

# The Crazy Wisdom Calendar

## Abundance & Prosperity

**Manifesting Abundance with Rev. Cathy DeLauter • Tuesdays, Jan. 20-Mar. 24; 7-9 p.m.**  
• This class applies principles and teachings from *Creating Money* by Sanaya Roman and Duane Packer. We will shift our consciousness into increased prosperity by releasing thought forms and patterns that no longer serve us. Manifestation exercises facilitate the activation of this new state of abundance and prosperity. \$70. Call 678-4900; cdelauter@yahoo.com.

## Acupressure, Shiatsu & Reflexology

**Energy Meridian Conditioning Seminar with Ryan Wilson of White Crane Michigan Dojo • Jan. 27 or April 21, 7-8:30 p.m.** • Learn to exercise and condition your acupuncture energy meridians with light weights and dynamic tension exercises. There will be a set of simple exercises and a booklet detailing methods for focusing, balancing, and strengthening the subtle energy pathways. Light weights provided or you may bring your own. \$45. Call Cinda Hocking at 417-7161; whitecranemichigan@gmail.com.

**Reflexology at Ann Arbor Institute of Massage Therapy with Prema Lindsay Smith • April 4-5, 9 a.m.-5 p.m.** • This is a holistic approach to an ancient and scientific form of treating the whole body through the reflexes of the feet. We will explore the history dating from 3000 B.C. to current, international research as well as its clinical significance. The basic for treatment evolves from the harmful effects of stress on the body's system. \$250 or \$225 AAIMT graduate. 14 CE credits. Call 677-4430; fax 677-4520; info@aaimt.edu.

## Animal Healing & Animal Spirit

**Herbs for Pets with Linda Diane Feldt through People's Food Co-op • April 23, 7-8:30 p.m. at Crazy Wisdom Community Room** • Can your pets benefit from herbal remedies? What can we do to keep our animals healthy? Free. Call 994-4589; info@peoplesfood.coop.

**Animal Healing Course through Self Realization Meditation Healing Centre • April 25-26**  
• For those who wish to learn how to give natural spiritual healing to animals. Working with love and respect for all animals, the course shows how to help enhance the animal's quality of life and to stimulate their body's own healing mechanism. This is a very practical and supportive course, giving students all they need to use this beautiful discipline professionally or in their own home. \$225 includes vegetarian lunches and refreshments or \$272 includes lodging and all meals. Call 517-641-6201; info@selfrealizationcentremichigan.org.

## Questions for Tammy Corwin-Renner of New Moon Sing

Photo by Paul Tinkerhess



Tammy Corwin-Renner leads New Moon Sing for women and girls. She also currently teaches private piano and recorder lessons, and directs two Threshold Choirs in Ann Arbor.

Pictured left (l to r):  
Tammy Corwin-Renner,  
Emily Corwin-Renner, Allegra  
Corwin-Renner,  
Margo Lowenstein,  
and Ruby Lowenstein.

Pictured right (l to r):  
Ruby Lowenstein,  
Emily Corwin-Renner  
and Allegra Corwin-Renner

*For New Moon Sing's listing in the Calendar, see the Children and Young Adults section on page 46.*

*What were your favorite songs when you were a girl?*

*What exactly are the New Moon Sings you've been leading?*

The New Moon Sing meets monthly on the New Moon to sing and empower girls ages 8-18 and their mothers, aunts, grandmothers and women friends. We sing songs that honor ourselves as individuals and as part of a community, and songs that acknowledge the inspiration and gifts of the changing seasons & the cycles of the moon.

*Why did you decide to make an effort to bring together girls to sing?*

My fondest memories are singing around a fire with women and girls in Girl Scouts. I was inspired to create a group that encourages girls and women to be their authentic, creative, beautiful selves. When we are comfortable in our singing voice, our inner voice and speaking voice are strengthened, which enables us to follow our heart's desire.

I have always loved the harmony of rounds, I sang "Make New Friends" and "White Coral Bells" daily with my friends. I saw the Sound of Music when it first came out in the theatres, and sang the songs over and over. As a teenager, "I'd like to Teach the World to Sing" (in perfect harmony) became one of my favorite songs. It's still my theme song. I believe if we all sang together, the world would be a more peaceful place.

*Did you come from a singing and musical family?*

Actually, my parents were not musical, nor did they sing. My mother appreciated beautiful music and loved to have musical recordings playing throughout the day. I sang and danced everyday as a young child to the little golden "78" recordings. My mother supported my love of music by signing me up for piano lessons, allowing me to participate in band and chorus, and later, encouraging me to study music in college.

## Art & Craft

**Energy Healing with Animals with Ray O. Golden of Center for Intuitive Health • Jan. 31-Feb. 1 or Feb. 28-Mar. 1; Friday 7-9 p.m., Sunday 10 a.m.-6 p.m., Monday 7-9:30 p.m.** • This class is oriented towards working with animals. The first two days are the traditional Reiki One class. The third day is focused on using Reiki with animals. Only people are to attend class. For cost, call 663-9724; intuitivehealth@aol.com.

**Pet Massage Foundation Workshop with Jonathan Rudinger • Feb. 1-7, Mar. 8-14 or April 19-25, 9 a.m.-4 p.m. each day** • We discuss, demonstrate, and practice massage, energy and body mechanics, theory and techniques, legal issues, business ethics, and marketing. This workshop has been described as personal development and enrichment through the medium of canine massage. \$1,400 includes all required texts. Call 800-779-1001; www.petmassage.com.

**Pet Massage Water Work with Jonathan Rudinger • Feb. 16-20 or April 6-10, 9 a.m.-4 p.m. each day** • This is a very specialized class that helps students develop skills to massage dogs in water. Learn to understand and access water's dynamics, flexibility, and therapeutic value. \$1,200. Call 800-779-1001; www.petmassage.com.

**Pet Massage Advanced Workshop with Jonathan Rudinger • Mar. 22-28, 9 a.m.-4 p.m. each day** • Learn the net tier of Pet Massage techniques. Expand on studies of physiology, anatomy, pathology, body mechanics, ethics, TCM, and energy practices. Pet Massage Foundation Workshop is a prerequisite. \$1,400 includes workbooks, text, syllabus, and audio set. Call 800-779-1001; www.petmassage.com.

**Pet Preparation before Baby Comes with Sisters of Mercy Health • 7-9 p.m.** • This class educates dog and cat owners about common behavior problems that occur and strategies to prevent them. \$20 per couple. For dates, call 712-5400 or 800-231-2211; www.sjmercyhealth.org.

## Aromatherapy

**Bringing Essential Oils to You with Nicole Pacquin of Indigo Forest • Jan. 20, Mar. 3 or April 21; 6:30-8 p.m.** • Did you know that essential oils were mankind's first medicine? Come learn why essential oils are so amazing and how you can use them for health and home. \$30 or \$50 per couple. Call 994-8010; info@visitindigo.com.

**Adult Art Courses through Ann Arbor Art Center** • Winter semester runs Jan. 20 through mid-March • Courses are offered for artists of all ages and abilities. Please see listings for kids under "Children & Young Adults". For details, visit www.annarborartcenter.org.  
**Ceramics:** Basic, Intermediate, and Advanced Ceramics; Wheel Throwing 101; Wheel Throwing: A Focus on Technique; Figure Sculpture  
**Drawing:** Drawing Fundamentals, Figure Drawing, Color Mixing with Pastels, I've Always Wanted To...  
**Painting:** Basic, Continuing, and Advanced Watercolor; Painting 101; Intermediate and Advanced Painting  
**Jewelry:** Basic, Intermediate, and Advanced Jewelry Making; Casting

**Adult and Teen Art Courses through Chelsea Center for the Arts** • Courses are offered for artists of all ages and abilities. Please see classes for kids under "Children & Young Adults". For details, call Molly Root at 433-2787; www.chelseacenterforthearts.org.  
 Collage/Mixed Media with Nicole Pangas Henry • Mondays, 1 p.m.  
 Fun and Functional Pottery • Mondays, 4 p.m.  
 Intermediate Watercolor Studio with Cathy Barry • Tuesdays, 1-3 p.m.  
 Drawing the Human Figure with David Shkolnick • Tuesdays, 7:15 p.m.  
 Beginning Watercolor with Nancy Solo • Wednesdays, 6 p.m.  
 Works in Progress for Painters • Fridays, 9 a.m.  
 Beginning Oil/Acrylic Classes with Cathy Barry • Saturdays, 9 a.m. and 10 a.m.  
 Landscapes and Mindscapes with Dani Davis • Saturdays, 1:30 p.m.  
 Young Visionary Painting and Mixed Media with Dani Davis • Saturdays, 4 p.m.  
 Fused Glass Colorful Necklaces with Karen Smith • Feb. 14, 2:30 p.m.  
 Crash Course Drawing with Ivan Kende • Mondays, 6 p.m.  
 Free Try-It Day! • Jan. 10, 1-4 p.m.

If you are interested in obtaining some biographical information about the teachers, lecturers, and workshop leaders whose classes, talks and events are listed in this Calendar, please look in the section which follows the Calendar, which is called "Background Information" and which starts on page 64.

*How many kids do you have? Does your husband like to sing, too?*

Dan and I have two musical daughters -- Emily is 16 and Allegra is 13. As a family we've sung together, folk danced and even had a family band for a while.

*Do you ever get a chance to sing outside with a group, or with the New Moon Sing?*

I sing outside alone and with groups...The New Moon Sing meets outside in the evening around a fire. The birds and insects often sing back to us. The magic of nature, fire, singing and stars... creates a oneness with ourselves, nature, and all beings -- it's wonderful!!!

*Where's the most wonderful place you've ever sung at?*

Photos by Paul Tinkerhess



*little girls, and also for pre-teen girls, and also for teen-age girls?*

and with The Miami University Collegiate Chorale in several Cathedrals of Europe. Recently, I sang with the Threshold Choir at the new St. Joseph Parish, near Dexter -- the sanctuary has amazing acoustics.

*Are you one of those people who sings all day long, or just in structured settings?*

I sing throughout my days - some days, some years, more than others. I sing while I walk, work in the garden, while I'm cooking, when I'm happy, when I'm sad. Songs come to me and I just start singing.

###

*Do you sing in the shower? If so, what do you sing?*

It's funny, I hear people talk about singing in the shower, but I do not. Perhaps that's because I've always been comfortable singing through out my day.

*Please tell us the names of a few CDs which are wonderful to buy for*

I recommend listening to great recordings of all genres. Musicals - Mary Poppins and The Sound of Music; Great Classical, Jazz, Folk, & International Music, and Contemporary Woman's Music - Holly Near, Libana, Sweet Honey and the Rock, Loreena McKennitt, & Copper Wimmen. Wicked, the musical, is a favorite at our house. And take time to sing, make music, and go to concerts with your children - young and old.

*And what is your favorite new CD of the past year or two?*

Tenderly Rain by the Threshold Choir is a fantastic collection of healing songs. I listen to it while I'm driving... it keeps me calm in the midst of traffic!!!