

# LISTEN - SPEAK - LEARN - UNDERSTAND



## SOWING SEEDS OF SOLIDARITY

Wednesday 26th April 2017

18:30 - 21:00

Beech Hill Methodist Church, 385A Dunstable Road, Luton, LU4 8BY

Join us as we **discuss** how we can best **connect** with others from different **faiths and cultures**, and learn to **listen without defending** - and **speak without offending**. We will look to **understand** and discover how to **adapt** our communication styles to **avoid conflict** more effectively, and discuss how we can **best respond** in different situations to **overcome differences** and **build bridges** with others.

*Parking available. Refreshments provided! Places **must** be booked in advance for seating and catering purposes by emailing Johny at [admingrassroots@btconnect.com](mailto:admingrassroots@btconnect.com) or calling 01582 416946.*

## UBUNTU - 'I am BECAUSE WE are'