

NEW!

YOUTH AND ADULT EQUIPMENT ORIENTATIONS

Youth: Ages: 10-17

1-1: \$15.00

2-5 people: \$7.00/ea.

Adult: Ages: 18+

1-1: \$20.00

2-5 people: \$10.00/ea.

By Appointment Only

with our Certified Personal Trainers

for a 60-minute Orientation.

Youth: Chelsea, chelseacottom@yahoo.com

Adult: Jennifer, mjismcdonough@gmail.com