Emotional Maturity

Prosocial and helping behavior
- Tries to help someone who is hurt
- Volunteers to clean up a mess someone else has made
- Will try to stop a quarrel or dispute
- Offers to help others who have difficulty with a task
- Comforts a child who is crying or upset
- Spontaneously helps to pick up objects which another child has dropped
- Invites bystanders to join a game
- Helps other children who are feeling sick

Aggressive behavior
- Gets into physical fights
- Bullies or is mean to others
- Kicks, bites, hits other children or adults
- Takes things that do not belong to him/her
- Laughs at other children’s discomfort
- Disobedient
- Has temper tantrums

Anxious and fearful behavior
- Is upset when left by a parent/guardian
- Seems to be unhappy, sad, or depressed
- Appears fearful or anxious
- Appears worried
- Cries a lot
- Nervous, high-strung, or tense
- Incapable of making decisions
- Shy

Hyperactive and inattentive behavior
- Can’t sit still, restless
- Distractible, has trouble sticking to any activity
- Fidgets
- Impulsive, acts without thinking
- Has difficulty awaiting turn in games or groups
- Cannot settle into anything for more than a few moments
- Inattentive