

## New Testament Verses:

### 1Peter 2:11

<sup>11</sup> Dear friends, I urge you, as foreigners and exiles, to abstain from sinful desires, which wage war against your soul.

### Ephesians 5:3

<sup>3</sup> But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

### 1 Thessalonians 4:3-8

<sup>3</sup> It is God's will that you should be sanctified: that you should avoid sexual immorality; <sup>4</sup> that each of you should learn to control your own body<sup>[a]</sup> in a way that is holy and honorable, <sup>5</sup> not in passionate lust like the pagans, who do not know God; <sup>6</sup> and that in this matter no one should wrong or take advantage of a brother or sister.<sup>[b]</sup> The Lord will punish all those who commit such sins, as we told you and warned you before. <sup>7</sup> For God did not call us to be impure, but to live a holy life. <sup>8</sup> Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit.

### Matthew 5:27-30

<sup>27</sup> "You have heard that it was said, 'You shall not commit adultery.'<sup>[a]</sup> <sup>28</sup> But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. <sup>29</sup> If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. <sup>30</sup> And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

### Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

### Romans 13:13-14

<sup>13</sup> Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. <sup>14</sup> Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.

### 1Cor. 6:18-20

<sup>18</sup> Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. <sup>19</sup> Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup> you were bought at a price. Therefore honor God with your bodies.

2Cor. 7:1

Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

Galatians 5:16-17

<sup>16</sup> So I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever<sup>[a]</sup> you want.

Galatians 5:24

<sup>24</sup> Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Colossians 3:2

<sup>2</sup> Set your minds on things above, not on earthly things.

1Timothy 4:12

<sup>12</sup> Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.

2Timothy 2:22

<sup>22</sup> Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.

1 John 2:15-16

<sup>15</sup> Do not love the world or anything in the world. If anyone loves the world, love for the Father<sup>[a]</sup> is not in them. <sup>16</sup> For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world.

Old Testament Verses:

Gen. 39:8

<sup>8</sup> But he refused. "With me in charge," he told her, "my master does not concern himself with anything in the house; everything he owns he has entrusted to my care.

Psalms 119:9, 11

<sup>9</sup> How can a young person stay on the path of purity?

By living according to your word.

<sup>11</sup> I have hidden your word in my heart  
that I might not sin against you.

Proverbs 5:3-6

- <sup>3</sup> For the lips of the adulterous woman drip honey,  
and her speech is smoother than oil;  
<sup>4</sup> but in the end she is bitter as gall,  
sharp as a double-edged sword.  
<sup>5</sup> Her feet go down to death;  
her steps lead straight to the grave.  
<sup>6</sup> She gives no thought to the way of life;  
her paths wander aimlessly, but she does not know it.

Proverbs 5:21-22

- <sup>21</sup> For your ways are in full view of the LORD,  
and he examines all your paths.  
<sup>22</sup> The evil deeds of the wicked ensnare them;  
the cords of their sins hold them fast.

Proverbs 6:27-29

- <sup>7</sup> Can a man scoop fire into his lap  
without his clothes being burned?  
<sup>28</sup> Can a man walk on hot coals  
without his feet being scorched?  
<sup>29</sup> So is he who sleeps with another man's wife;  
no one who touches her will go unpunished.

Proverbs 6:32

- <sup>32</sup> But a man who commits adultery has no sense;  
whoever does so destroys himself.