

## SUNDAY ORDINARY TIME 5 YEAR A

Go to your kitchen pantry or cupboard and you will find a container of salt.

Look up at the ceiling and you will see a light source.

We all need these vital ingredients to assist us in our daily lives.

Salt has been used continuously since ancient times as a preservative to keep food fresh.

Salt (especially when used appropriately as a seasoning) enhances the flavor of much of our food.

Joab said (6.6/7) “Food without salt is a sadly insipid and even sickening thing”.

Salt is an expression of purity in our lives as well as in our food.

Saint Pope John Paul II said at a Youth rally in 2002 “the salt which keeps our Christian identity intact, even in a very secular world, is the grace of baptism”

Christianity lends flavor to life in a world of worry & depression, bringing joy, happiness and friendship. We are and must be salt to the world.

Consider this, where would we be without light. Could we live in a world of continued darkness, I don't think so.

In scripture darkness is frequently identified with the devil and sin. We are urged to come out of this darkness into the wonderful light of Jesus.

Paul in Romans 13 says:-

“Let us lay aside the works of darkness and put on the armor of light”

In Ephesians 5

“Once you were in darkness but now in the Lord you are light. Live as children of the light”

And in Colossians 1-13

“Jesus has rescued us from the power of darkness and transferred us into the Kingdom of His beloved Son”

And again in John 12:-

Jesus says

“I am the light of the world whoever follows me will never walk in darkness, but will have the light of life”

So the message today is that we need to act as salt and light, by sharing in Christ's ministry as true disciples,

offering our lives in outreach to others, by bearing witness in the way we live our lives as truly committed Christians.

Salt is a sometimes hidden and powerful influence. Light is a visible and revealing influence.

Jesus tells us today that we are called to be, not only salt to the earth, but the light of the world

Some questions for us today:-

Does our life make a difference:-

It should if we follows Jesus's words.

Does our life make a difference:-

It can if we surrender ourselves to Christ.

Does our life make a difference:-

If we live for Him it will.