

## Monday

10:00 Play Date 1's  
11:00 Grommets  
1:00 Grommets  
1:00 Hang Five  
3:00 Level 1 (6-8yr)  
3:30 Grommets  
3:30 Hang Five  
3:30 Shooting/Shining Stars  
4:00 Level 2  
4:30 Hang Five  
4:30 Level 1 (6-8yr)  
4:30 Boys Power Hour  
5:30 Hang Five  
5:30 Level 1 (6-8yr)  
5:30pm Advanced  
5:30 Level 3/4 Comp. Team  
6:30 Boys Power Hour  
6:30 Level 1 Ages 9 and up

## Tuesday

9:00 Grommets  
10:00 Play Date 2's  
10:00 Grommets  
11:00 Grommets  
3:30 Level 1 Ages 6-8  
3:30 Grommets  
3:30 Boys Power Hour  
4:00 Hot Shots  
4:30 Demo  
4:30 Grommets  
4:30 Hang Five  
4:30 Level 1 Ages 6-8  
5:30 Level 2 Ages 6-8  
5:30 Grommets  
5:30 Xcel Comp. Team  
6:30 Level 1 Ages 9 and up  
7:00 Intermediate Tumbling  
7:30 Beginning Tumbling

## Wednesday

9:00 Play Date 2's  
10:00 Play Date 2's  
11:00 Grommets  
1:00pm Play Date 2  
1:00pm Grommets  
3:00 Grommets  
3:00 Level 1 Ages 6-8  
3:30 Hang Five  
4:00 Grommets  
4:00 Shooting Stars  
4:00 Level 2 Ages 6-8  
4:30 Level 1 Ages 6-8  
5:30 Grommets  
5:30 Level 3/4 Comp. Team  
5:30 Level 1 Ages 6-8  
5:30 Level 3 Ages 7 and up  
6:30 Level 1 Ages 9 and up  
6:30 Beginning Tumbling  
7:30 Open Gym

## Thursday

9:00 Play Date 2's  
10:00 Play Date 2's  
10:00 Grommets  
11:00 Grommets  
1:00pm Hang Five  
2:00 Level 1 Ages 6-8  
2:00 Level 2 Ages 6-8  
2:00 Level 3  
3:00 Grommets  
3:30 Grommets  
3:30 Boys Power Hour  
4:00 Hot Shots  
4:00 Hang Five  
4:30 Level 1 Ages 6-8  
4:30 Level 2 Ages 9 and up  
4:30 Level 3  
5:30 Grommets  
5:30 Hang Five  
5:30 Xcel Comp. Team  
5:30 Advanced Gymnastics  
6:00 ADV Boys Power hour  
6:30 Level 1 Ages 9 and up

## Friday

9:00 Grommets  
10:00 Play Date  
10:00 Grommets  
11:00 Morning Away  
3:00 Hang Five  
3:00 Level 1  
3:30 Level 2 Ages 6 and up  
4:00 Stars  
4:00 All Comp. Team  
5:00 Grommets

## Recreational Classes

Pricing is monthly for 1 class per week

### Play Date 1's (Parent/Child Gymnastics for walking-20mos)

**50 min \$84 monthly**

Monday 10:00am

### Play Date 2's (Parent/Child Gymnastics for 18mos-3years)

**50 min \$84 monthly**

Tuesday 10:00am

Wednesday 9:00am, 10:00am, 1:00pm

Thursday 9:00am, 10:00 am

Friday 10:00am

### Grommets (Gymnastics for 3 years-5 years)

**50 min \$84 monthly**

Monday 11:00am, 1:00pm, 3:30pm

Tuesday 9:00am, 10:00am, 11:00am, 3:30pm, 4:30pm, 5:30pm

Wednesday 11:00am, 1:00pm, 3:00pm, 4:00pm, 5:30pm

Thursday 10:00, 11:00am, 3:00pm, 3:30pm, 5:30pm

Friday 9:00am, 10:00am, 5:00pm

### Hang Five (5 years-6 years) 60 minutes \$104 monthly

Monday 1:00pm, 3:30pm, 4:30pm, 5:30pm

Tuesday 4:30pm

Wednesday 3:30pm

Thursday 1:00pm, 4:00pm, 5:30pm

Friday 3:00pm

### Level 1 (6-8yrs) 60 minutes \$104 monthly

Monday 3:00pm, 4:30pm, 5:30pm

Tuesday 3:30pm, 4:30pm

Wednesday 3:00pm, 4:30pm, 5:30pm

Thursday 2:00pm, 4:30pm

Friday 3:00pm

### Level 1 (9 and up) 60 minutes \$104 monthly

Monday 6:30 pm

Tuesday 6:30pm

Wednesday 6:30pm

Thursday 6:30pm

### Level 2 (6-8yrs) 90 minutes \$144 monthly

Monday 4pm

Tuesday 5:30pm

Wednesday 4:00pm

Thursday 2:00pm

Friday 3:30pm

### Level 2 (9yrs and up) 90 minutes \$144 monthly

Tuesday 5:30pm

Wednesday 4:00pm

Thursday 4:30pm

Friday 3:30pm

### Level 3 (7 years and up) 120 minutes \$184 monthly

Wednesday 5:30pm

Thursday 2:00pm, 4:30pm

### Advanced Gym (Level 4+) 120 minutes \$184 monthly

Monday 5:30pm

Thursday 5:30pm

### Boys Power Hour (6yrs+) \$104 monthly

Monday 4:30pm, 6:30pm

Tuesday 3:30pm

Thursday 3:30pm

### Adv. Boys Power Hour (Invite only) 90 minutes \$144 monthly

Thursday 6:00 pm

### Beginning Tumbling (10yrs & up) 60 minutes \$104 monthly

Tuesday 7:30pm

Wednesday 6:30pm

### Intermediate Tumbling (10yrs & up) 90 minutes \$144 monthly

Tuesday 7:00pm

**INFORMATION: Ana@sdgymnastics.com**

## REGISTER ONLINE

[www.sdgymnastics.com](http://www.sdgymnastics.com)

## LIBERTY STATION

2751 Roosevelt Road

San Diego, CA 92106

(619)255-4277

## Annual Membership

**\$59 Recreational**

## Team Programs

(Invite Only)

### Hot Shots Pre-Team (4-6yrs) \$229

T/TH 4:00pm-5:30pm

### Stars Pre-Team (6yrs+) \$269

Monday 3:30pm-5:30pm

Wednesday/Friday 4:00pm-5:30pm

### Competitive Team \$389

Level 3/4

Monday/Wednesday 5:30-7:30pm

Friday 4pm-6:30pm

### Competitive XCEL

Tuesday/Thursday 5:30-7:30pm

Friday 4pm-6:30pm

### Demo Team 60 min \$64

All Ages Tuesdays 4:30-5:30pm

### Annual Membership:

\$99 Pre-Team (Includes leotard)

\$349 Team (Includes leotard)

## Special Events

### Open Gym (ages 5+)

**Saturday 9:00am-11:00am**

Members \$20

Non-Members \$30

### Morning Away (5 & under)

**Friday 11:00am-12:00pm**

Members \$10

Non-Members \$15

### Date Night (Fridays/Saturdays)

Members \$30

Non-Members \$40

### Birthday Parties (Saturdays)

**12:00pm, 2:00pm, 4:00pm**

\$225 (1.5 hours for up to 10 children)

\$15/extra child