

JUICES

SWEET ENVY \$10

KALE
SPINACH
APPLE
PINEAPPLE
PARSLEY
LIME

REDHEAD \$10

CARROT
APPLE
LEMON
GINGER

SUSTAIN ME \$10

FENNEL
PINEAPPLE
LEMONGRASS
WHEATGRASS

ENERCHI \$10

PINEAPPLE
COCONUT WATER
CHLOROPHYLL
CHIA SEEDS

NAKED

ORANGE \$9
ORANGE

TRUE TANG \$10

CARROT
PINEAPPLE
ORANGE
TURMERIC

REJUVENATE \$10

BEEF
CARROT
CELERY
GRAPEFRUIT
ORANGE
LIME

KNOW YOUR

ROOTS \$10

BEEF
CARROT
APPLE
LEMON
GINGER

ROYAL FLUSH \$10

KALE
SPINACH
CELERY
CUCUMBER
APPLE
LIME
GINGER

AWAKEN \$10

ORANGE
GRAPEFRUIT
LIME

JUGOSO \$10

ROMAINE
SPINACH
FENNEL
ORANGE
CELERY
CILANTRO

CLEAN GREENS \$10

SPINACH
CUCUMBER
APPLE
PARSLEY
LEMON

REFRESHER \$10

SPINACH
CUCUMBER
PINEAPPLE
ORANGE
MINT

BLACK LEMONADE \$10

ACTIVATED CHARCOAL
LEMON
COCONUT SUGAR
ALKALINE WATER

NAKED

GRAPEFRUIT \$9
GRAPEFRUIT

HOT SHOT \$10

APPLE
ORANGE
LEMON
GINGER
CAYENNE

MASTER TONIC \$8

LEMON
AGAVE
CAYENNE
ALKALINE WATER

GARDEN VEGGIES \$10

CARROT
SPINACH
CELERY
CUCUMBER
LEMON
GINGER

ECOBAIN GREENS \$11

KALE
SWISS CHARD
CELERY
MICROGREENS
ROMAINE
LEMON
CUCUMBER
PARSLEY

MYLKS

CASHEW MYLK \$12

CASHEWS
HEMP SEED
VANILLA BEAN
CINNAMON
DATES
HIMALAYAN SALT
ALKALINE WATER

VANILLA ALMOND MYLK \$12

ALMONDS
VANILLA BEAN
CINNAMON
HIMALAYAN SALT
DATES
ALKALINE WATER

CACAO NUT MYLK \$12

ALMONDS
CASHEWS
HAZELNUTS
HIMALAYAN SALT
DATES
CACAO
ALKALINE WATER

BLUEBERRY KALE \$10

BLUEBERRIES, BANANA, SPINACH, KALE, COCONUT H₂O, SPIRULINA, HEMP HEARTS, DATES

GOJI CACAO \$10

CACAO POWDER, BANANA, GOJI BERRIES, VANILLA BEAN, COCONUT MYLK, ALMOND BUTTER, DATES

MOCHA MACA \$10

ESPRESSO BEANS, BANANA, CACAO POWDER, VANILLA BEAN, COCONUT MYLK, DATES, MACA ROOT, CHIA SEEDS

CREAMY CACAO \$11

COCONUT MYLK, PUMPKIN SEEDS, CHIA SEEDS, CASHEW BUTTER, DATES, VANILLA BEAN, CACAO NIBS, PROTEIN POWDER

STRAWBERRY BANANA \$10

STRAWBERRIES, BANANA, RAW HONEY, COCONUT H₂O, HEMP HEARTS, BEE POLLEN, VANILLA BEAN

ALMOND MATCHA \$10

MATCHA, BANANA, SPINACH, ALMOND MYLK, ALMOND BUTTER, HEMP HEARTS, RAW HONEY, FLAX SEEDS

THE LOCAL \$12

SASKATOON BERRIES, HASKAP BERRIES, RASPBERRIES, SEABUCKTHORNE BERRIES, BLUEBERRIES, RAW HONEY, COCONUT H₂O, PROTEIN POWDER

RAW LATTE \$10

ALMONDS
VANILLA BEAN
HIMALAYAN SALT
DATES
ALKALINE WATER

MATCHA MYLK \$12

ALMONDS
MATCHA
RAW HONEY
HIMALAYAN SALT
DATES
VANILLA BEAN
ALKALINE WATER

SALADS

ASIAN KELP SALAD \$11

ROMAINE, EDAMAME BEANS, KELP NOODLES, CHIVES, CARROT, PURPLE CABBAGE, NORI, GINGER MISO DRESSING

KALE CAESAR SALAD \$10

KALE, FENNEL, RADISH, ALMONDS, VEGAN CASHEW DRESSING

GOJI KALE SALAD \$10

KALE, GOJI BERRY, SUNFLOWER SEEDS, NUTRITIONAL YEAST, SHREDDED COCONUT, MAPLE DIJON DRESSING

CHICKPEA SALAD \$11

BEEF, CARROT, ARUGULA, KALE, AVOCADO, MIRCOS, CHICKPEAS, PUMPKIN SEEDS, BALSAMIC DRESSING

OW \$5.50

ORGANIC WHEATGRASS

WM \$5.50

WHEATGRASS, MICROGREENS

OG \$5

ORGANIC GINGER

E3 \$5.50

e3 LIVE, COCONUT WATER

OT \$6

ORGANIC TURMERIC

TLC \$4.50

TURMERIC, LEMON, COCONUT WATER, GINGER, COCONUT SUGAR

LGC \$4

LEMON, GINGER, CAYENNE

WELLNESS SHOTS

CHIA SEED BOWLS \$6.50

ENERGY BARS \$2.50 or 3 for \$6

MACAROONS \$2 or 3 for \$5

CHOCOLATE & VANILLA

Snacks vary based on availability and are subject to change

RAW SNACKS



THRIVE JUICE CO.

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SMOOTHIES