



RURAL DELIVERY
 Founded in 1976.
Volume 42 #4
October 2017

Published by DvL Publishing Inc.
 Box 1509 Liverpool, NS B0T 1K0
 1-877-354-3764 www.RuralLife.ca

Rural Delivery is published 10 times per year, providing information and support to rural residents in Atlantic Canada and points west. Through advertising, *RD* provides a marketplace for the exchange of goods and services. Free non-commercial advertising is available to subscribers. (See "Country Classifieds" page for details.) We cannot accept responsibility for unsolicited manuscripts. Submissions, queries, and letters are welcome. Please email dvlmagazines@gmail.com, phone 1-877-354-3764, or visit www.RuralLife.ca contact page for submission guidelines. Material selected for publication may be edited. Subscriptions \$24 per year (Plus applicable sales tax). Outside Canada \$39 U.S. funds, (\$34 Cdn.) until October 30, 2017.

We do not sell or rent our mailing lists.

Rural Delivery reserves the right to refuse any advertiser or advertisement. *Rural Delivery* attempts to accurately publish all editorial and advertising but assumes no responsibility for the accuracy or truthfulness of submitted copy. In the event of an error, *Rural Delivery* is responsible for adjustment of the cost of advertising only in the portion of the ad where the error occurred.

The publication of opinions expressed or implied does not signify endorsement by the publisher or staff.

Publisher and General Manager:

Chassity Allison

Publisher Emeritus:

Dirk van Loon

Managing Editor:

David Lindsay

Editorial Assistants:

Jack Scrine

Mike Bienstock

Advertising:

Janie Smith-Clattenburg

Jannine Russell

Fred Holborn

Production Coordinator & Webmaster:

Angie Fredericks

Production/Graphic Design:

Stephen Nickerson

Circulation:

Tammy Wolfe

PUBLISHED AND PRINTED IN CANADA.

TAX REGISTRATION NO. 127869261

MATERIAL IN *RURAL DELIVERY* IS

PROTECTED BY NORTH AMERICAN

COPYRIGHT REG. DESIG.

ISSN NO. 0703-7724

PUBLICATIONS MAIL AGREEMENT NO. 40051580

RETURN UNDELIVERABLE CANADIAN

ADDRESSES TO CIRCULATION DEPT.

BOX 1509

LIVERPOOL NS B0T 1K0

Printed by Advocate Printing & Publishing, Pictou, N.S. We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



CHANGE OF ADDRESS?

Hello out there!

Canada Post has been returning magazines as undeliverable in all provinces as they make "improvements" to their system. Unfortunately, they don't let us know the address they assign you when they make that change. We know that whole communities are not packing up and moving, but that's how it looks. If your address is about to change, please let us know so we can update our file and continue to get your magazine to your mailbox.

Inside this magazine



Pot Luck 6

Scarcity and abundance (Editorial)..... 8

Letters to RD..... 10

A marriage of sun and wood Jane Fowler 16
 Solar water heating is another way to reduce the home energy bill

Tips for the off-grid curious Vern Faulkner 18
 Think about your power needs before investing in generation capacity

Passing the torch Zack Metcalfe 23
 For Don Roscoe, passive solar is a first principle of home design

Striving for net-zero Zack Metcalfe 26
 Canadian building codes will phase in solar-ready design

Hops for thought Matthew Fullerton 28
 Craft brewers can now find local suppliers for a key ingredient

Climbing to great heights George Fullerton 32
 Moose Mountain Hops gaining national recognition

Sweet breezes Phil Thompson 34
 The simple elegance of micro-wind power

Try a little duck (Barnyard Poultry) Trevor MacDonald 36
 Bantam breeds are a good waterfowl option for those with limited space

Giving thanks to farmers (Household Notes) Anne Gray 38

A life well lived 41
 The amazing story of Nova Scotia environmentalist Rudy Haase

Country classifieds..... 48

Directory of advertisers..... 54

Cover: Sweet potatoes being harvested at Charles Keddy Farms in Kentville, N.S. (Katie Keddy photo)

Subscription form on page 22



page 18



page 28



page 41