

Last Revised

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A DEPARTMENT OF MAINEHEALTH

Access to Care Programs

Maine's Limited Family Planning Benefit

What is the Limited Family Planning Benefit?

The Limited Family Planning Benefit is a new benefit being offered by the Department of Health and Human Services in Maine (MaineCare) that offers free and confidential family planning and sexual health services.

What Does It Cover?

- Yearly health checkups
- Breast and cervical cancer screens
- All types of birth control, including emergency contraception
- Sterilizations for men and women
- Pregnancy testing
- STI and UTI testing and treatment
- Vaccines to protect you against HPV, Hepatitis B, and other STIs
- Other reproductive health services

How Do I Know if I Qualify?

You can be any age or gender. You can get this benefit if you:

- Live in Maine
 - If you are a Legal Permanent Resident, you must have had this status for 5 or more years to be eligible.
 - If you have been **granted** asylum, you are eligible even if you have been in the United States for less than 5 years.
- Have a **personal** income of less than \$496 a week, \$2,151 a month, or \$25,808 a year. The income of your family members does **not** count.

Want to Sign Up?

If you want to learn more about this benefit and find out how to apply, call the MaineHealth Access to Care programs at:

(207) 662-7947

Or toll free at:

1-877-626-1684

If you think your income is too high, call us anyway! We can help you find out what you qualify for and connect you to programs that can help you access affordable healthcare.

IMPORTANT: This program is **NOT** full MaineCare. This program is **NOT** health insurance. It does **NOT** meet the Affordable Care Act requirement to have health insurance. It will **NOT** protect you from having to pay the tax penalty.



MaineHealth

