



Join us for a **FREE** programme of three workshops where we will:

Go on a journey of **self-discovery**, our **culture** and **who we are**

Enter into **dialogue** with others and identify our **shared goals** and **values**

Encourage **collaboration**, **support** and **acts of solidarity** between each other

Learn how we can meet the **challenges** of **division**, **intolerance** and **isolation**

Work towards a **more cohesive** and **harmonious society**

WORKSHOP

1

Awareness of Self

6th April 2017

WORKSHOP

2

Awareness of Others

26th April 2017

WORKSHOP

3

Awareness of Us

22nd May 2017

Join us for the first workshop on:

Date: Thursday 6th April 2017 **Time:** 18:30 to 21:00

Venue: High Town Methodist Church Front Hall, 47 High Town Road, Luton, LU2 0BW

Refreshments provided. Places are limited and so must be booked in advance by emailing Ciaran O'Brien at admingrassroots@btconnect.com or calling 01582 416946.

Parking is available in Wenlock Street Car Park (postcode LU2 0NN) behind the Church.

LIMITED PLACES!

UBUNTU - 'I am BECAUSE WE are'