

Emanate: Business School for Mystics

Jan 29 - April 11, 2024

11 Live + Recorded Workshops

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Syllabus

Week 01	Theme: Opening		
Session	Date // Time	Title//Instructor	Description
01	Wed, Jan 29, 12 PM - 1:30 PM ET	Opening the Portal: Creative DNA - Understanding Your Creative Signature with Xenia Viray	Your soul emanation is the natural energy you radiate. In this workshop, we will begin the process of honoring, observing, and truly knowing our unique creative DNA, so we can build a business that honors and develops our natural gifts rather than giving away power to social norms and external authorities.
Week 2	Business Energetics		
Session	Date // Time	Title//Instructor	Description
02	Tue, Feb 04, 9 AM - 10:30 AM EST	The Soul of Your Business: How to Connect and Create in Communion with Your Business with Sophie of The Place.	In this class, you'll dive into the energetics of running a business and navigating a creative life in partnership with the soul of your creation. Your business chose you for a specific reason – in this class, you'll get in touch with its spirit to understand your mission and the mission of your business, and how the two can serve each other.

Session	Date // Time	Title//Instructor	Description
03	Sat, Feb 08, 12 PM -1:30 PM EST	The Heart As A Compass with Lisa K of Middle Sister Tarot	In this introductory workshop, participants will learn methods to tap into their inner knowing, heart, and intuition to cultivate self-trust and create their work in the world with intention. Lisa will share tried and true tools from her intuitive work to connect to and explore our psychic space, tune into guides, our higher self, wise ancestors, and any energies that help us align with our vision.
Week 03	Needs & Desires		
Session	Date // Time	Title//Instructor	Description
04	Wed, Feb 12, 12 PM - 1:30 PM ET	The Mystic's Path to Purpose with Meenadchi	<p>Being a mystic is weird. We know there is purpose in everything, and yet we are constantly searching for it. During this workshop, you will be guided through a somatic and ancestral healing process to anchor into the needs, desires, and dreams that your life wants to move towards during this particular stage of your life. The modality we will use for our work is Family Constellation Therapy.</p> <p>In finding both alignment and support from those who came before, this workshop will help you feel both rooted and free to move more deeply into your purpose.</p>
Session	Date // Time	Title//Instructor	Description
05	Thurs, Feb 13, 12 PM - 1:30 PM ET	Anchoring Desire with Maryam Ajayi	This 90-minute workshop is all about helping you connect with the heart of your desires.

			<p>Together, we'll explore what truly drives you – whether it's the impact you want to make, the offerings you want to create, or the financial goals that feel most aligned with your vision. Through guided reflection, you'll gain clarity on what matters most and walk away with practical tools to move forward with intention. We'll close with a breathwork practice designed to release limiting beliefs and stagnant energy, making space for confidence, creativity, and limitless possibilities. This is your time to tune into your inner wisdom, shed what's holding you back, and anchor what it is you truly want into reality.</p>
Week 04	Rest & Digest & Hypnosis		
Session	Date // Time	Title//Instructor	Description
06	Wed, Feb 19, 12 PM - 1:15 PM ET	Integration Meeting with Xenia (1 of 3)	Our Integration Meetings are times for you to ask your questions, share your experiences, connect in community, and use the time to work on any exercises or projects you want support with. Rather than adding more to do, these meetings are moments to marinate, integrate, and let the skills you've been practicing, and activations you have been receiving to sink in.
Session	Date // Time	Title//Instructor	Description
07	Thu, Feb 20, 3 PM - 4:30 PM ET	BONUS: The Business Prism - Quantum Hypnosis with Christian Joy Pinachos	With all the noise of social media and other external forces, how do we know what we want to create is what we want? How do we truly know that this

			<p>is what our businesses want to be?</p> <p>Step into the space of infinite possibilities in Quantum Hypnosis. In connection with our higher aspects, we will get a soul-connected understanding of how our businesses want to manifest through us, and where it may take us now and into our future's highest possible timeline.</p>
Week 05:	Grounding A Vision		
Session	Date // Time	Title//Instructor	Description
08	Tue, Feb 25, 12:30 - 2:00 PM ET	Making it Happen: Creating a Project Plan to Support Your Creative Vision with Melissa Wong	<p>You've done the important step of letting yourself dream and envision your authentic creative business. Now it's time to bring it down to Earth.</p> <p>In this 90-minute workshop, Melissa will guide you through a series of exercises that will help you translate your vision into concrete goals and walk away with the first set of action steps to take in the next 30 days.</p> <p>Prepare to do some backward time travel as we use your future vision as the starting point to uncover the essential steps needed to arrive.</p>
Session	Date // Time	Title//Instructor	Description
09	Fri, Feb 28, 12 PM - 1:30 PM ET	Lighting the Creative Pilot - Unpacking Resistance with Xenia	For many multidimensional creatives, the biggest hurdle is <i>just starting</i> . In this workshop we will engage in creative exercises to ignite your creative pilot, and build a bridge from the world of

			ideas to the world of the materialized. Oftentimes "blocks" dissolve when alternative perspectives, and playful creativity is invited to the mix. Let's use this time to learn by doing and creating and prime the pump of your visionary business.
Week 06:	Translating a Universe		
Session	Date // Time	Title//Instructor	Description
10	Wed, March 5, 12 PM - 1:30 PM ET	Marketing Magic: Social Media & Newsletter Strategies & Spells with Kate Belew	Your work in the world is an offering. Therefore, sharing your work is an act of service, a beacon through the night that says, "Hello, I am here too." When you allow your light to shine, you give permission to others to shine their lights too, and you're able to meet your people. Social media and newsletters are tools in your toolbox on your business journey. Learning to utilize and collaborate with these tools are spells. During this workshop, we'll talk social media and newsletter basics from a witchy perspective, and like any good practical magic, we'll start from the foundation.
Session	Date // Time	Title//Instructor	Description
11	Fri, March 7, 12 PM - 1:30 PM EST	Organic Transmissions Innovative Messaging with Xenia	In this 90-minute workshop, Xenia will share her process of message-making rooted in the archetypes of The Fool, The Inner Child, and the phenomenon referred to as Beginner's Luck. Is it possible that we can take our businesses and clients "seriously" while also having fun, experimenting with joy,

			<p>and cultivating a sense of levity and neutrality matched with passion and excitement?</p> <p>From the energetics to the materialization of the message and playing with available technology and formats, Xenia will share tools and exercises that open doors to new ways of transmitting and discovering your unique language to become more visible to your ideal clients, collaborators, and community.</p>
Week 07	Rest and Digest Week		
Session	Date // Time	Title//Instructor	Description
12	Wed, March 12, 12 PM EST - 1:15 PM EST	Integration Meeting with Xenia (2 of 3)	Our Integration Meetings are times for you to ask your questions, share your experiences, connect in community, and use the time to work on any exercises or projects you want support with. (Same as Session 06.)
Week 08:	Your Vision in Numbers		
Session	Date // Time	Title//Instructor	Description
13	Wed, March 19, 12 PM - 1:30 PM EST	You Are Here: Wayfinding Yourself in Your Money Journey with Kristen Hwang	The hardest part of tackling your numbers is knowing where to begin. In the first part of this workshop, you'll gain clarity on the appropriate place to begin and plan your first step from there. Untangle all the expectations of what you and your business needs. Then, we'll look at real-life examples and answer your questions.

Session	Date // Time	Title//Instructor	Description
14	Fri, March 21, 12 PM - 1:30 PM EST	The Art Of Intuitive Business Experiment - Abundance Spells & Foundations that Hold with Xenia Viray	When you learn to see everything as an experiment, from the structure, pricing, and content of your work, you become a natural innovator. In this workshop, I will share the exact process I use to originate, innovate and iterate my offerings. You will see examples from a range of mediums from my days managing a brick and mortar, the learning containers I invented, and the collaborations that yielded me surprising abundant results.
Week 09: Building A World			
Session	Date // Time	Title//Instructor	Description
15	Tue, March 25, 12 PM - 1:30 PM EST	Break [Your Ideas] of the Internet with Callie Rojewski of Online & IRL	<p>This workshop is an exploration of the internet as an extension of our collective consciousness and a space for co-creation.</p> <p>In this session, we'll dive into how our online experiences shape our identities and explore hidden truths about AI, data privacy, and algorithms. We'll embrace a new paradigm where our online and offline lives align in one holistic world of opportunity: online AND IRL [in real life].</p> <p>By the end of this workshop, you'll learn how to transform the pressure for creative entrepreneurs to have an online presence into a path for connection, community, and impact.</p>

Session	Date // Time	Title//Instructor	Description
16	Thur, March 27, 1 PM - 2:30 PM EST	The Art of World-Building Your Brand with Sirah Mora of Sacred Hive	<p>Branding and good design help to forge a bridge between what is useful and what is beautiful. In today's world, where brands and businesses have the power to shape and shift culture, audiences want more than just a good product, service, or offering. They want to feel invited into a thoughtfully considered world and to connect to what makes a brand or person distinct.</p> <p>In this 90-minute workshop, you'll learn how to blend art and commerce to create a felt visual world and cohesive brand experience through your positioning, messaging, and visual branding.</p>
Week 10:	Rest & Digest		
Session	Date // Time	Title//Instructor	Description
17	Wed, April 2nd, 3 PM - 4:30 PM EST	Integration Meeting with Xenia (3 of 3)	Our Integration Meetings are times for you to ask your questions, share your experiences, connect in community, and use the time to work on any exercises or projects you want support with. (Same as session 6 & 12)
Week 11:	The Fractal Path		
Session	Date // Time	Title//Instructor	Description
18	Tues, April 8, 12 PM - 1:30 PM EST	Distillation & The Workings Of A Multidimensional Business with Xenia	Consciousness is evolving, which means the way we do business must evolve, too. In order to feel anchored without clinging to outdated ways of working, we need to be able to perceive our business and

			<p>creativity on many levels. To see the bigger pattern behind it all.</p> <p>In this workshop, we will learn how to define and articulate our unique high-level pattern (or fractal), and use this knowledge to guide us in how we create, deliver, and market our work.</p> <p>When we understand our multidimensional selves, we can organize ourselves without limiting our creative spirit.</p> <p>In this workshop, I will teach you how understanding your creative blueprint is the foundation for creating your own beautiful coherent business ecosystem.</p>
Session	Date // Time	Title//Instructor	Description
19	Fri, April 11, 12 PM - 1:30 PM EST	Celebration and Closing Ceremony with Xenia	<p>Being able to celebrate ourselves, perceive our growth, and share it with others <i>is an energetic skill and practice</i>. By creating a ritual of <i>completion</i>, and allowing ourselves to truly be seen and witnessed by others in our gifts, we provide a much-needed rite of passage for our Soul. In this ceremony we will memorize the sensation of celebration, and create a space for delight, joy, and fulfillment, to build celebration into the fabric of our work in the world.</p>

Extra Credit

1 45-minute private session with Xenia

1 Bonus Quantum Hypnosis Session with Christian Joy Pinachos

Worksheets and Exercises to Practice What Your Learn

Forever Access to the Materials

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Your Facilitators



Xenia Marie Ross Viray

Imagination Healer + Frequency Artist

I believe our creativity and spiritual potential are one and the same. After going through an intense, confusing, and painful process of learning how to understand my own creativity and own the value and preciousness of my creative spirit, I know my soul mission is to support others in restoring, revitalizing, and rebirthing their own creative energy.

A foundational part of owning the powerful potential in your creative worldview is understanding your pure and undiluted perspective.

I believe we are in deep need of authentic visionaries, and if you are here on this page it is likely you are one. It would be a deep honor to support you in unearthing your true artistic approach, and fortifying your confidence in your point of view and unique self-expression.

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Sophie Wolf, The Place

Full Time Creative Magician, Part Time Soul Reader

Sophie Wolf is the founder of The Place, a space of merging of spirituality, cosmos, Earth & daily treasures.

The Place space was created with the intention to show how easy, accessible & modern spirituality is. It is a constant evolving place, just like you.

The Place is an holistic & spiritual platform, an accessible & safe space online to dream, to discover and to explore your inner and ancient magical wisdom.

Sophie Wolf is a soul reader but mostly a creative magician who works both with people and brands in order to reactivate their gifts and

remember who they are. All of that in the most colorful and joyful way.

www.the-place.co

@the_____place



Lisa K ✧ Middle Sister Tarot

Intuitive Tarot Reader, Channeler, Teacher, and Facilitator

Lisa K // Middle Sister Tarot is an intuitive Tarot reader, channeler, teacher, and facilitator dedicated to helping people remember and reconnect to their own inner wisdom and guidance, nature, and the cosmos. She offers spiritual development workshops, channeled messages for the collective, small group experiences, and one-on-one readings. She is an Aquarius with a Leo Moon and Cancer Rising, and her Tarot soul card is The Lovers. She lives in Brooklyn, NY.

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Meenadchi ◇

Somatic Healing Practitioner

Meenadchi (she/her) is an ancestral healing practitioner, TEDx speaker, and communications expert whose work centers social change and embodied transformation. Using the modality of Family Constellation Therapy, Meenadchi supports socially-conscious changemakers and entrepreneurs heal inherited and ancestral money trauma, so that we can be paid well for our work and so that we can pour funds into our communities from a state of overflow instead of self-sacrifice. Meenadchi is board-certified in occupational therapy and has historically served communities impacted by gender-based violence, complex trauma, and serious mental illness. She is the author of Decolonizing Non-Violent Communication (2019) and is a faculty member with the Trauma of Money™.

<http://meenadchi.com>

@with.meenadchi



Maryam Ajayi ◇

Social Impact Entrepreneur and Advisor, Founder of Dive in Well

Maryam Ajayi is a social impact entrepreneur and advisor with a focus on wellbeing and mental health and an advocate for equity and belonging. She is the Founder of Dive in Well, a boutique talent agency driving impact alongside creators rooted in wellness & culture. She has been featured in The New York Times, The Sunday Times, Vogue, Goop, and The Cut amongst others.

Maryam has collaborated with iconic brands like Facebook, Instagram, COS, Victoria's Secret, Lululemon, Nike, and Matches Fashion to name a few. Her expertise has been instrumental in fostering dialogues on using power and influence for social change, accessible wellness to mental well-being in the workplace, and diversity in wellness, ensuring that these vital conversations reach every corner of the world.

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Christian Joy Pinachos ✧

Quantum Hypnosis & Breathwork Facilitator, & Life Coach

Meet Christian Joy Pinachos. In a former life, she was an ICU nurse until the Great Awakening allowed her to step into a new timeline. Craving for work closer to her soul and years of experimentation she landed with a blend of Quantum Hypnosis, Life Coaching, and Breathwork for those who want to co-create their dream realities.

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Melissa Wong ◇ Coherence Studio

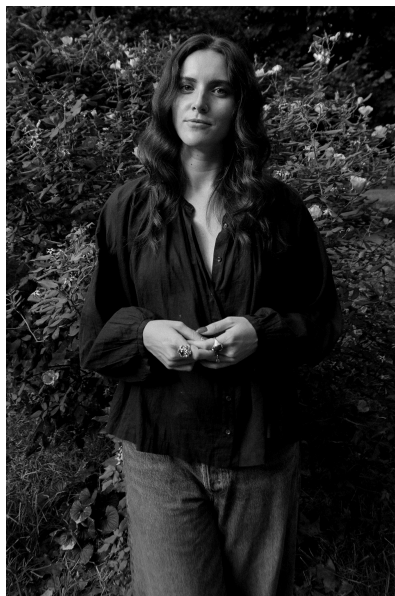
Coach, Founder of Coherence Studio

Melissa is a coach who helps creative independents build dynamic businesses with power and purpose. At Coherence Studio she offers 1:1 coaching, group programs, and podcast conversations all designed to help multi-talented creatives identify their unique worth and get into a place of intentional action.

Prior to her work as a coach she founded New Women Space (where she met me!), a venue that housed over 700 gatherings by artists, healers, organizers, and small business owners; Hustle Fest, a summit for professionals looking to go freelance full time; helped creators at Kickstarter and Soundcloud launch; and has literally produced a circus. She currently lives in Portland, Oregon with her partner, 2-year-old and 110 lb chocolate lab.

<https://www.coherence.studio/>

@coherencestudio



Kate Belew ◇

Poet, Writer, Storyteller, Witch

Kate Belew is a Brooklyn-based Writer, Poet, Storyteller, and Witch. Her work spans genres and spaces: poetry, nonprofits, immersive theatre, health & wellness, herbalism, witchcraft, and the psychedelic. She has a decade of experience in writing facilitation and teaching, copywriting, social media, and content marketing. You can also find her on a bi-weekly podcast she co-hosts called Magick & Alchemy. She is the co-author of Wild Medicine: An Illustrated Guide to the Magick of Plants with Shelby Bundy and Tamed Wild, and is the author of a chapbook called 13 Writing Spells with LoomBound. She has an MFA from Sarah Lawrence College in Writing, is an Initiated Green Witch, and has studied Herbalism, Astrology, Energy Healing, and Green Witchcraft.

<https://katebelew.com/>

@k8belew



Kristen Hwang ◇
Finance and Spreadsheets Expert

I'm a finance and spreadsheets expert whose goal for you is to be able to dream big, then see how you can achieve those dreams using business foundation and systems. By working with me, I hope you feel empowered and equipped to make your own decisions and find that you're spending more resources on the things that bring you joy, freedom, and ease.

I spent 6+ years in the business side of fashion, grew Dive in Well, and currently lead finance at a venture-backed startup. I use my experiences in forecasting, planning, and strategy to consult businesses across industries to launch and grow.

I'm often mistaken as a Virgo because few things make me happier than perfect organization and well-run systems, but in reality I'm a Cancer who likes to help you by taking care of the things that would make you want to pull your hair out.

*I'm not an accountant, tax expert, or a financial planner.



Callie Rojewski ◇ Online & IRL
Full Time Creative Magician, Part Time Soul Reader

Callie Rojewski is a marketing leader, digital creative, and business strategist with a unique lens on technology's impact on human connection. Through her platform Online & IRL [In Real Life], Callie

empowers creative leaders to see past content creation and redefine their online presence as a path to connection and impact. She invites audiences to harness the Internet's potential without compromising their authenticity. Callie's work is a guiding ~blue~ light for those seeking meaningful interactions, balanced digital lives, and sustainable success.

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Sirah Mora ◇ Sacred Hive

Founder + Creative Director

Sirah is the Founder and Creative Director of Sacred Hive Studio - a multi-disciplinary creative studio where intuition and strategy converge to create artfully singular brands, experiences, and felt visual worlds.

As a visual translator, she partners with you to bring a concept or idea into form in the digital and/or physical space through the lens of world-building.

<https://www.sirahmora.com>

@sacredhive

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