



Young Adult Triduum Expedition Itinerary

Holy Thursday

- 5p Arrive CYE Base Camp
- 5:30 Lite Dinner (Crock Pot)
- 6 Depart for SJFC
- 8:00 Arrive SJFC
- 8:30 Intro to Triduum (Club G)
- 9:00 **MASS**
- 10:00 Procession
- 10:30 Readings of St. John's Gospel, Chapel of Repose
- 12p Repose Sacrament, Lights Out

Good Friday (no Mass only communion service on Good Friday)

- 7:30 Morning Office & Lauds, chapel
- 8 Breakfast
- 9 Morning Hike--Tofts Point
- 12p Fast & Silence begins (cheese & crackers, Bistro) CONFESSIONS AVAILABLE
- 2 Passion Service, Chapel
- 4:30 Stations of the Cross outdoors, *confessions available afterward until dinner*
- 5:30 Vespers
- 6 Dinner
- 7 Small group discussion & continued catechesis on Triduum, prep for Holy Saturday
- 9 Silence
- 10 Lights Out

Holy Saturday (this is a day of silence as we reflect on Jesus in the tomb)

- 5a *Optional Tenebrae Service for those interested (found in Magnificat)*
- 7:30 Office & Lauds
- 8 Breakfast
- 9 Solo Hikes (Peninsula State Park)
- 12p Light lunch (packed)
- 1 Return to SJFC, Free Time (silent)
- 3 **CONFESSIONS & Free time cont. individual silent prayer & reflection**
- 5:30 EP
- 6 Dinner
- 7 Small Group Discussion/hang out/prep for Holy Saturday Vigil Mass—Office of Reading
- 8 Matins
- 9:00 Lights Out

EASTER SUNDAY!

- 3am *WAKE UP!* That's right...we are celebrating the Easter Vigil MASS in the morning!!!!
- 3:30 Prep for Mass
- 4 **EASTER VIGIL MASS**
- 7 Easter Brunch
- 9 Depart St. Joseph Formation Center
- 11a Arrive CYE Base Camp