



Jeff Donovan MD PhD FRCPC

Dermatologist, specializing in hair loss

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PATIENT REFERRALS TO THE DONOVAN HAIR CLINIC in VANCOUVER, CANADA

Information for Referring Physicians

Thank you for your interest in the Donovan Hair Clinic in Vancouver, Canada. Please find below information about our clinic and our referral process. A referral form is provided at the end (on page 6), but you may wish to use your own standard referral documents. Should you have any questions, please don't hesitate to contact us.

Introduction to our Clinic

The Donovan Hair Clinic functions as an International Centre of Excellence for the research and treatment of hair loss. The clinic's medical director, Dr. Jeff Donovan, is certified in Dermatology by the Royal College of Physicians and Surgeons of Canada and by the American Board of Dermatology.

The Donovan Hair Clinic is built around the primary goal of providing the highest level of care possible for individuals with hair loss. All initial consultations are performed by Dr. Donovan. Our clinic is honored to have provided care to over 10,000 patients to date, including patients that visit us each week from around the world. We have provided care to patients from 34 different countries in the past year alone. This includes patients of every age, with every hair type, including Caucasian, Asian and Afro-textured hair. We focus on developing a highly individualized, long-term plan. Following the first appointment with Dr. Donovan, patients decide whether to either carry out their treatment plan directly with Dr. Donovan at the Vancouver centre or whether to return to their own physicians to begin the recommended treatment course outlined by Dr. Donovan. Many return for periodic follow up appointments at varying intervals.

What type of referrals do we accept?

We accept all referrals pertaining to hair loss, hair abnormalities and excessive hair growth. Our clinic routinely sees patients with some of the most complex presentations of hair loss. Every day, we help adults and children with advanced genetic hair loss, alopecia areata, hair shedding issues, and scarring (cicatricial) alopecia. We see rare conditions on a daily basis. We see patients ranging in age from newborns to the elderly. We see patients with all skin types. We see patients from Canada and beyond.

Your Patient's First Appointment

All new patients begin with a 35 to 40 minute comprehensive consultation. Comprehensive consultations allow Dr. Donovan to thoroughly assess a patient's medical history, and to understand the reasons for a given patient's hair loss. By the end of the first appointment, the patient will have an understanding of the diagnosis, prognosis and treatment for their hair loss.

What should your patient do to prepare for their first appointment with Dr. Donovan?

Once we receive your referral, we will contact your patient to assist them with all the steps necessary to be fully prepared for their appointment. Preparing for your patient's first appointment with Dr. Donovan will not take long but advanced preparation helps a lot. We *strongly* advise all patients to:

- 1) **FILL OUT OUR PRE VISIT PATIENT QUESTIONNAIRE.** We strongly encourage ALL patients to complete a pre-visit online medical questionnaire before their visit. We will send this directly to your patient.
- 2) **BRING A LIST OF MEDICATIONS.** We encourage your patient to bring a list of all medications used in the past 2 years, including prescription and non-prescription
- 3) **PREPARE YOUR PREVIOUS PHOTOS.** We encourage your patient to bring photos (if possible) from 1 year prior and 5 years prior.
- 4) **SEND OUR OFFICE YOUR BLOOD TESTS.** We encourage patients to have blood tests done before their appointment. For more information on the blood tests we generally recommend as appropriate baseline screening for individuals with hair loss please see the section below (see "Initial Screening Tests" on page 3)
- 5) **REVIEW OUR CLINIC POLICIES.** We encourage patients to review our Clinic Policies on booking appointments, cancelling appointments, follow up appointments, and how our clinic functions. We will send this information directly to your patient.

BLOOD TESTS

We do not require your patient to have blood tests done prior to the appointment. However, if labs are available from previous testing, this can be extremely helpful for us and we would appreciate if this can be sent along to us. We strongly encourage all individuals with hair loss to first see their own general physician or dermatologist first for a screening examination. Dr. Donovan does not order blood tests for patients prior to their first appointment. However, if these blood tests have been done in the past, it can greatly aid the diagnostic work up required during the first appointment.

Initial 'Screening' Blood Tests.

In general, we recommend the following blood tests as generally being appropriate for individuals with concerns about their hair as a starting point:

- a) **MEN** - CBC, TSH, ferritin, 25 hydroxy-vitamin D, zinc, B12, folic acid, standard cholesterol profile (HDL, LDL, Triglycerides), sex hormone binding globulin (SHBG),
- b) **PREMENOPAUSAL WOMEN CURRENTLY TAKING ORAL CONTRACEPTIVES:** CBC, TSH, ferritin, folic acid, ESR, ANA, DHEAS, 25 hydroxy-vitamin D, vitamin B12, zinc, standard cholesterol profile (HDL, LDL, Triglycerides), sex hormone binding globulin (SHBG)
- c) **PREMENOPAUSAL WOMEN WITH REGULAR PERIODS (not on ORAL CONTRACEPTIVES):** CBC, TSH, ferritin, ESR, ANA, DHEAS, 25 hydroxy-vitamin D, LH, FSH, free testosterone, total testosterone, androstenedione, vitamin B12, folic acid, zinc, standard cholesterol profile (HDL, LDL, Triglycerides), sex hormone binding globulin (SHBG). Please have done on DAY 3-4 of the menstrual cycle if possible. This means having the blood test three days after the period starts. For example, if an individual's period starts on Monday, the blood tests should be done on Thursday or Friday.
- d) **PREMENOPAUSAL WOMEN WITH IRREGULAR PERIODS (not on ORAL CONTRACEPTIVES):** CBC, TSH, ferritin, ESR, ANA, DHEAS, 25 hydroxy-vitamin D, LH, FSH, free testosterone, total testosterone, androstenedione, vitamin B12, folic acid, zinc, standard cholesterol profile (HDL, LDL, Triglycerides), sex hormone binding globulin (SHBG). Please have done on DAY 3-4 of the menstrual cycle if possible. But if menstrual cycles are very irregular and the individual has not had a period for many months, the blood tests may be done at ANY time.
- e) **POST MENOPAUSAL WOMEN.** CBC, TSH, ferritin, ESR, ANA, DHEAS, 25 hydroxy-vitamin D, testosterone, total testosterone, vitamin B12, zinc, folic acid, standard cholesterol profile (HDL, LDL, Triglycerides), sex hormone binding globulin (SHBG).
- f) **CHILDREN.** We appreciate if your office can forward any blood tests that have been done but we advise the patient to **wait** for the appointment with Dr. Donovan before getting other tests done

Appointment Fees

Dr. Donovan's clinic is private. For physicians referring from within Canada, please note that our clinic does not participate in the provincial health plan in the province of British Columbia and Dr. Donovan does not bill funds through the Medical Services Plan (MSP) or other similar provincial reciprocal plans. Patients with separate health insurance (i.e. work related insurance or other insurance), may wish to contact their individual insurance companies to discuss whether a portion or all of the appointment related fees will be covered prior to their appointment with Dr. Donovan

1. Initial Comprehensive Consultation (\$ 750)

- A 35-40 minute private consultation with Dr. Donovan at the Vancouver office. Full review of the patient's pre-visit questionnaire, examination of the scalp, dermatoscopic examination, review of blood tests. *All patients in the Donovan Hair Clinic start with a Comprehensive Consultation.*

2. Follow-up Appointments (\$ 650)

- A 20-30 minute private consultation with Dr. Donovan at the Vancouver office. For some patients, this follow up may be done remotely via phone or skype if an in person consultation is not possible. Modification of treatment plan as appropriate, including more aggressive treatments in those not responding and removal/reduction of treatments (where appropriate) for patients showing improvement or stabilization.

3. Scalp Biopsy (\$ 475)

- A scalp biopsy is required for only a minority of patients, typically in cases where scarring alopecia is questioned and where unusual forms of alopecia areata might be present. The fee includes both the procedure and the biopsy professional reading fee by the dermatopathologist.

4. Steroid Injections (\$ 200)

- A 10 minute visit for steroid injections for patients with scarring alopecias and alopecia areata. Steroid injections are typically done every 6-16 weeks depending on the diagnosis and activity of the patient's specific condition. For example, a patient with active alopecia areata may have injections every 6 weeks whereas a patient with relatively quiet CCCA or LPP/FFA may have injections every 16 weeks.

5. Platelet rich plasma injections (\$ 1500 per treatment)

- PRP treatments are typically 60 minute in duration and reserved for patients with androgenetic alopecia and less commonly alopecia areata. Patients must be evaluated by Dr. Donovan before entering the PRP treatment program and may not be appropriate for everyone. PRP treatments are typically done 3-4 times per year.

6. Hair Collections - \$ 95 per collection

- Hair collections are performed by patients for assessing hair shedding abnormalities - especially assessing androgenetic alopecia vs telogen effluvium.

NOTE: a) Local tax (5%) is collected on the above fees.

Consultation Letter

We will send you a copy of your patient's visit note within 2 weeks of the appointment. This will outline the diagnosis, prognosis for regrowth or future loss and short term and long term treatment plan. Please be sure to provide us with your fax number.

Our Practice in Vancouver

Our practice is located at 750 West Broadway Street in the city of Vancouver. Vancouver is one of Canada's most western cities and lies on the coast of the Pacific Ocean. The Metro Vancouver area has a population of 2 million residents making it Canada's third largest city behind Toronto and Montreal. The Vancouver Airport (YVR) functions as Canada's second busiest airport and provides easy connections to and from major national and international centres. Our West Broadway office is about 25 minutes from the airport. Our nearest major US city is Seattle, Washington - about 2.5 hours away by car.



DONOVAN HAIR CLINIC REFERRAL FORM

FAX: 604.648.9003
PHONE: 604.283.9299

Thank you for referring your patient to the Donovan Hair Clinic in Vancouver, Canada. At minimum, please provide us with the patient's demographic information. We greatly appreciate if you might consider forwarding previous blood test results (from the past 3 years), biopsy reports, consultation notes you have made or consultation notes from other physicians. We will contact your patient with an appointment within 1 business day.

REFERRING PHYSICIAN NAME, CONTACT INFORMATION & AUTHORIZING SIGNATURE

REFERRING PHYSICIAN NAME: _____
CLINIC PHONE No: _____ CLINIC FAX No: _____
DATE OF REFERRAL: _____ AUTHORIZED SIGNATURE: _____

PATIENT CONTACT INFORMATION

FIRST NAME: _____ LAST NAME: _____
NAME OF PARENT IF PATIENT IS UNDER 18: Not applicable _____
DATE OF BIRTH: (DAY/MONTH/YEAR) : _____
ADDRESS: _____
PHONE NUMBER(S): _____ EMAIL: _____

REASON FOR REFERRAL. Please outline briefly why you are referring your patient ?

FINAL CHECK LIST. Please advise us if you are including any of the following today in your FAX.

<input type="checkbox"/> previous blood test results	<input type="checkbox"/> previous biopsy report(s)
<input type="checkbox"/> consult notes from your assessments	<input type="checkbox"/> consult notes other physician(s)