

Alfred Acupuncture practice pins Olean for new location

By DARLENE M. DONOHUE, Olean Times Herald | Posted: Tuesday, March 31, 2015 10:39 pm

OLEAN — An Alfred pair’s expanding medical practice now includes a location on Olean’s main business drag.

Michigan native Kevin Ferst and Sarah Nelson from Ohio, both licensed New York acupuncturists who inherited operations at Alfred Acupuncture: The Center for Traditional Acupuncture and Herbs in Alfred a little more than a year ago, are offering their services at a third location — 186 N. Union St. They also practice at Jones Memorial Hospital in Wellsville.

“We have several patients who come to our Alfred office from the Olean area, so we wanted to have a site for them and for the larger population that exists in the area,” Ferst said. “There isn’t really too many other acupuncturists around this part of the Southern Tier, so with this new location we’ll be able to better serve those from Olean, Allegany, Bradford, (Pa.), Cuba, Ellicottville and the other surrounding communities.”

The services at the new location will include acupuncture and herbal treatments.

Acupuncture, the stimulation of specific acupoints along the skin using the application of pressure, laser, heat or penetration of needles, is an ancient and natural method of helping to alleviate effects from various ailments.

“It’s the only medicine China had for 200-plus years, and it’s proven to be very beneficial when used alone, or along with Western medicine,” Nelson said.

THE TWO SPECIALISTS use thin needles on their patients, which can help ease issues such as pain, insomnia, depression, gynecological problems, digestive issues, and nausea stemming from chemotherapy and radiation treatments.



Acupuncture

Darlene M. Donohue/Olean Times Herald Acupuncturist Kevin Ferst gently taps a needle into a patient’s foot at Alfred Acupuncture’s new location in Olean.