

Monday

3:30pm Grommets
4:30pm Hang Five
5:30pm Level 1 (Ages 6-8)
6:30pm Level 1 (Ages 9+)

Tuesday

10:00am Play Date
11:00am Grommets
3:30pm Level 1 (Ages 6-8)
4:30pm Grommets
5:30pm Level 2 (Ages 6+)
5:30pm Boys Power hour
7:30pm Beg. Tumbling

Wednesday

10:00am Play Date
11:00am Grommets
1:00pm Grommets
1:00pm Hang Five
3:00pm Grommets
4:00pm Level 2 (Ages 6-8)
5:30pm Level 1 (Ages 6-8)
6:30pm Beg. Tumbling

Thursday

1:00pm Hang Five
2:00pm Level 1 (Ages 6-8)
3:30pm Boys Power Hour
4:30pm Hang Five
4:30pm Level 1 (Ages 6-8)
5:30pm Grommets
5:30pm Hang Five
6:30pm Level 1 (Ages 9+)

Friday

9:00am Grommets
10:00am Play Date
3:00pm Level 1 (Ages 6-8)
5:00pm Grommets

Recreational Classes

Pricing is monthly for 1 class per week

Play Date (Parent/Child, walking-3years)

50 min \$84
Tuesday 10:00am
Wednesday 10:00am
Friday 10:00am

Grommets (3 years-5 years)

50 min \$84
Monday 1:00pm, 3:30pm
Tuesday 11:00am, 4:30pm
Wednesday 11:00am, 1:00pm, 3:00pm
Thursday 5:30pm
Friday 9:00am, 5:00pm

Hang Five (5 years-6 years)

60 minutes \$104
Monday 4:30pm
Thursday 1:00pm, 4:30pm, 5:30pm

Level 1 (6-8yrs) 60 minutes \$104

Monday 5:30pm
Tuesday 3:30pm
Wednesday 1:00pm, 5:30pm
Thursday 2:00pm, 5:30pm
Friday 3:00pm

Level 1 (9 and up) 60 minutes \$104

Monday 6:30pm
Thursday 6:30pm

Level 2 (6-8yrs) 90 minutes \$144

Tuesday 5:30pm
Wednesday 4:00pm

Level 2 (9yrs and up) 90 minutes \$144

TBD

Level 3 (ages 7+) 120 minutes \$184

TBD

Advanced Gymnastics (ages 7+)

TBD

Boys Power Hour (6yrs+) 60 minutes \$104

Tuesday 5:30 pm
Thursday 3:30pm

Beginning Tumbling (10 yrs+)

60 minutes \$104
Tuesday 7:30pm
Wednesday 6:30pm

Intermediate Tumbling (10yrs+) 90 minutes

\$144
TBD

INFORMATION:

laura@sdgymnastics.com

There are no make ups, pro-rations or refunds for missed classes due to sickness or holiday.

REGISTER ONLINE

www.sdgymnastics.com

GROSSMONT CENTER

5500 Grossmont Center Dr.
Suite 267
La Mesa, CA 91942
(619) 567-0656

**Annual Membership
\$59 Recreational**

Team Programs

(Invite Only)

Hot Shots Pre-Team (4-6yrs) \$229
TBD

Stars Pre-Team (6yrs+) \$269
TBD

Competitive Team \$389
Level 3 TBD
Level 4 TBD
Xcel TBD

Demo Team 60 min \$64
TBD

Annual Membership:
\$99 Pre-Team (Includes leotard)
\$349 Team (Includes leotard)

Special Events

Open Gym (ages 5+)

Saturday 10:00am-12:00pm
Members \$20
Non-Members \$30

Morning Away (5 & under)

Friday 11:00am-12:00pm
Members \$10
Non-Members \$15

Date Night(Fridays/Saturdays)

Members \$30
Non-Members \$40

Birthday Parties (Saturdays)

12:00pm, 2:00pm, 4:00pm
\$225 (1.5 hours for up to 10 children)
\$15/extra child