

## **LEVEL 1 COURSE**

CEU/CEC Approved NASM, NSCA, ACE, AFFA

Scheduled City: Charlotte, NC



## Date/Time:

Saturday March, 21st 2015 10:00a.m.- 6p.m.

## Host facility:

Eco Fitness 627 Jonnie Dodds Blvd Charleston, SC 29464 (843) 972-1760

#### Who should attend:

Personal Trainers, Fitness Coaches, Athletic Trainers, Group Fitness Instructors, Strength Coaches, Athletes, Therapists, and fitness enthusiats will benifit from the Level 1 course. Those seeking to gain continuing education credits needed to sustain their fitness and professional certifications.

#### Cost:

\$199 per person

## CEC/CEUs:

0.8 - NASM, NSCA, ACE, AFFA
Contact MoveStrong for any other pre-approved CEC/CEUs

## Sign-up:

SPACE IS LIMITED and will be capped at 25. Please complete and return registration form and follow payment link. Once form and payment confirmed, your spot will be secure.

#### **Early Registration:**

Complete registration form and payment by:

Mar. 6th, 2015 and receive a

MoveStrong Tee-shirt!



855.728.8700 movestrongfit.com



Putting the Dynamic In Traditional<sub>TM</sub>



## WORKSHOP REGISTRATION

**FULL NAME** 

# SUBMIT COMPLETED FORM TO info@movestrongfit.com for early registration

T-shirt size if early registration

First Name	Last Name	
ADDRESS		
Company Name		
Street Address		
City	8	State
Postal Code / Zip Code	Country	

E-Mail Address

Phone Number

#### WORKSHOP SELECTION

Please select the workshop you are to attend. Each workshop is 6-8 hours long with a 1 hour lunch break. A training manual will be provided to each participant.

Workshop Dynamic 3D Strength Training with the DynaBell

Group Functional Fitness with MoveStrong FTS

Other

Date of Workshop

attending

Host facility, City/St

#### **PAYMENT**

Please follow <u>payment link</u> for payment in our online store of your registration. Once this registration form is received by MoveStrong and payment confirmed, you will be reserved a spot. Space is limited and we reserve the right to deny registration if workshop has reached capacity. Contact us for any additional guestions toll free 855-728-8700 or info@movestrongfit.com

## Move Strong Functional Fitness Equipment, LLC

### **Special Event - Waiver and Release Form**

You, the participant, are aware that you will be engaging in physical exercise and/or a special event that may potentially cause serious injury or even death. You are hereby advised that you should be sufficiently physically fit to participate in these activities and should have consulted a physician prior to undertaking this or any physical exercise program.

If you are injured while participating in this or any program sponsored by Move Strong you agree to "hold harmless" Move Strong including any officers or employees and hereby waive all rights that you might otherwise have to sue.

If any portion of this release from liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

Print Name of Participant:	
Date:	
Participant Signature:	
MoveStrong Staff:	



Move Strong Functional Fitness Equipment, LLC 5751 Uptain Rd #210 Chattanooga, TN 37411 855-728-8700 info@MoveStrongFit.com