

Personal Development Curriculum 2015-2016



St Paul's Way

Education • Foundation • Trust

	PD theme	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12&13
Autumn 1	Relationships (including SRE) Key strand: Communication	Friendship and family	Puberty	Consent and the law	Introduction to relationships	Domestic Violence	Societal and cultural perspectives on family, relationships, etc.
Autumn 2	E-Safety Key strand: Networking	Computer safety	Online bullying and the law	Grooming	Social media: good and bad	Protecting yourself online	How do I know that online sources are trustworthy?
Spring 1	Shared Values & Citizenship Key strand: Vision	Rights and responsibilities	Diversity and identity	Anti social behaviour	Democracy	The law	Life as global citizens
Spring 2	Substance awareness Key strand: Investigation	Intro to substances	Law and substances	Peer pressure	Developmental – case studies of the effects of substance misuse.		
Summer 1	Health Key strand: Participation	Personal Hygiene	Healthy eating and fitness	Body image and confidence	Mental Health	Coping with stress, staying healthy	
Summer 2	Life skills & IAG Key strand: Scholarship	Respect	First aid	Resilience	Study skills	Work experience	Preparing for University and Employment
Independence and preparing for life after school							

Key dates for extended tutor time

Autumn 1 - 3rd Week back

Wk1 Monday Period 1 – 14th September

Autumn 2 - 2nd Week back

Wk2 Tuesday Period 1 – 11th November

Spring 1 - 2nd Week back

Wk1 Thursday Period 1 – 14th January

Spring 2 - 2nd Week back

Wk1 Friday Period 1 – 4th March

Summer 1 - 2nd Week back

Wk2 Thursday Period 1 – 21st April

Summer 2 - Penultimate week of term

Wk2 Wednesday Period 1 – 6th July

These will be followed up by a weekly PD activity during tutor time and some drop down workshops and assemblies, which will cover the proposed theme.