

Monday

1:00 Grommets
3:00 Level 1 Ages 6-8
3:30 Grommets
3:30 Stars
4:00 Level 1 Ages 6-8
4:00 Hot Shots
4:30 Hang Five
5:00 Level 2 Ages 9 and up
5:00 FLEX
5:30 Level 1 Ages 6-8
5:30 Grommets
5:30 Level 3/4 Team
6:00 Hang Five
6:30 Beginning Tumbling
6:30 Intermediate Tumbling
7:00 Level 1 Ages 9 and up

Tuesday

10:00 Grommets
11:00 Grommets
3:00 Hang Five
3:30 Grommets
3:30 Boys Power Hour
4:00 Level 2 Ages 6-8
4:00 Level 3
4:30 Hang Five
4:30 Level 1 Ages 6-8
5:00 Level 2 Ages 6-8
5:30 Level 1 Ages 9 and up
5:30 Girls Tumbling
6:00 Grommets
6:30 Boys Power Hour
6:30 Level 1 Ages 6 and up
6:30 Demo Team
7:30 Beginning Tumbling

Wednesday

10:00 Play Date 1's
11:00 Grommets
3:00 Hang Five
3:30 Stars
4:00 Hots Shots
4:00 Level 3
5:00 Level 1
5:30 Level 3/4 Team
5:30 Grommets
5:30 Hang Five
5:30 Boys Power Hour
6:00 Beginning Tumbling
6:30 Level 2 Ages 9 and up
6:30 Level 1 Ages 9 and up

Thursday

11:00 Grommets
1:00 Play Date 2.5
3:00 Grommets
3:30 Level 1 Ages 6-8
4:30 Level 2
4:30 Level 1 Ages 9 and up
4:30 Grommets
4:30 Boys Power Hour
5:00 Level 1 Ages 6-8
5:30 Advance BPH
5:30 Hang Five
5:30 Grommets
5:30 Rec level 4
6:00 Level 3
6:00 Level 1 Ages 6-8
6:30 Level 1 Ages 9 and up
6:30 Level 2 Ages 9 and up
7:00 Beginning Tumbling

Friday

10:00 Play Date 2's
11:00 Grommets
2:00 Level 1 Ages 6-8
3:30 Grommets
3:30 Hang Five
4:00 Level 1 Ages 6-8
4:00 Level 2
4:30 Stars
4:30 Level 3/4 Team
5:00 Hang Five
5:30 Level 1 Ages 6 and up

Recreational Classes

Pricing is monthly for 1 class a week

Play Date (Parent/Child, walking-20mos) 50 min \$79

Wednesday 10:00am
Thursday 1:00pm
Friday 10:00am

Grommets (Gymnastics for 3 years-5 years) 50 min \$79

Monday 1:00pm, 3:30pm, 5:30pm
Tuesday 10:00am, 11:00am, 3:30pm, 6:00pm
Wednesday 11:00am, 5:30pm
Thursday 11:00am, 3:00pm, 4:30pm, 5:30pm
Friday 11:00am, 3:30pm

Hang Five (5 years-6 years) 60 minutes \$99

Monday 4:30pm, 6:00pm
Tuesday 3:00pm, 4:30pm
Wednesday 3:00pm, 5:30pm
Thursday 5:30pm
Friday 3:30pm, 5:00pm

Level 1 (6-8yrs) 60 minutes \$99

Monday 3:00pm, 4:00pm, 5:30pm
Tuesday 4:30pm, 6:30pm
Wednesday 4:30pm
Thursday 3:30pm, 5:00pm, 6:00pm
Friday 2:00pm, 4:00pm, 5:30pm

Level 1 (9 and up) 60 minutes \$99

Monday 7:00pm
Tuesday 5:30pm
Wednesday 6:30pm
Thursday 4:30pm, 6:30pm

Level 2 (6-8yrs) 90 minutes \$139

Tuesday 4:00pm, 5:00pm
Thursday 4:30pm
Friday 4:00pm

Level 2 (9yrs and up) 90 minutes \$139

Monday 5:00pm
Wednesday 6:30pm
Thursday 6:30pm

Level 3 (7 years and up) 120 minutes \$179

Tuesday 4:00pm
Wednesday 4:00pm
Thursday 6:00pm

Rec Level 4 120 minutes \$179

Thursday 5:30pm

Boys Power Hour (6yrs+) 60 minutes \$99

Tuesday 3:30pm, 6:30pm
Wednesday 5:30pm
Thursday 4:30pm

Advanced Boys Power Hour (7yrs+) 90 minutes \$139

Thursday 5:30pm

FLEX Conditioning and Strength Training (6yrs+) 60 minutes \$99 (co-ed)

Monday 5:00pm

Girls Tumbling (6-10yrs) 60 minutes \$99

Tuesday 5:30pm

Beginning Tumbling (10years and up) 60 minutes \$99

Monday 6:30pm
Tuesday 7:30pm
Wednesday 6:00pm
Thursday 7:00pm

REGISTER ONLINE
www.sdgymnastics.com

OTAY RANCH

2015 Birch Road
Chula Vista, CA 91915
(619)482-6722

Annual Membership
\$59 Recreational

TEAM PROGRAMS

(Invite Only)

Hot Shots Pre-Team (4-6yrs) - \$219

Monday/Wednesday
4:00pm-5:30pm

Stars Pre-Team (6yrs+) - \$249

Monday/Wednesday
3:30pm-5:00pm
Friday
4:30pm-6:30pm

Competitive Team - \$369

Monday/Wednesday
5:30pm-7:30pm
Friday
4:30pm-7:00pm

Demo Team 60 min - \$59

All ages Tuesday 6:30pm

Annual Memberships

\$99 Pre-Team (includes leotard)
\$249 Team (includes leotard)

SPECIAL EVENTS

Open Gym (ages 5+)

Saturday 10am-12pm
Members \$20
Non-Members \$30

Afternoon Away (5 & under)

Wednesday 12pm-1pm
Members \$10
Non-Members \$15

Teen/Adult Open Gym

Wednesday 7:30-8:30pm
Members \$10
Non Members \$15

Birthday Parties (Saturdays)

1:00 pm, 3:00 pm
\$225 (1.5 hours up to 10 kids)
\$15/ extra child