

## Empty Hands Album created and produced by Nimesh "Nimo" Patel Executive Producer: A Higher Power, Truth, Love, Family

Heart-felt Inspiration and Support from Dad & Mom, Guri & Nipun Mehta & all loving family and friends.

Album Graciously Mixed and Mastered by brother Brian Nicholls
Addt'l Audio Engineering by brother Lohit Pattanaik
Inspired by brother Daniel Nahmod's music and spirit

Amazing \$0 budget Music Videos by Ellie Walton, Sachi Maniar, and other dear friends.
Album Cover Photo, Design & Art gifted by dear sister Meghna Agrawal
Additional Photography offered by brother Rahul Pardasani
Empty Hands Logo Design offered by brother Pete Oswald



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May all Beings Be Happy, Loving, Compassionate and Peaceful

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# **GRATEFUL**

Written and performed by Nimesh 'Nimo' Patel & Daniel Nahmod Beat by Don Jarvis / Addiitional Production & Mixed by Daniel Nahmod

V-1: You're my life / You're my breath / You're a smile / You my guest / You're the earth / You're the sun / You're the grass / You are love // You're my hands / You're a bug / You're my eyes / You're a hug / You're the light In the dark / You're the spark / You are fun // You're my mom / You are water / You're the stars / You're my daughter / Your my friend Till the end / You're my dreams / You're my father // You're the ants on the ground / The miracles that surround / I'm feelin' it all around / The hemisphere and the clouds // You're my pain / you're my sorrow / You're my hope for tomorrow / You're the strength when I'm hollow / You're the path that I follow // You're the blessings that exist / The small things that are bliss / The gift to realize that / Everything is a gift //

Chorus (Daniel): All that I am / All that I see / All that I've been / and all that I'll ever be / Is a blessing / Its so amazing / And I'm grateful for it all, for it all //

V-2: You're the blessings / Every time I try to count / You're the lessons / That I learn / Every time I turn around / You're the water when I'm burned / Every time I think I've found / Everything I'm looking for / You're the sign sayin' / Stop to take a bow // And keep moving forward / And start looking towards your heart / It'll open all the doors / And only then you'll start / To hear the world sing in chorus / With your mind and heart Aligned in purpose / Everything will feel gorgeous //

Breakdown 1: Everyday I sit and pray / Cuz what I have is / More than I deserve / Or could ever imagine / How do I give back / To all of this magic / And spread the love / So everybody can have it / Doesn't matter if I'm rich or poor / If I gotta family or if I'm all alone / Bad things happen I can just complain and moan / But there's a million things that I can be grateful for//

Breakdown 2 (Daniel): So I lift up my hands now / And I open my heart / And my gratitude goes out / To everything near and far //

Final Chorus: Everything I am / And everything I see / Everything I hope / And everything I dream / Everything I feel / And everything I be / I Look deep down / And feel all the blessings / I'm grateful for it all / It's amazing //

#### [Chorus]

Outro: You're the blessings that exist / The small things that are bliss / The gift to realize that / Everything is a gift //

# **PLANTING SEEDS**

Written and performed by Nimesh 'Nimo' Patel & Daniel Nahmod
Music Produced by Daniel Nahmod / Mixed by Brian Nicholls
Song inspired by original "Planting Seeds" by Daniel Nahmod, 2006, from his 'Water' album

Intro: I spent a long time runnin' / I never knew then, what I know I know now / That the fruits they always comin' / But you can't go around just knockin' them down / It takes a long time to showin' / We plant the seeds then, and we look at them now / But the roots are always growin' / No matter if I'm there or never around //

Chorus (Daniel): Whatever grows will grow / Whatever dies will die / Whatever works will work / Whatever flies will fly / Whatever fails will fail / What's meant to soar will soar / I am planting seeds nothing more //

V-1: Its like your whole life you've been training for this moment / And when the time comes you just disown it / Meaning you just surrender don't control it / Not inte rested in the clay pots and moldin' / Or sitting next to the path, tryin' to unfold it / Or waiting for the fruits to fall down toward ya' / You let it go and now your flowing feeling quite gorgeous / So you take steps away instead of towards it / What a rush, feeling freedom with / nothing to hold / We've been taught that what you touch will always turn to gold / But now we're learning when we let it go, it overflows / With no credit to take cuz no credit is owned / A higher power working deeper when the seeds are sowed / And when the seeds are true, then they're seeds of gold / But the real gold is joy, when life starts to flow / And when it does, you just smile, cuz now you know //

Bridge: I spent a long time runnin' / I never knew then, what I know I know now / That the fruits they always comin' / But you can't go around just knockin' them down / It takes a long time to showin' / We plant the seeds then, and we look at them now / But the roots are always growin' / No matter if I'm there or never around //

[Chorus x 3]

# **BEING KIND**

Written and performed by Nimesh 'Nimo' Patel Beat by Epistra / Mixed by Brian Nicholls

## BEAUTIFUL

Written and performed by Nimesh 'Nimo' Patel & Jason Joseph Beat by Lohit Pattanaik / Mixed by Lohit Pattanaik

V-1: Well my heart starts sinkin' / And I'm thinkin' what's the reason / Why we holding back from being kind / What's the disease, but then I sense // We are fine, it'll all happen / One small step at a time // When the world is full of violence / And it needs a little kindness / I just sit in pray in silence / And God shows me the signs // Open my eyes, realize / We are fine, one small act at a time // Last night I'm walking home / And a homeless man says 'hello' / With a smile to let me know / That he's got a lotta' hope // He says have faith, young man, we are fine / The world is kind, one small act at a time // Small acts we do together / Even though may be alone / Changes the world for the better / So we can call it home // And this is life as we know / When our hearts are aligned / The magic that unfolds / One small act at a time //

Chorus: Throw your hearts up / Let it fly high / Let your love for all the world / Spread through the skies / Let it drop down / Let it all go / Spreading kindness to every / Single living soul // Can you see your love for me shining through / Cuz what you see in me, I can see in you / And soon enough, you and me we'll be outta time / And kindness will be all we can leave behind //

V-2: Feeling grateful today, never thought this day would come / Where I would feel it and say, that each and everyone one of us / Has paved the way doing good and now we're all just moving up / When I'm kind to you, you pay-it-forward, this is how we build trust // Never had faith, but now I'm seeing you eye to eye / Wanna gift you my life, wanna spread love before I die, / Thank you God... for finally letting me realize / When I serve man, I'm really serving you in disguise (the skies) // Smiles everywhere, cuz now everybody's got the bug / Ain't no life, without the love, if it is, it ain't no fun / What we gonna do now, just grab a friend give a hug / Spread it out real wide, so everyone can be touched //

### [Chorus]

V-3: Ohhh...All we can leave behind / For you and I kindness is all we can leave behind / All we can leave behind / For you and I kindness is all we can leave behind / Ohhh...Behind, Behind, When all is said and done, / Kindness is all we can leave behind //

### [Chorus]

Chorus (Jason): The light was shining outside my door / It never looked so beautiful before / You put this feeling inside my soul / It never felt so beautiful before //

V-1: Beauty comes in the strangest ways / Like seeds turnin' to grass and grass made to graze / Like two legs on a new born, that's half amazing / And the other half is the mother that bore the baby // Beauty could be all the models all across the pages / But really, that's just looks, that comes and goes with agin' / Real beauty is the beauty of love and patience / Embracin' your kids, instead of tryna change em' // I've seen so many things beautiful across the places / A spider web, a sunset, a vast oasis / The world is full of miracles from present to ancient / But our ego's in the middle of it, sayin' it aint' shi\* // We gotta take it back to the days when we laughed and played with / Little toys, big dreams, like I'm drivin' a spaceship / You can join me if you think space trips are amazin' / Or been waiting for the day to have a dream and then taste it //

#### [Chorus]

V-2: What's more beautiful than 2 grandparents / Sharing love like 2 doves, but it seems transparent / Yet for cubs like us, marriage seems so daring / But they play it cool, like its not that scary / And thats carried to the youth and their posterity / Proving love can spread instead of being a rarity / So Gates makes a bill, and gives a mil to charity / And that spills to the villages that need the caring // See its, beautiful how those with barely / Anything can survive and live more merrily / Than those with mansions, and cars with leather seats / I guess greed is just a human tendency // But whether you're from Thailand or Tennessee, / The sunlight shines with the same intensity / Like miracles that are always sent til' we / Figure beautiful is what we all are meant to be //

#### [Chorus]

Bridge: So Alive / Everything I feel inside / So Beautiful / So I smile / To everything that's wrong in life / I knew Moms was right, now I got God in sight / So I pray / Take the blue skies from the grey / So beautiful / Everyday / Everyday I dream about how its gonna be a better place //

### [Chorus]

# GRADUATION

Written and performed by Nimesh 'Nimo' Patel & Nipun Mehta\*
Beat by Epistra / Mixed by Brian Nicholls

\*Excerpts taken from Nipun Mehta's 2013 Harker Commencement Speech

TO MY PEOPLE

Written and performed by Nimesh 'Nimo' Patel, Chad Harper (FAMUS) & Nick Dalton
Beat by Francis Le V / Mixed by Brian Nicholls

Intro: Thank you, Thank you for the warm welcome / Graduating Class I share with you a few words as you begin this new chapter in your lives...//

V-1: Have your eye on the goal, but then let it all go / For everything changes, as you will come to know / Every plan you make, and every seed you sow / Is impermanent, nothing is ever yours to own // Once you realize this, oh you will see the truth / That you never were the planter of your own fruits / But accept these gifts even if you don't from who / And kindly pay it forward to those behind you / Cuz ultimately, what we take will always disappear / But what we give will live on for years / So keep giving, of your stuff and yourself / Until your ego, has completely melted // Be wary of the impact that you wanna make / Instead make sure you are impacted each day / Have your eye on the sky, but still see the ants / For the small things are the foundation of all that will last //

**Chorus:** We move on / As time passes by / Let's just hope we move from / Darkness to light / When we reach the top / And we look back, I / Hope you cry / Filled with tears of joy, satisfied //

V-2: Be careful not to accumulate too many things / Because you may just end up with a pot full of greed / And doing, likewise can also be deceiving / So I encourage you all to practice just being / Be still, be happy, be loving, be kind / Be humble, be magical, be aware, but be blind / Don't judge, see the good in each and every soul / Use your mind when needed, but follow your heart even more / Also, don't forget to thank God, every time you fail / Cuz your journey from failure, will be your legacy and tale / Remember to feed birds, hug trees and bow to the sun / Until you and Mother Nature are one // The last thing, is to be grateful for all of your gifts / For gratitude and suffering cannot co-exist / When you reach this space, every moment will be bliss / And this graduating class, will mark your success //

### [Chorus]

V-3 (Nipun Mehta): Happy, free, confused and lonely, miserable and magical at the same time / Our capacity to love is a currency that just never runs out / Consider the likes of Gandhi, Martin Luther King, Mother Theresa / And may each of you tap into that generous ocean and discover everyday what it means to give / In giving may you fully experience what it means to receive / And as Martin Luther King Says, "Everyone can be great, because everyone can serve" / May you all find greatness in service to life / May you all give, receive and never ever stop dancing. Thank you //

V-1: From the day that we were born / And mom hugged us with warmth / And we grew cuz we knew we had all your support / From the fams, to the friends / Your love was medicine / Keep givin' us the strength to rise / When we would sin // And the knowledge that we gained / Through every single mistake / But you never backed down / Through this you taught me faith // Every single one of you / Through being you, you do / Find a way to spread love through / Truth, through me and you // And its because of you, I grew / Because of you, I flew / Because of you, I made it through / Without residue / Because of you / We all have a home to come to / You're a blessing to us all, so keep just being you //

**Chorus**: To my people yeh / You're my soul, you're my roots / Your're my family, my life and my truth // To my people yeh / Your everybody, every being, every life, every moment, everything / To my people yeh / Your my God, you're my soul / You're the one that pushes me to help me grow // To my people yeh / I bow down to your heart of gold //

V-2 (Famus): First I thank the Universe, the infinite the all / God, Jah, Allah, whatever name you call / Then I thank the ancestors, yes the predecessors / The wisdom and the knowledge that they pass only bless us // Shout to Marcus Garvey, MLK, Malcom, Gandhi / Bob Marley, Michael Jackson, Tupac, they remind me / The power of the pen, the music and the voice / Everything they've done, lets me know I have choice / Now for my people, mom, pops, sister, brothers // Best friend, acquaintance, lover, co-worker / Even if I don't know you, all the good that you do / Helps me see my way through / Service Space thanks for sharing all the good news //

#### [Chorus]

V-3 (Nick Dalton): When I close my eyes they're all I see / Learned souls who walk with me / They taught to laugh / They taught to love / You go to hug when push comes to shove / Turn the cheek / Forgive / Walk away / Tomorrow is another day / Life is short / Helping hands they say / Are holier than the ones who pray... / Now Pray //

#### [Chorus]

All my people / How I love you / Want you to know / All my people / How I love you so / All my people / I walk with you from my soul // You're my people //

#### [Chorus]

### [Chorus]

# **DEAR GOD**

Written and performed by Nimesh 'Nimo' Patel & Nicco Beat by Epistra / Mixed by Brian Nicholls

# **ODE TO WOMEN**

Written and performed by Nimesh 'Nimo' Patel, Swapnil Shah & Kiran Belur Beat by Harry Dixon / Tabla by Gurpreet Channa / Mixed by Lohit Pattanaik

Intro: Dear God / I found my way home, I found my way home, I found my way home / Dear God / I found my way home, I found my way home //

V-1: Dear God, growin' up, I always prayed / Said your name probably over 100 times a day / Never met you, couldn't see you, but had a lot of faith / Thank Mom and Dad for introducing us at a young age // As I grew a little older, though, so did my mind / Curiosity turned to skepticism in due time / Began questioning all the rituals and little rhymes / From the sacred books they said you wrote each and every line // How could you, but they said you did so you must've / Wasn't hundred percent sure, but in them I trusted / So I bowed, kneeled, sat in silence and even read / Went to the temple and prayed every night before bed // Looking back now I'm not really sure what "prayer" meant / I guess closing my eyes and doing what other people said / And askin' for things, like any other kid / Interesting the relationship that you and I had, huh? //

Chorus (Nicco): Hold my hand / Hold my hand / So I don't walk alone / Callin' your name / Callin' your name / Don't know where to go / I found my way / I found my wayyyy...home / And now, I'm yours, oh yeh, yeh //

V-2: By the time I got to college, God, I prayed much less / Except for...before eating, understandable, I guess / See I wasn't clear from the start as to who you really were / And then I saw and heard so much fear it all became a blur //I thought religion was supposed to be pure, and not bad / When I saw people use your name in vain, it made me sad / And that was just the start, even worst was segregation/ Temples, Mosques, Churches, Synagogues and different congregations // They all spoke your gospel, even posted up your paintings / But behind your name, in the dark they murdered and defamed- / Instead of love, God, intolerance and greed has pervaded / Hallow at the marketing, but shallow in the faith // I was jaded, God, didn't really understand the reason, / How all your children in your name could dare commit treason / So I kept my distance and just prayed that one day / You'd bring it all together in my heart and just explain... // [Chorus]

V-3: When I hit thirty God, the clouds started to part / The answers started seepin' in, I think you heard my call / You started showin' up everywhere, not only when I'd fall / But every small blessing, I could start to feel it all // The love, the patience, the angel, the satin / How we're all sinners who fall, but get up to be saints / The humility, the grace, acceptance of all the change / Suddenly not being kind, started to feel strange // You used to be a statue, but not anymore / I see you more outside the walls, than inside those doors / You're Mother Nature, the sun, the water and the dirt / My enemy, my best friend, what hits me at my core // Most of all you're my teacher, to be a better soul / Fallin' down, getting up, so every moment I can grow / You are in me, God, you are the deepest root / From darkness to light, you are my Inner Truth // [Chorus]

Outro x2: Dear God // I found my way home, I found my way home, I found my way home / Dear God / I found my way home, I found my way home //

V-1 (Swap): Shanti ti besin ne, vichar karuchu / Barabar Mom, thamne kevirite apu / Ane, Ah nano chokro ave moto thaiygayo / Pan yad rakis, thamara lidej aiya ponchigayo / A simple rhyme in these complicated times / Is hard to come by, to tell the truth I'm kinda' stunned by / You know I used to think the soul could only take so much / But now I realize that it only takes your touch // Satya ne shakti thamare aankho me jamela / Karma ne moksha thamara dil me ramela / Prem ne dharma thamari agar tho page lage / Thamari mate surya tho akhi raat jage // Teach me how to go against the grain with grace / Can't you see, humanity should plant the seeds in the smile of your face / Quietly without expectation, / Without the need for others approval and affirmation // See you lay the foundation / Since the beginning of time / And right now, I only wish that I could press rewind / And take back any pain, I've ever caused you / Now I pause to, think about life if I lost you // But enough of all that, its time to celebrate / Cuz every moment that we look to you we dedicate / And truth be told, cuz you can see it in my eyes / A genuine thank you, cuz you're the women in our lives //

**Chorus**: You are our women / It would be such a struggle without you / Couldn't imagine how I would ever make it through / The beauty that you bring to my life is so true / That's why I appreciate you / You are our women //

V-2 (KB): You're like an aberration of my imagination / There's no exaggeration to describe my adoration / For all the things that you bring to our lives / When I look in your eyes, I see the past and the future // From the mother to the wife, you the giver of life / And from the daughter to the sister you the lifter of strife / You the pati, the auntie, the shakti, the shanti, maharani / I'm so lucky just to have so many of you in my life // Looking out for me, with that smile sweeter than honey / And there's never been a moment, I've had to doubt that you loved me / Even though I'm crazy and sometimes I don't have a clue / But as a man, there's certain things I just have to do // And I appreciate how even when you can't relate / How you always seem to take my world with trust and have faith / You're the picture of patience, the definition of love / And no matter how much we tell you / it could never be enough / We love you // [Chorus]

V-3: Kem apri chokri apri pachar chale che, kem / Apru dachu nu jem a vaat tho sachu hoy tho mane ke / Thya desh ma radhthatha / Apri chokri nu prem to joya vagar chor nu jem apre letata // Ne ave time, every time I close my eyes / I dream of visions of beautiful queens that walk by my side / I hold your hand in this time, put you on the highest pedestal / Like the point on the peak of the mountain and never let it go // Mammi, thame tho mari shakti cho, bhagvan nay tho thamari mari bhakti lo / I pray to God that you never run out of my life / Cuz I've seen too many ego'd men live in adamant strife // You're the catalyst in times like these, I think twice / Ne threeji vakat nu jingi mari jingi is your life / That's right, you're the testament, proof and birth certificate / Yes, your the women in our lives thanks for listenin // [Chorus]

# **KEEP LOVING**

Written and performed by Nimesh 'Nimo' Patel Beat by Epistra / Mixed by Brian Nicholls

## **PRAYER**

Written and performed by Nimesh 'Nimo' Patel Beat by Mike Lightner / Mixed by Brian Nicholls

V-1: Whether you're different, same, ignorant or intelligent / Whether you tell the truth, lie or embellish it / Whether you live in gratitude or for the hell of it / It doesn't really matter, we're still one single fellowship / Whether you've been lustful or livin' celebate- / Whether you're an optimist or only see the negative- / Whether you're dead broke or rich from inheritance / It doesn't really matter, we're made of the same sediments / Whether you got a family or single parentin'- / Or your Asian, African, European or American / Whether you pray-to-God or atheist is irrelevant / Cuz what you got inside is the same as all your bretheren //

Chorus: So keep loving / It'll change your heart, it'll change your mind / And then you'll start to change your eyes / So keep loving / Everything you touch, everyone you see / Will soon become, your family //

V-2: Do you see yourself in the troubled and the homeless / Can you say everywhere you are is where your home is / Sharing your heart in the dark just like a lotus / Lettin' your light shine bright so you can flow this // Everlasting love of grace like those did / Jesus, Mohammed, Krishna, Buddha and Moses / Who carried the weight of the world upon their shoulders / So every time you fall down, go 'head and hold this // Close to your heart, cuz you're a love soldier / And every time you getta chance you pay it forward / Moving closer to Heaven's gates we're all soarin' / Because of you love is where we're headed towards //

#### [Chorus]

V-3: So keep loving... / Gotta keep on loving / Gotta keep on sharing / Gotta keep on trying / Gotta keep on caring / Gotta keep the light on through dark and despair / Gotta spread the love, where nobody cares //

### [Chorus]

Well, I'm sittin' here in silence / Sendin' people smiles an / Realizin' when we send out love / It keeps on risin' // So I choose to close my eyelids / To send positive vibes an / To every living being / From the ocean to the skies an // As I look at all the crisis / I realize that I just / Can send my love and prayers / And forgive all of my rivals // To me this is all priceless / To transform all the violence / Through sacrifice and trying / Sitting on this cushion silent // May all beings be happy / Peaceful and non-violent / May not one being suffer / In the mind even the tyrants // May all souls find alignment / With their hands their hearts and minds / And may all of us keep walking / From ignorance to be wiser....like..... // Oooohhhh, I'm sending prayers out to you / I'm s



"When all is said and done, kindness is all we can leave behind"