

# LAKE ONTARIO EXPLORE CHALLENGE

## #LOExplore

🐦 @lowaterkeeper

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Together Waterkeeper and Trailhead Kingston challenge you to explore the water – the shoreline – the trails of our Great Lake Ontario by joining the Lake Ontario Explore Challenge! #LOExplore

We've shared our 10 favourite spots to paddle, bike, and hike on and around Lake Ontario from Kingston and Wolfe Island. From June 30 - August 12 we challenge you to get out and visit these spots – we promise you'll love the view.

Each site you visit will enter you into a draw for LO Explore Challenge prizes. If you visit all 10 sites before August 12th you'll be entered to win the challenge Grand Prize!

Here's how it works:

**1 REGISTER**  
Go to [www.waterkeeper.ca/LOExplore](http://www.waterkeeper.ca/LOExplore) to register as a Lake Ontario Explore Challenger.

Follow Lake Ontario Waterkeeper on **Facebook**, **Twitter**, or **Instagram**.

**2 EXPLORE**  
Take a look at the 10 challenge sites. Plan your trip and get out there!

**3 SHARE IT**  
When you reach your site, find your favourite view and take a selfie with Lake Ontario. Post your selfie on **Facebook**, **Twitter**, or **Instagram**.  
**Tag @LOWaterkeeper, and add use the hashtag #LOExplore.**

### WIN

With each #LOExplore post you make, you'll be entered into a draw to win one of our challenge prizes. **BONUS if you visit all 10 sites!**

The #LOExplore challenge is a part of the Kingston and Wolfe Island Culture Festival and will run from June 23 - August 12. Participation is absolutely free.

Visit [www.waterkeeper.ca/culturefestival](http://www.waterkeeper.ca/culturefestival) for festival details.

Part of Waterkeeper's

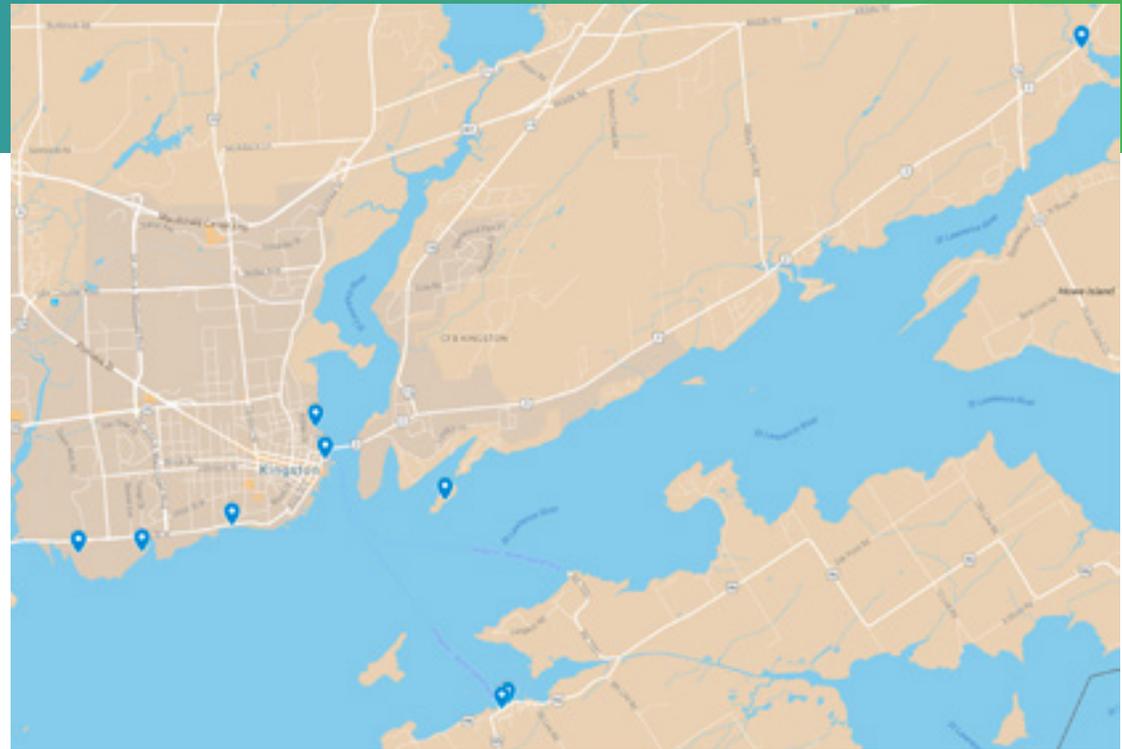
JUNE 23 - AUGUST 12, 2017

## Kingston & Wolfe Island Culture Festival

*A celebration of Great Lakes voices.* | [waterkeeper.ca/culturefestival](http://waterkeeper.ca/culturefestival)



- GRASS CREEK PARK:** Grass Creek Park is a 95 acre rural park in Kingston. It is reasonably protected for paddling, and is great for an afternoon hike. The park hosts an annual Sheep Dog Trails in August which attracts dogs and handlers from across North America and the UK.
- CEDAR ISLAND:** Home to a Murney tower built as a first defence for Fort Henry in early 1800's. Park and paddle from CFB Kingston Yacht Club parking lot. You can hike either direction along the shoreline trail.
- DOUGLAS FLURHER PARK:** This is Kingston's only protected paddling spot. Save this paddle for a windy day and head up the Cataraqui River or on a nice day head out into Lake Ontario. If you're a hiker or a biker, the newly opened link to the K&P trail now connects to this park.
- BREAKWATER PARK:** Just across from Queen's campus, Breakwater Park has great views of Wolfe Island (and is a fun place to paddle from). If you're a hiker or a cyclist, the shoreline trail can take you in either direction and can fill an afternoon with picturesque views of the lake and cityscape.
- LAKE ONTARIO PARK:** The park has recently gone through a make-over and is a nice place to spend some leisure time either in the park walking along the shoreline trails or going for a paddle from the beach. Visit Lake Ontario Park on Canada Day for a beach clean up (hosted by A Greener Future).
- LEMOINE POINT CONSERVATION AREA:** Access the park by parking at Rotary Park nearby (this is closer to the water for paddlers). From there you can launch and spend an afternoon paddling the shores. Or if it's hiking you're after, the trails within the conservation area will keep you busy for an afternoon.



- WOLFE ISLAND III:** The link between Wolfe Island and Kingston – the Wolfe Island Ferry is free and leaves roughly every hour (20 minute trip). Leave the car at home to skip the line-up and walk on. Bikes are welcome! Spend the afternoon exploring the largest of the Thousand Islands – stroll through Marysville by foot, or bring your bike to explore all that the Island has to offer.
- WOLFE ISLAND BOAT CLUB:** Just minutes away from the Ferry Dock, visit the Wolfe Island Boat Club and remember to bring your bathing suit since this is a favourite swimming spot. You can also rent a boat or canoe for an afternoon adventure.
- PORTSMOUTH HARBOUR:** Take a trip to Portsmouth Harbour – keep your eyes open for the tiny beach immediately adjacent to the marina on the west side. You can launch a boat for an afternoon adventure from the marina – or if it's too busy, launch from the beach. For walkers, take the path west for your afternoon stroll.
- YOUR WATERMARK:** You tell us where you like to explore on the water. We're opening this one up to all of the Great Lakes – share a photo and a story of your favourite memory along the Great Lakes. **#LOExplore #myWatermark**