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## Five Reasons to Leave the House This Weekend

A Zombie 5K, Irish film, soul music, and more.

BY ANNE VICKMAN POSTED ON 3/22/2012

### Zombies

#### Run For Your Lives

Best. Idea. Ever. This 5K obstacle race in Amesbury isn't until May 5 and 6, but registration ends in a mere three weeks on April 13, so consider this your official heads up. All you need to know is that race participants — wearing three flags on a belt, just like ye olde days of flag football — will have to navigate a series of obstacles and make strategy calls on the quickest way to the finish line. The best part? All runners will be chased mercilessly by zombies. Hungry for brains. And those flags. Oh, and guess what happens if all flags are to the living dead? Zombie conversion, duh. Not a runner? No sweat — spectators are welcome.

*\$87 (runner), \$32 (spectator), Amesbury Sports Park, 12 South Hunt Rd., Amesbury, [runforyourlives.com](http://runforyourlives.com).*

### Film

#### 13th Annual Irish Film Festival

St. Patty's has come and gone, but any lingering desires to celebrate all things Irish can be sated with this film fest — the largest of its kind outside of Ireland. Four days of short and feature length films, documentaries, and animation will highlight the cream of the contemporary Irish cinema crop and after parties will ensue at local watering holes like The Burren, Magoun's Saloon, Grafton Street Bar & Grill, and Orleans.

*\$10 per screening, Thursday, March 22 through Sunday, March 25, Somerville Theater and Brattle Theater, check [irishfilmfestival.com](http://irishfilmfestival.com) for tickets and times.*

### Good Cause

#### An Evening at Le Cordon Bleu to Benefit the Children of Haiti

Master chefs from Le Cordon Bleu will be whipping up four courses of French cuisine (think vichyssoise and oven roasted salmon with herbed cous cous and fennel agre douce) alongside wine pairings courtesy of the the famous culinary school's sommelier. Expect live Haitian music and raffle prizes like tickets to a Celtics game and PAX East, fine art, a private yoga lesson, and more. All proceeds will be donated to Free the Kids, a nonprofit raising money to benefit children in Haiti. And while we're on the subject of good causes, have you watched [KONY 2012](#)?

*\$80, tickets for wine pairings are an additional \$25, Saturday, March 24th, 7 p.m. – 10 p.m., Technique Restaurant at Le Cordon Bleu, 215 First St., Cambridge, 617-218-8088, [freethekidsfundraiser.com](http://freethekidsfundraiser.com).*