven return trips in the afternoon. It’s the fast, easy way to commute to downtown Sacramento.

Iron Point Connector is a direct service from El Dorado County to Folsom with connections to Sacramento Regional Transit Light Rail.

El Dorado Transit Dial-A-Ride .................................................. 530-642-3696
6565 Commerce Way, Diamond Springs www.eldoradotransit.com/dialaride.html
Dial-A-Ride is available to everyone, however, seniors age 60 or older and persons with disabilities receive priority in the booking process. This is a curb-to-curb transportation service and is available by advanced reservation.

Sac-Med Non-Emergency Medical Appointment Transportation ............. 530-642-3696
6565 Commerce Way, Diamond Springs www.eldoradotransit.com
Sac-Med is a shared ride public non-emergency medical appointment transportation service for seniors, disabled and general public passengers. This service operates on Tuesday and Thursday.
Ride requests are scheduled on a first come-first serve basis.
Veterans Services

California Department of Veterans Affairs ......................................................... 800-952-5626
1227 O St., Sacramento www.calvet.ca.gov

El Dorado County Veteran Affairs Placerville Office ........................................ 530-621-5892
130 Placerville Dr., Placerville www.edcgov.us/veterans
The Veteran Affairs Office provides the guidance and advice to help veterans become aware and claim the many benefits they earned and are entitled to, while in military service to our country. Entitlements include counseling, education benefits, medical benefits, Cal-Vet home loans programs, disability pensions, and military funeral service and burial benefits.

Homeless Veterans Outreach and Awareness ............................................... 800-952-5626
2411 Alhambra Blvd., Sacramento www.calvet.ca.gov/VetServices/Housing.aspx
Information regarding housing assistance programs for homeless veterans. Housing and supportive services include Homeless Prevention and Rapid Re-Housing Program, Domiciliary Care for Homeless Veterans, Grant and Per Diem Programs.

Paralyzed Veterans of America (PVA) .......................................................... 800-424-8200
801 Eighteenth St., NW Washington, DC www.pva.org
Helps a veteran get back to work or secure benefits that have been denied.

United States Department of Veterans Affairs-Regional Office .......... 800-827-1000
10365 Old Placerville Rd., Sacramento www.va.gov
Provides a wide range of benefits to veterans including, Disability, Education and Training, Vocational Rehabilitation and Employment, Home Loan Guaranty, Dependent and Survivor Benefits, Medical Treatment, Life Insurance and Burial Benefits

Veterans Home of California ................................................................. 707-944-4601
260 California Dr., Yountville www.calvet.ca.gov/VetHomes/Yountville.aspx
VHC-Yountville is the largest veteran’s home in the United States, offering residential accommodations with a wealth of recreational, social and therapeutic activities for independent living.
Volunteer Opportunities

Big Brothers Big Sisters of El Dorado County .............................................................. 530-626-1222
Helps children realize their potential and build their futures. They nurture children and
strengthen communities.

Court Appointed Special Advocates (CASA)............................................................. 530-622-9882
347 Main St., Placerville                                                      www.casaeldorado.org
CASA El Dorado is part of a national non-profit organization that trains volunteers to advocate
for abused and neglected children.

El Dorado County Community Services ................................................................. 530-621-6369
937 Spring St., Placerville                                                  www.edcgov.us/humanservices

El Dorado County Habitat for Humanity ................................................................. 530-621-2111
6168 Pleasant Valley Rd., Diamond Springs                                   www.edchabitat.com/volunteer
Wide range of opportunities available for groups and individuals. Volunteers can help with new
home construction and home restoration, office support, family services, event planning, work in
our retail building supplies outlet, and many other aspects of El Dorado County’s Habitat’s work.

Food Bank of El Dorado County ............................................................................... 530-621-9950
3291 B, Coach Ln., Cameron Park                                             www.foodbankedc.org
Provides food assistance on a daily basis in partnership with over 40 local emergency food
response agency sites including battered women’s shelters, senior centers, local food pantries,
under privileged youth programs, youth shelters, soup kitchens, maternity homes and more.

P.A.W.E.D.-Partner, Educate, Train, Save ............................................................... 530-677-2476
4050 Durock R., Ste. 19, Shingle Springs                                      www.pawedpets.org
Dedicated to saving and improving the lives of companion animals in El Dorado County.
# Senior Services Quick Reference Guide

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tr>
<td>Adult Protective Services (APS)</td>
<td>530-621-4800</td>
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<tr>
<td>CalFresh Program (Food Stamps)</td>
<td>530-642-7300</td>
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<td>Elder ID and Care Trak</td>
<td>530-621-6180</td>
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<td>El Dorado Transit-Local Bus/Dial-A-Ride</td>
<td>530-642-3696</td>
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<td>Elder Protection Unit (EPU)</td>
<td>530-642-4800</td>
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<td>Family Caregiver Support Program (FCSP)</td>
<td>530-621-6151</td>
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<tr>
<td>Health Insurance Counseling and Advocacy Program (HICAP)</td>
<td>530-621-6369</td>
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<td>Home Energy Assistance Program (HEAP)</td>
<td>530-621-6150</td>
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<tr>
<td>In-Home Support Services (IHSS)</td>
<td>530-642-4800</td>
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<td>Information and Assistance (I&amp;A)</td>
<td>530-621-6369 or 800-510-2020</td>
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<tr>
<td>Long-Term Care Ombudsman (LTCO)</td>
<td>530-621-6271 or Crisis Line 800-231-4024</td>
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<tr>
<td>Medi-Cal</td>
<td>530-642-7300</td>
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<tr>
<td>Mental Health</td>
<td>530-621-6290 or Crisis Line 530-622-3345</td>
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<td>Multipurpose Senior Services Program (MSSP)</td>
<td>530-642-6278</td>
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<td>Public Guardian</td>
<td>530-642-4800</td>
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<td>Senior Activities</td>
<td>530-621-6255</td>
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<td>Senior Computer Center</td>
<td>530-621-6369</td>
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<td>Senior Day Care</td>
<td>530-621-6180</td>
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<td>Senior Health Education Program (SHEP)</td>
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<td>Senior Legal Services</td>
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<td>Senior Nutrition Program</td>
<td>530-621-6160</td>
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<td>Senior Peer Counseling</td>
<td>530-621-6304</td>
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<td>Senior Shuttle</td>
<td>530-621-6369</td>
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<td>Senior Times Newsletter</td>
<td>530-621-6255</td>
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<td>Suicide Crisis Line</td>
<td>800-273-8255</td>
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<td>Veteran Services</td>
<td>530-621-5892</td>
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<td>Volunteer Program</td>
<td>530-621-6369</td>
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<td>Weatherization Assistance Program</td>
<td>530-621-6150</td>
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<td>You Are Not Alone (YANA)</td>
<td>530-621-6255</td>
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For information and assistance in El Dorado County 800-510-2020