Physical Health and Well-Being

Physical readiness for the school day
- Over/Underdressed for school-related activities
- Too tired/sick to do school work
- Late
- Hungry

Gross and fine motor skills
- Proficient at holding a pen, crayons or a paintbrush
- Ability to manipulate objects
- Ability to climb stairs
- Level of energy throughout the school day
- Overall physical development

Physical independence
- Independent bathroom habits most of the time
- Shows an established hand preference
- Well-coordinated
- Sucks a thumb/finger