

Florida College of Integrative Medicine

PATIENT INTAKE FORM/ INFORMACION DEL PACIENTE

Name/Nombre _____ Date/Fecha _____

Date of Birth / Fecha de nacimiento _____ Gender: Male/Masculino Female/ Femenino

NOW: PREGNANT/EMBARAZADA PACEMAKER/MARCA PASO HIV DISEASE/VIH HEPATITIS
 BLOOD TRANSFUSION/TRANSFUSION SANGUINEA

FAMILY HISTORY / HISTORIAL FAMILIAR:

Abuse/Abuso AIDS/SIDA Alcoholism/Alcoholismo Allergies/Alergias Asthma Cancer
 Chemical Dependency/Farmaco dependencia Diabetes Heart Disease/Enfermedades de Corazon High Blood Pressure/Alta Presion
 Mental Illness/Enfermedad Mental Respiratory Diseases/Enfermedades Respiratorias
 Seizures/ Convulsiones Stroke/Infarto Other/
Otros _____

YOUR PAST MEDICAL HISTORY/ILLNESSES: Other: _____

Historial de enfermedades Pasadas/Presente: Otras

Aids/HIV/VIH Alcoholism/Alcoholismo Allergies/Alergias Anemia Arthritis/Artritis Asthma/Asma
 Auto Immune Disease/Enfermedad Autoimmune Bleeding Disease / Hemorragias Breast Cysts / Quiste Seno
 Bi Polar Bronchitis Cancer Candida (Yeast) Chemical Dependency / Farmaco Dependencia
 Chronic Fatigue Syndrome / Syndrome de Fatiga Cronica Chronic Lung Disease / Enf Cronica de Pulmon Colitis
 Diabetes Eating Disorder / Desorden Alimenticio Fracture / Fracturas Glaucoma Gall Stones / Calculos
 Gout / Gota Headaches / Dolor de Cabeza Heart Disease / Enfermedad de Corazon Hepatitis Hernia
 Herniated disc / Herniado High Blood Pressure / Presion Alta High Cholesterol / Colesterol Alto
 Kidney Disease / Enfermedad de Riñon Liver Disease / Enfermedad de Hgado Low blood pressure / Baja Presion
 Migraine / Migrana Mononucleosis Multiple Sclerosis / Esclerosis Multiple Mental Illness / Enfermedad Mental
 Osteoporosis Organ Transplant / Transplante de Organo Parkinson's Pneumonia
 Prostate problems / Problema de Prostata Rheumatic Fever / Fiebre Reumatica
 Seizures/Epilepsy / Convulsiones/Epilepsia Sexually Transmitted Diseases (STD) / Enfermedades transmitidas sexualmente
 Stroke / Infarto Substance Abuse/Addiction / Adicciones Suicide attempt / Intento de Suicidio
 Thyroid Disease / Enfermedad de Tiroide Tuberculosis Ulcers / Ulceras Vaccine Reaction / Reaccion a vacunas
 Whooping Cough / Tos Perruna

SURGERIES: (Please include dates and if any complications)

Cirujias: (indique Fecha y complicaciones)

1 - _____ 2 _____
3- _____ 4 _____

TRAUMATIC INJURY: (Please include dates and if any complications)

Lesiones traumatica: (Indique fecha y Complicaciones)

Car accident / Accidente Automotriz
Falls / Caidas
Other

ALLERGIES / ALERGIAS

Drugs/Medication
Medicamentos
Chemicals?/ farmacos
Food / Comida _____ Seasonal/Environmental / Ambientales/Estaciones

CURRENT MEDICATIONS:

Medicamentos Actuales:

Chemical:
Quimicas:

Acid/Alkalines:
Acido/Alcalinos

OCCUPATIONAL/ENVIRONMENTAL EXPOSURES OR HAZARDS:

Exposiciones peligrosas ambientales/Trabajo:

Heavy Metals:
Metales Pesados
Electrical:
Electricas

Physical Labor:
Labor Fisica
Psychological:
psycologicas

HABITS/EXCESSIVE USAGE: (Please tell us how often & how much)

Habitos/Usos excesivos: (Indique frecuencia y cantidad)

- alcohol _____ artificial sweetener/endulsadores artificiales _____ chocolate _____
- cigarettes/ cigarrillos _____ coffee/ café _____ cola _____ drugs/drogas _____
- exercise/ejercicios _____ food/comida _____ salt/sal _____ sex/sexo _____
- sugar/azucar _____ tea/te _____ water/ agua _____ other/otro _____

CHIEF COMPLAINT / REASON FOR YOUR VISIT:

Queja Principal/ Razon de su Visita _____

How and when did this condition begin? _____

Cuando y como comenzo esta condicion? _____

Please list your main health concerns you would like to be free of, in order of importance:

Haga una lista de los problemas de salud que usted desea aliviar:

- 1. _____ 2. _____
- 3. _____ 4. _____

GENERAL (Please check all that apply to you within the last 3 months)

GENERAL (favor indicar todo lo que le apliqué en los ultimos 3 meses)

- | | | | |
|-----------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> poor appetite
poco apetito | <input type="checkbox"/> insomnia
insomnia | <input type="checkbox"/> bleeds easily
sangra con facilidad | Energy level: <input type="checkbox"/> high <input type="checkbox"/> moderate <input type="checkbox"/> low |
| <input type="checkbox"/> change in appetite
cambio de apetito | <input type="checkbox"/> hours of sleep
horas de sueno | <input type="checkbox"/> bruises easily
se lesiona facil | Nivel de energia alto moderado bajo |
| <input type="checkbox"/> large appetite
apetito abundante | <input type="checkbox"/> easy to fall asleep
duerme con facilidad | <input type="checkbox"/> chronic fatigue
fatiga cronica | Thirsty, desires: <input type="checkbox"/> hot <input type="checkbox"/> cold |
| <input type="checkbox"/> cravings
antojos | <input type="checkbox"/> heavy sleeper
duerme con profundidad | <input type="checkbox"/> lethargy
letargia | Sed, desea caliente frio |
| <input type="checkbox"/> weight gain
aumento de peso | <input type="checkbox"/> light sleeper
sueno liviano | <input type="checkbox"/> fatigue/tired
fatiga/cansancio | <input type="checkbox"/> room temp. <input type="checkbox"/> no desire |
| <input type="checkbox"/> weight loss
perdida de peso | <input type="checkbox"/> disturbing dreams
pesadilla | <input type="checkbox"/> sudden drop in energy
bajon de energia | Coldness: <input type="checkbox"/> hands <input type="checkbox"/> feet <input type="checkbox"/> back |
| <input type="checkbox"/> diff loosing/gaining w
dif perdida/aumento peso | <input type="checkbox"/> excessive need for sleep
somnolencia | <input type="checkbox"/> weakness
debilidad | Frio: manos pies espalda |
| <input type="checkbox"/> fevers
fiebres | <input type="checkbox"/> trouble staying asleep
dif en permanecer dormido | <input type="checkbox"/> work odd hours
horas raras de trabajo | Heat: <input type="checkbox"/> hands <input type="checkbox"/> feet <input type="checkbox"/> solar plexus / |
| <input type="checkbox"/> chills
escalofrio | <input type="checkbox"/> trouble falling asleep
dif para dormirce | <input type="checkbox"/> bitter taste
gusto amargo | Calor: manos pies plexo solar |
| <input type="checkbox"/> sweating
sudor | <input type="checkbox"/> sleep apnea
se despierta sin aire | Are you taking: _____ | <input type="checkbox"/> abdomen <input type="checkbox"/> whole body |
| <input type="checkbox"/> night sweats
sudor nocturno | <input type="checkbox"/> dizziness
mareado | <input type="checkbox"/> Aspirin
Aspirina | <input type="checkbox"/> abdomen <input type="checkbox"/> cuerpo completo |
| <input type="checkbox"/> sweats easily
suda facilmente | <input type="checkbox"/> headache
dolor de cabezas | <input type="checkbox"/> Blood Thinners
cuagulantes | Stiffness: <input type="checkbox"/> joints <input type="checkbox"/> back <input type="checkbox"/> limbs |
| <input type="checkbox"/> hot flashes
calores | <input type="checkbox"/> tremors/shaking
temblores | <input type="checkbox"/> Vitamins
vitaminas | Rigides articulaciones espalda brazos/
piernas |

- Intolerance to: hot cold wind
- Intolerancia: calor frio viento
- fan A/C
- abanico A/C

- Do you follow a special diet: yes no
- Sigue alguna dieta especial si no
- If so, please explain: _____
- favor explique

- Do you make time for relaxation/meditation/
Dedica tiempo paraa relajarse/meditar
- prayer? yes no
- nuves mentales coordinacion

- mental fog
- poor coordination
- Herbs
- Hierbas
- Reza
- si
- no
- edema
- vertigo
- Supplements

edema

vertigo

suplementos

SKIN AND HAIR (Please check all that apply to you within the last 3 months)

PIEL Y PELO (indique todo lo que le apliqué en los ultimos 3 meses)

- rashes psoriasis itching thinning of hair
- erupciones soriasis picor Perdida de cabello
- eczema eruptions fungal/yeast infection change in hair
- eczema erupsiones Hongo/ inf de levadura cambio en el cabello
- skin:** dry moist discharge change in skin texture other hair problems:
- Piel:** seca humeda supuraciones cambio en la textura otros problemas de cabello
- sores pimples/acne dandruff
- aftas acne caspa
- ulcers bruises loss of hair other skin problems:
- ulceras trauma perdida de cabello otros problemas de piel
- herpes hives balding
- herpes errupcion/alergias calvicie

HEAD, EYES, EARS, NOSE, MOUTH & THROAT(Please check all that apply to you within the last 3 months) CABEZA, HOJOS, OIDOS, NARIZ, BOCA y CUELLO (indique todo lo que le appliqué en los ultimos 3 meses)

- | <u>Head</u> | <u>Eyes (R/L)</u> | <u>Ears (R/L)</u> | <u>Nose</u> | <u>Mouth</u> | <u>Throat</u> |
|--------------------------------------------|-------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------|
| <u>Cabeza</u> | <u>Hojos(D/I)</u> | <u>Oidos (D/I)</u> | <u>Nariz</u> | <u>Boca</u> | <u>Cuello</u> |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> cataract/ | <input type="checkbox"/> loss of hearing | <input type="checkbox"/> loss of smell | <input type="checkbox"/> grind teeth | <input type="checkbox"/> dry throat |
| mareos | catarata | perdida de audicion | perdida de olfato | rechina dientes | garganta seca |
| <input type="checkbox"/> migraine | glaucoma | <input type="checkbox"/> discharge | <input type="checkbox"/> good sense of smell | | <input type="checkbox"/> drooling <input type="checkbox"/> |
| hoarseness | | secreciones | buen sentido olfato | babeo | cambio de voz |
| migranas | glaucoma | | | | |
| Headaches: | <input type="checkbox"/> eye pain | <input type="checkbox"/> earaches | <input type="checkbox"/> nose bleeds | <input type="checkbox"/> excess saliva | <input type="checkbox"/> recurrent |
| Dolor de cabza: | dolor de ojo | dolor de oido | sangramientos nasals | saliva excesiva | recurrente |
| <input type="checkbox"/> frontal | <input type="checkbox"/> twitching | <input type="checkbox"/> poor hearing | <input type="checkbox"/> allergies | <input type="checkbox"/> dry mouth | sore throat |
| frontal | mov involuntario | audicion pobre | alergias | sequedad bucal | dolor de garganta |
| <input type="checkbox"/> temporal | <input type="checkbox"/> floaters/spots | <input type="checkbox"/> itchiness | <input type="checkbox"/> nasal discharge | <input type="checkbox"/> gum disease | <input type="checkbox"/> loss of voice |
| temporal | flotantes | picor | secrecion nasal | enf de encias | perdida de voz |
| <input type="checkbox"/> vertex | <input type="checkbox"/> poor vision | Ringing in ears: | color: <input type="checkbox"/> yellow | <input type="checkbox"/> bad breath | <input type="checkbox"/> difficulty |
| vortex | pobre vision | Ruidos en el oido: | color: Amarillo | mal aliento | dificultad |
| <input type="checkbox"/> occipital | <input type="checkbox"/> blurry vision | <input type="checkbox"/> loud <input type="checkbox"/> soft | <input type="checkbox"/> white <input type="checkbox"/> clear | | <input type="checkbox"/> gum bleeding |
| swallowing | | | | | |
| occipital | vision borroza | alto suave | blanco claro | sangre encia | edema |
| <input type="checkbox"/> head injury | <input type="checkbox"/> night blindness | <input type="checkbox"/> high pitch | <input type="checkbox"/> green | <input type="checkbox"/> gum swelling | <input type="checkbox"/> "lump in troat" |
| trauma de cabeza | seguera nocturna | ruido alto | verde | edema en la encia | "bulto en garganta" |
| <input type="checkbox"/> facial pain | <input type="checkbox"/> itchiness | <input type="checkbox"/> low pitch | amount: | <input type="checkbox"/> scanty <input type="checkbox"/> taste in mouth | |
| dolor facial | picor | tono bajo | cantidad: | escaso sabor en la boca | |
| <input type="checkbox"/> facial paralysis | <input type="checkbox"/> glasses/contacts | <input type="checkbox"/> inflammation | <input type="checkbox"/> mod | <input type="checkbox"/> heavy <input type="checkbox"/> ulcers | <input type="checkbox"/> frequent |
| paralysis facial | espeuelos/contactos | inflamacion | moderado | pesado <input type="checkbox"/> ulcera | frecuencia |
| <input type="checkbox"/> sinus problems | <input type="checkbox"/> red eyes | <input type="checkbox"/> tenderness | <input type="checkbox"/> thick | <input type="checkbox"/> thin <input type="checkbox"/> sores | tonsillitis |
| problema de sinusitis | ojos rojo | sensitividad | grueso | fino | ulceras amigdalitis |
| <input type="checkbox"/> heaviness in head | other: _____ | other: _____ | <input type="checkbox"/> dry nose | <input type="checkbox"/> dry lips | <input type="checkbox"/> freq.Troat |
| pesades de cabeza | otros | otros | nariz seca | labios secos | clearing |
| | | | other / otros _____ | | garraspera |

CARDIOVASCULAR (Please check all that apply to you within the last 3 months)

CARDIOVASCULAR (indique tolo lo que le apliqué en los ultimos 3 meses)

- high blood pressure chest pain difficulty in breathing coma
- alta presion dolor de pecho dif en respirar coma
- low blood pressure cold hands/feet shortness of breath loss of consciousness
- presion baja manos fria falta de aliento perdida de consciencia
- dizziness swelling hands/feet dream disturbance heart pounding
- mareos edem manos/pies pesadillas palpitaciones cardiacas
- fainting irregular heart beat poor memory stifling sensation in chest
- desmayo pulsaciones cardiacas irregulares memoria pobre pecho trancado

- | | | | |
|--------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------|------------------|
| <input type="checkbox"/> palpitations
palpitaciones | <input type="checkbox"/> insomnia
insomnia | <input type="checkbox"/> mania/delirium
mania/alucinaciones | other:
otros: |
|--------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------|------------------|

RESPIRATORY (Please check all that apply to you within the last 3 months)

RESPIRATORIO (indique todo lo que le apliqué en los últimos 3 meses)

- | | | |
|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| <input type="checkbox"/> pneumonia
neumonía | <i>cough:</i> how long?
Tos: cuanto tiempo? | <input type="checkbox"/> shortness of breath
Falta de aliento |
| <input type="checkbox"/> bronchitis
bronquitis | <input type="checkbox"/> dry <input type="checkbox"/> croup <input type="checkbox"/> rapid <input type="checkbox"/> other
seca perruda seguida otra | <input type="checkbox"/> fullness in chest
pesadez en el pecho |
| <input type="checkbox"/> asthma
asma | <i>phlegm:</i> <input type="checkbox"/> thin <input type="checkbox"/> thick <input type="checkbox"/> clear
flema fina espeza clara | difficulty breathing:
dificultad para respirar |
| <input type="checkbox"/> coughing blood
tose sangre | <input type="checkbox"/> white <input type="checkbox"/> yellow <input type="checkbox"/> green
blanca amarilla verde | <input type="checkbox"/> sitting <input type="checkbox"/> lying down
sentado acostado |
| <input type="checkbox"/> wheezing
silvido en pecho | <input type="checkbox"/> tightness in chest <input type="checkbox"/> allergies
oppression en pecho alergias | <input type="checkbox"/> difficulty inhaling or exhaling
dificultad inhalado/exhalando |
| <input type="checkbox"/> frequent colds
catarros frecuentes | <input type="checkbox"/> sinus infection <input type="checkbox"/> post nasal drip
sinusitis goteo postnasal | <input type="checkbox"/> frequent sighing
suspiraciones |
| <input type="checkbox"/> chronic cough
tos crónica | <input type="checkbox"/> sinus congestion <input type="checkbox"/> heaviness in chest
congestion nasal pesadez en pecho | <input type="checkbox"/> other chest discomfort
otras molestias de pecho |

GASTROINTESTINAL (Please check all that apply to you within the last 3 months)

GASTROINTESTINAL (indique todo lo que le apliqué en los últimos 3 meses)

- | | | | | |
|--------------------------------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <input type="checkbox"/> food allergies
alergias a comidas | <input type="checkbox"/> taste in mouth
sabor en la boca | <input type="checkbox"/> loose stools
heces sueltas | <input type="checkbox"/> difficult stools
heces difíciles | <input type="checkbox"/> tenderness in abdomen
sensotividad en abdomen |
| <input type="checkbox"/> vomiting
vomitó | <input type="checkbox"/> belching
gases | <input type="checkbox"/> bloody/black stools
heces negras/oscuras | <input type="checkbox"/> mucus in stools
heces con mucosidad | <input type="checkbox"/> fullness in abdomen
llenura en abdomen |
| <input type="checkbox"/> cramping
calambres | <input type="checkbox"/> bad breath
mal aliento | <input type="checkbox"/> ulcers
ulceras | <input type="checkbox"/> hemorrhoids
hemorroides | <input type="checkbox"/> burning in abdomen
quemason en abdomen |
| <input type="checkbox"/> gas after meals
gases despues de presion abd las comidas | <input type="checkbox"/> hiccup
hipo | <input type="checkbox"/> increased appetite
aumento en apetito | <input type="checkbox"/> hernia
hernias | <input type="checkbox"/> like/dislike pressure
gusta/disgusta |
| <input type="checkbox"/> abd/stomach pain
dolor abdominal | <input type="checkbox"/> constipation
estrellimiento | <input type="checkbox"/> poor appetite
pobre apetito | <input type="checkbox"/> rectal pain
dolor rectal | <input type="checkbox"/> like/dislike cold
gusta/no gusta frio |
| <input type="checkbox"/> nausea
nausea | <input type="checkbox"/> diarrhea
diarrea | <input type="checkbox"/> hungry-no desire to eat
ambre sin apetito | <input type="checkbox"/> rectal bleeding
sangremiento rectal | <input type="checkbox"/> like/dislike warmth
gusta/no gusta calor |
| <input type="checkbox"/> overeat
llenura | <input type="checkbox"/> mouth sores
ulceras bucales | <input type="checkbox"/> dry, hard stools
heces secas/duras | <input type="checkbox"/> fluctuation in stools
fluctuacion en heces fecales | <input type="checkbox"/> pain with passing stool
dolar al defecar |
| <input type="checkbox"/> tastelessness
perdida de sabor | <input type="checkbox"/> heart burn/reflux
reflujo | <input type="checkbox"/> "nervous stomach"
"estomago nervioso" | <input type="checkbox"/> gall stones
calculi biliaris | <input type="checkbox"/> difficulty
dificultad al tragar |
| <input type="checkbox"/> fatigue after eating
fatiga luego de comer | <input type="checkbox"/> bulimia
bulimia | <input type="checkbox"/> cravings
antojos | | |

GENITO-URINARY (Please check all that apply to you within the last 3 months)

GENITO-URINARIO (indique todo lo que le apliqué en los últimos 3 meses)

- | | | | |
|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <input type="checkbox"/> burning /painful urine
ardor/dolor al orinar | <input type="checkbox"/> poor stream/scanty urine
orina escasa | <input type="checkbox"/> diminished sex drive
disminucion deseo sexual | <input type="checkbox"/> discharge
secreciones |
| <i>color:</i> <input type="checkbox"/> cloudy <input type="checkbox"/> pale
<i>Color:</i> nuboso palido | <input type="checkbox"/> dribbling urine
goteo | <input type="checkbox"/> increased sex drive
aumento de libido | <input type="checkbox"/> history of kidney stones
historial calculos renales |
| <input type="checkbox"/> dk yellow <input type="checkbox"/> pink/red | | <input type="checkbox"/> unable to urinate | <input type="checkbox"/> impotency <input type="checkbox"/> history of |
| bladder infections
Amarillo oscuro rosado/rojo incapacidad de orinar | | impotencia | infecciones de vejiga |
| <input type="checkbox"/> unable to hold urine
de aguantar la orina | <input type="checkbox"/> frequent urination
frecuencia de miccion | <input type="checkbox"/> genital itching
picor genital | <input type="checkbox"/> history of prostate problems incapacidad |
| <input type="checkbox"/> urgency to urinate
miccion con urgencia | <input type="checkbox"/> sexually active ?
sexualmente activo | <input type="checkbox"/> genital sores/pain
chancros genitales | <input type="checkbox"/> history of STD
historial de ETS |

- wakes up to urinate more than once per night How many times? _____
despierta mas de una vez para orinar. Cuantas veces? _____

NEUROPHYSIOLOGICAL (Please check all that apply to you within the last 3 months)

NEUROPHYSIOLOGICO (Indique todo lo que le apliqué en los ultimos 3 meses)

- | | | | |
|---------------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <input type="checkbox"/> history of mental illness
historial de enf mentales | <input type="checkbox"/> melancholy
melancolia | <input type="checkbox"/> joyful
alegre | <input type="checkbox"/> tremors/shaking
temblores |
| <input type="checkbox"/> depression
depresion | <input type="checkbox"/> grieving
luto/perdidi | <input type="checkbox"/> giddy
se rie mucho | <input type="checkbox"/> convulsions
convulsiones |
| <input type="checkbox"/> anxiety
ansiedad | <input type="checkbox"/> easy to anger
facil de enojar | <input type="checkbox"/> over-thinking
piensa demasiado | <input type="checkbox"/> coma
coma |
| <input type="checkbox"/> easily stressed
facil de estresarse | <input type="checkbox"/> irritability
irritabilidad | <input type="checkbox"/> talkative
hablador | <input type="checkbox"/> concussion
contusion |
| <input type="checkbox"/> confusion/foggy
confusion/neblura | <input type="checkbox"/> restlessness
inquietud | <input type="checkbox"/> silent
callado | <input type="checkbox"/> paralysis
paralysis |
| <input type="checkbox"/> lack of clarity
falta de claridad | <input type="checkbox"/> emotional
emocional | <input type="checkbox"/> extrovert
extrovertido | <input type="checkbox"/> trauma at birth
nacimiento traumatico |
| <input type="checkbox"/> moody
mal genio | <input type="checkbox"/> frequent sighing
suspiros frecuentes | <input type="checkbox"/> introvert
introvertido | <input type="checkbox"/> vaginal delivery
nacimiento vaginal |
| <input type="checkbox"/> fear/fright
miedo/sustos | <input type="checkbox"/> over-worried
preocupacion exseciva | <input type="checkbox"/> poor memory
mala memoria | <input type="checkbox"/> cesarean
cesaria |
| <input type="checkbox"/> hyper
hyperactivo | <input type="checkbox"/> bad-tempered
mal genio | <input type="checkbox"/> seizures
ataques | <input type="checkbox"/> considered/attempted suicide
considero/intento suicidio |
| <input type="checkbox"/> sadness
tristeza | <input type="checkbox"/> tics
movimiento involuntario | <input type="checkbox"/> panic
panico | <input type="checkbox"/> unable to focus
inhabilita para concentrarse |
| <input type="checkbox"/> frustration
frustraciones | <input type="checkbox"/> hopelessness
desesperanza | <input type="checkbox"/> feeling stuck
siente que no progressa | <input type="checkbox"/> seeing therapist
recibiendo terapeuta |

MEN'S HEALTH (Please check all that apply to you within the last 3 months)

SALUD MASCULINA (Indique todo lo que le apliqué en los ultimos 3 meses)

- | | | |
|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> prostate problems
problemas de prostata | <input type="checkbox"/> swellings, lumps and pain in testicles
inchazon, bultos /dolor testicular | <input type="checkbox"/> discharge from penis
secrecion del pene |
| <input type="checkbox"/> decreased libido
disminucion de libido | <input type="checkbox"/> cold feeling in genitals
sensacion genitalia fria | <input type="checkbox"/> difficult achieving and maintaining erection
dificultad en obtener /mantener ereccion |
| <input type="checkbox"/> hernia
herni
hernia | <input type="checkbox"/> difficult ejaculation
ejaculacion con dificultad
eyaculacion con dificultad | <input type="checkbox"/> injury to reproductive organs
organo reproductivo lastimados
lastimado organos reproductibo |
| <input type="checkbox"/> infertility
infertilidad | <input type="checkbox"/> painful erections
recciones dolorosas | <input type="checkbox"/> currently sexually active
sexualmente activo en la actualidad |
| <input type="checkbox"/> history of STD / historial de ETS | <input type="checkbox"/> other/otros: _____ | |

MUSCULO-SKELETAL (Please check all that apply to you within the last 3 months)

MUSCULO-ESQUELETO (Indique trodo lo que le apliqué en los ultimos 3 meses)

- Area:** face/cara jaw/quijada chest/pecho epigastric area/area epigastrica rib cage/costales
 low abdominal/abdomen bajo pelvic/pelvis genitals/genitales neck/cuello shoulder/hombros fingers/dedos
 upper back/espalda sup mid back/espalda med knee/rodilla lower back/espalda baja sacrum/tailbone/coxis
 sciatica/ciatica upper limbs/miembros superiores lower limbs /miembros inferiores feet/pies whole body/cuerpo completo
 bone/hueso muscle/musculo joint/cojuntura

Rate the pain: Scale 1-10 (10 worst)/ **Indique** intensidad del dolor escala 1-10 (10 es lo peor) 1 2 3 4 5 6 7 8 9 10

Please indicate which side is affected/ Indique que lado esta afectado: _____

How often is the pain present?/ Que porciiento de tiempo esta este dolor presente? 0-25% 26-50% 51-75% 76-100%

Do you often carry heavy objects?/ Carga usted objetos pesados? not often/no frecuente often/frecuente

Is your pain/ Es su dolor? : fixed/fijo moves around/se mueve radiates/iradia sharp/cortante dull/pesado

Is the pain **aggravated by** **alleviated by:** sitting standing movement pressure warmth

El dolor **se agrava con** **se alivia con:** sentado parado movimiento presion

cold/frío other/

otro: _____

- Do you have?** pain swelling burning weakness numbness tingling arthritis clicking
 Tiena usted dolor inchades quemazon debilidad area dormidad hormiguero arthritis
 stiffness spasms twitching shaking soreness tenderness unsteadiness
 tension rijidez espasmos adolorido sensibilidad desequilibrio
 tension heaviness better with movement worse with movement hernia
 pesadez major con movimiento peor con movimiento hernia

GYNECOLOGY AND PREGNANCY (Please check all that apply to you within the last 3 months)
GINECOLOGICO Y EMBARRAZO (Indique todo lo que le apliqué en los últimos 3 meses)

- Date of last PAP/ Fecha de ultimo PAP: _____ Last Menstrual Period/ Ultima menstruacion: _____
 endometriosis **color:** pale red/rojo palido light red/rojo claro currently sexually active/ sexualmente active
 pregnant currently/ embarazada pelvic pain/ dolor pelvico red/rojo dark red / rojo oscuro
 # of pregnancies/# de embarazos _____ # of live births/ num. Parto no. of miscarriages/# de Abortos naturales _____
 # of abortions/# de Abortos Inducidos _____ # of premature birth/ # nacimiento prematuro _____
 age at first menses/edad primera menstruacion fibroids/fibroma
 red/purple /rojo purpura purple/purpura length of period/ duracion periodo _____
 abd. Bloating/fullness/ distencion/llenura abd dk purple/ purpura oscura brown/carmelita
 spotting between periods **clots/** manchas entre ciclos cuagulos: large/grandes small/ pequenos
 early menstrual cycle(less 21 days)/ periodo temprana mood change before period/ cambio de humor antes de periodo
 body change before period /cambio corporal antes periodo late menstrual cycle (less than 35 days)/ periodo tarde (menos de 35 dias)

Menstrual pain/cramps/Dolor de Periodo: before/antes during/durante after/despues

Vaginal discharge/ Descarga vaginal:

- odor/olor no odor/no olor watery/aguado thick/espezo curdy/cortado itchy/picor **color:** clear/claro white/blanco
 yellow/amarillo bloody/sangriento
 infertility/infertilidad pain during intercourse/ dolor durante relaciones sexuales irregular menstrual cycle/ periodo irregular
 days of heavy flow/dias de flujo pesado _____ uterine prolaps/ prolapso uterino
 menopause/menopausa: pre post endometriosis

birth control pills:

- age at menopause **flow:** thick thin vaginal burning/itching
 pildora control de natalidad edad de menopausa **flujo:** mucho fino pocor/calenture vaginal
 history of ovarian cysts **amount:** scanty mod vaginal pain
 historiao quistes ovaries **cantidad escazos mod** dolor vaginal
 history of uterine problems heavy very heavy genital eruptions
 cuanto tiempo? Historial problemas uterinos pesado muy pesado erupciones genitales
 hormone replacement decreased libido absent menstruation
 remplazo hormonal disminucion de libido periodo ausente

BREAST (Please check all that apply to you within the last 3 months) SENOS (últimos 3 meses)

- history of breast disease breast tenderness **breast discharge:** clear white yellow green
 historial de enfermedades del seno sensibilidad senos **secretiones de seno:** claro blanco Amarillo verde
 breast lumps/masses breast fullness/swelling black blood watery thin thick
 masas/butos en senos inchazon/lleenura en senos Negro sangre aguado fino grueso
 history of breast cancer breast pain other:
 historial cancer seno dolor senos otros:

INFERTILITY (Please explain with as much detail as possible) INFERTILIDA (FAVOR DE EXPLICAR)

- How long have you been trying to get pregnant?/ Cuanto tiempo lleva intentando embarazarse?** _____
Have you tried any method of assisted reproduction?/ Ha intentado algun metodo reproduccion asistida? _____
Any long term exposure to chemicals?/Exposicion cronica a sustancias quimicas? _____
Do you keep track of you menstrual cycle?/ Mantiene calendario de su periodo? _____
Do you keep your BBT(Basal Body Temperature)?/Lleva cuenta de su temperature basal corporal? _____

Do you test yourself for ovulation?/Se autoexamina para ovulacion_? _____
Has your partner been evaluated for infertility?Ha sido su pareja examinado para infertilidad? _____
Anything else you would like to tell us?/Desea compartir cualquier otra informacion? _____

FLORIDA COLLEGE OF INTEGRATIVE MEDICINE
PATIENT INFORMATION FORM

Date _____

Name _____ Last 4 digits of Social Security # _____

Birth Date _____ Age _____ Marital Status _____ Gender: M _____ F _____

Address _____ City _____ State _____ Zip _____

Primary Phone Number _____ [] Home [] Mobile [] Work

Secondary Phone Number _____ [] Home [] Mobile [] Work

e-mail address: _____

Please check one of the following:

_____ **It is permissible to call and/or leave a detailed message.**

_____ **DO NOT CALL**

Place of Employment _____ Occupation _____

Address _____ City _____ State _____ Zip _____

Please list the family members or other persons, if any, whom we may inform about your medical condition **ONLY IN AN EMERGENCY:**

Name _____ Telephone Number _____

Name _____ Telephone Number _____

Please list the family members or other persons, if any, whom we may inform about your general medical condition and your diagnosis (including treatment, payment and health care operation):

Name _____ Telephone Number _____

Name _____ Telephone Number _____

[] I do wish to have this information disclosed.

How were you referred to the Clinic? _____

It is the responsibility of the patient to notify the Florida College of Integrative Medicine if any of their information should change. Please inform the front desk of any changes, so that we may update your records.

PRINT Patient Name

DATE

Patient Signature

NATIONAL INSTITUTE of ORIENTAL MEDICINE
dba Florida College of Integrative Medicine
7100 Lake Ellenor Drive, Orlando, Fl 32809-5721
Phone: (407) 888-8689 x10 Fax: (407) 888-8211

I hereby consent to the following provisions deemed necessary by NATIONAL INSTITUTE of ORIENTAL MEDICINE (NIOM) *dba* **FLORIDA COLLEGE OF INTEGRATIVE MEDICINE (FCIM):**

Patient's Name: (PLEASE PRINT): _____

- A. Treatment:** Any and all health care and treatment, which may include acupuncture, herbal formulas, TuiNa, cupping therapy, moxibustion, therapeutic exercises and/or nutritional counseling. I understand that needling and cupping therapy may cause bruising in some cases.
- B. Financial information:** All professional fees are due in full at the time services are rendered. I hereby acknowledge and accept full responsibility for any and all costs incurred. NIOM *dba* **FLORIDA COLLEGE OF INTEGRATIVE MEDICINE does not bill insurance or other third-party payers.** Therefore, it is my sole responsibility to request reimbursement from my health insurance plan if I desire reimbursement of costs paid.
- C. Authorization of Compensation:** Payment is made directly to NIOM *dba* **FLORIDA COLLEGE OF INTEGRATIVE MEDICINE** for the amount due after services have been rendered. Payment can be made by major credit cards or cash.
- D. Authorization to Use and Disclose Health Information:** I authorize **FLORIDA COLLEGE OF INTEGRATIVE MEDICINE** to use all of my medical data for educational purposes or in cases of disputed credit card transactions. **Confidentiality will be maintained.**

I authorize the release of any of my medical information to my insurance company for the purpose of assessing claims. This information includes records of examination, diagnosis, treatment and billing information during the duration of care. Unless revoked earlier, this authorization will expire 1 year from the date of signing or shall remain in effect for the period reasonably needed to complete the request.

Patient Signature: _____

Date: _____

Witness Signature: _____

Date: _____

(FCIM REPRESENTATIVE)

FLORIDA COLLEGE OF INTEGRATIVE MEDICINE
PATIENT CONSENT FORM

Our Notice of Privacy Practices provides information about how we may use and disclose protected health information about you. The Notice contains a Patient Rights section describing your rights under the law. You have the right to review our Notice before signing this Consent. The Terms of our notice may change. If we change our Notice, you may obtain a revised copy by contacting our office.

You have the right to request that we restrict how protected health information about you is used or disclosed for treatment, payment or health care operations. We are not required to agree to this restriction, but if we do, we shall honor that agreement.

By signing this form, you consent to our use and disclosure of protected health information about you for treatment, payment and health care operations. You have the right to revoke this Consent, in writing, signed by you. However, such a revocation shall not affect any disclosures we have already made in reliance on your prior Consent. The Practice provides this form to comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

The patient understands that:

- Protected health information may be disclosed or used for treatment, payment or health care operations.
- The Practice has a Notice of Privacy Practices and that the patient has the opportunity to review this Notice.

- The Practice reserves the right to change the Notice of Privacy Policies.
- The patient has the right to restrict the uses of their information but the Practice does not have to agree to those restrictions.
- The patient may revoke this Consent in writing at any time and all future disclosures will then cease.
- The Practice may condition treatment upon the execution of this Consent.

This Consent was signed by: _____
Printed Name of Patient *or* Patient's Representative

Date: _____

Relationship to Patient (only if other than patient): _____

Witness: _____
Printed Name of FCIM Representative

Date: _____