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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mission</p> <p><i>The mission of the Rocky River Senior Center is to positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement and lifelong learning.</i></p>		<p>1</p> <p>9:15 Balance Tai Chi 9:30 More Zentangle 10:00 Creative Clay 10:30 Tai Chi 11:00 Eyes of the Artist—Wyeth 12:00 Deli Lunch 1:00 Smarter Tablet 1:00 Writers and Readers 1:15 Zumba Gold Fitness 1:30 Chair Exercise 2:15 Clogging 2:40 Sun Style Tai Chi 3:20 Weights Workout</p>	<p>2</p> <p>9:00 Silver Sneakers—Fit 4 Life 9:00 Manicures and Massages 10:00 Define Barre with Doreen 11-4 iPad Assistance 12:00 Deli Lunch 1:15 Silver Sneakers Chair Yoga 2:00 Dietrich Bonhoeffer</p>	<p>3</p> <p>9:00 Computer Lab 9:00 Walking Group 9:30 S. Sneakers Yoga with Josh 10:00 Bridge Lessons 10:00 Drawing 12:00 Deli Lunch 1:00 Chair Massage/Reiki 1:00 Movie & Popcorn <i>Café Society</i> 2:45 Yoga for Seniors</p>
<p>6</p> <p>9:00 Zumba Gold 9:00 Walking Group 9:30 Beginning Zentangle 10:00 Drop in Line Dance 10:30 The Story of Rome 12:00 Deli Lunch 12:30 BP Health Clinic 12:30-3 iPad Assistance 1:00 Fallproof 1:00 Pinochle & Canasta 1:00 River Sing-A-Long 1:00 Watercolor 1:15 Intermediate Tap</p>	<p>7</p> <p>9:15 SS Chair Yoga 10:15 Get Fit Fitness 10:30 Life Under Parasol 12:00 Deli Lunch 12:00 Weights Workout 1:00 Ceramics 1:00 Country Line Dance 1-4 Kindle Corner 1:00 Mah Jongg 2:15 Advanced Tap 3:15 Beginning Tap</p>	<p>8</p> <p>9:00 Beginning French begins 9:15 Balance Tai Chi 9:30 More Zentangle 10:00 Creative Clay 10:30 Advanced French begins 10:30 Tai Chi 11:00 Peace of Mind Seminar 12:00 Deli Lunch 1:00 Writers and Readers 1:15 Zumba Gold Fitness 1:30 Chair Exercise 2:15 Clogging 2:40 Sun Style Tai Chi 3:20 Weights Workout</p>	<p>9</p> <p>9:00 Silver Sneakers—Fit 4 Life 10:00 Define Barre with Doreen 10:00 Spanish Club 10:00 STARRS Chocolate Videoconference 11-4 iPad Assistance 12:00 Deli Lunch 1:00 Bridge-A-Rama 1:00 Tone Chimes 1:15 Silver Sneakers Chair Yoga 2:00 Dietrich Bonhoeffer</p>	<p>10</p> <p>Van to Great Northern 8:15 STARRS Trip Departs 9:00 Computer Lab 9:00 Walking Group 9:30 S. Sneakers Yoga with Josh 10:00 Bridge Lessons ends 10:00 Drawing 10:00 Explore Watercolor 10:00 Goal Setting & Budgeting 12:00 Deli Lunch 1:00 Chair Massage/Reiki 1:00 Movie & Popcorn <i>Barbershop—The Next Cut</i> 2:45 Yoga for Seniors</p>
<p>13</p> <p>9:00 Zumba Gold 9:00 Walking Group 9:30 Beginning Zentangle ends 10:00 Drop in Line Dance 10:30 Story of Rome 12:00 Deli Lunch 12:30 BP Health Clinic 12:30-3 iPad Assistance 1:00 Fallproof ends 1:00 Pinochle & Canasta 1:00 River Sing-A-Long 1:00 Watercolor 1:15 Intermediate Tap ends</p>	<p>14</p> <p>9:15 SS Chair Yoga 10:00 Bunco Dice Game 10:00 Trains 10:15 Get Fit Fitness 10:30 Life Under Parasol ends 12:00 Deli Lunch 12:00 Weights Workout 1:00 Ceramics 1:00 Country Line Dance 1-4 Kindle Corner 1:00 Mah Jongg 1:30 Not So Newlywed Game 2:00 Legal Consultations 2:15 Advanced Tap 3:15 Beginning Tap</p>	<p>15</p> <p>9:00 Beginning French 9:00 Seniors Council 9:15 Balance Tai Chi 9:30 More Zentangle ends 10:00 Creative Clay 10:30 Advanced French 10:30 Tai Chi 11:00 Eyes of the Artist—Valadon 12:00 Deli Lunch 1:00 Writers and Readers 1:15 Zumba Gold Fit 1:30 Chair Exercise 2:15 Clogging 2:40 Sun Style Tai Chi 3:20 Weights Workout</p>	<p>16</p> <p>9:00 Silver Sneakers—Fit 4 Life 10:00 Define Barre with Doreen 11-4 iPad Assistance 12:00 Deli Lunch 1:15 Silver Sneakers Chair Yoga 2:00 Dietrich Bonhoeffer</p>	<p>17</p> <p>9:00 Computer Lab 9:00 Walking Group 9:30 S. Sneakers Yoga with Josh 10:00 Bridge Lessons begins 10:00 Drawing 12:00 Deli Lunch 1:00 Chair Massage/Reiki 1:00 Movie & Popcorn <i>Nine Lives</i> 2:45 Yoga for Seniors</p>
<p>20</p> <p> SENIOR CENTER CLOSED  PRESIDENTS DAY</p>	<p>21</p> <p>9:15 SS Chair Yoga 10:15 Get Fit Fitness 10:30 Katherine the Queen 10:30 NO Visionaries 12:00 Deli Lunch 12:00 Weights Workout ends 1:00 Ceramics 1:00 Country Line Dance 1-4 Kindle Corner 1:00 Mah Jongg 1:15 Travelogue—China 2:15 Advanced Tap ends 3:15 Beginning Tap ends</p>	<p>22</p> <p>9:00 Beginning French 9:15 Balance Tai Chi ends 10:00 Creative Clay ends 10:30 Advanced French 10:30 Tai Chi ends 11:00 Millionaires Row 12:00 Deli Lunch 1:00 Writers and Readers 1:15 Zumba Gold Fitness 1:30 Chair Exercise ends 2:15 Clogging ends 2:40 Sun Style Tai Chi ends 3:20 Weights Workout ends</p>	<p>23</p> <p>9:00 Silver Sneakers—Fit 4 Life 10:00 Define Barre with Doreen 10:00 Play Readers Resumes 10:30 Brain Fit 11-4 iPad Assistance 12:00 Deli Lunch 1:00 RR Poet's Society 1:00 Tone Chimes 1:15 Silver Sneakers Chair Yoga 2:00 Dietrich Bonhoeffer ends</p>	<p>24</p> <p>9:00 Computer Lab 9:00 Walking Group 9:30 S. Sneakers Yoga with Josh 10:00 Bridge Lessons 10:00 Drawing ends 10:00 Explore Watercolor 12:00 Deli Lunch 1:00 Chair Massage/Reiki 1:00 Movie & Popcorn <i>Florence Foster-Jenkins</i> 1:15 Book Discussion 2:45 Yoga for Seniors ends Sunday, February 26—The King & I Trip Depart at 11:45 am</p>
<p>27</p> <p>9:00 Zumba Gold 9:00 Walking Group 10:00 Drop in Line Dance 10:30 Story of Rome ends 12:00 Deli Lunch 12:30 BP Health Clinic 12:30-3 iPad Assistance 1:00 Fallproof ends 1:00 Pinochle & Canasta 1:00 River Sing-A-Long 1:00 Watercolor ends 1:15 Intermediate Tap begins 1:15 John & Abigail</p>	<p>28</p> <p>9:15 SS Chair Yoga 10:00 Bunco Dice Game 10:15 Get Fit Fitness 12:00 Deli Lunch 12:00 Mardi Gras Fat Tuesday 12:00 Weights Workout begins 1:00 Ceramics 1:00 Country Line Dance 1-4 Kindle Corner 1:00 Mah Jongg 1:15 Big Band—Stan Kenton 2:15 Advanced Tap begins 3:15 Beginning Tap begins</p>	<p>Think Spring!</p> <p></p>	<p>Do you enjoy the Friday afternoon Movie Matinee?</p> <p>Ann & Barb Butler serve as Rocky River Senior Center's "Siskel & Ebert"</p> <p>They give us the thumbs up or thumbs down as we make the movie selections.</p> <p>If there is something you would like to see, be sure to mention it to one of these ladies!</p>	<p></p> <p>"Movie Critics" Ann & Barb Butler</p>