

WEALTH CONSCIOUSNESS



A guide for the Spiritual Queen who is ready to make money doing what she loves, and step into an up-leveled version of herself...



Say it with me, out loud, if you can:

Higher Self, Source energy, Mother Earth, and all of my angels and spirit guides of the highest vibration, I call upon you now. I am embarking on a wealth consciousness journey. I ask you to support me completely. I see myself living with way more than enough money, always. I see myself making consistently GOOD money, from work I truly love and am passionate about. I make this money in a way that feels easy and fun. I ask that whatever would block this reality, be cleared, released, deleted, and transmuted from my energy field now, across all time, dimension, space, and reality.

I command the codes of infinite abundance and infinite prosperity to be activated in my energy field. Thank you to all of my guides and angels, for showing me the way to anchoring in and living a truly abundant reality. I am ready. I am ready for your intervention. I am ready for change. Please show me the way. Thank you. And so it is.

INTRODUCTION



I struggled with money for many years...

I've been a full-time entrepreneur for over seven and a half years now, but let me tell you, **the first 3 years of being in business for myself were not easy.** Now, the actual content creation and work of what I was doing - working with women on their spiritual paths, delivering messages from their Spirit Guides and Angels to them, and helping them step more fully onto their paths - was amazing, and very natural for me.

But receiving finances, and being confident in the knowingness that I would be able to pay my bills every month, was a big challenge.

I always had low-grade anxiety running through my system about money.

Some nights I would wake up in the middle of the night, in a panic, about how I would pay my rent. And there were a couple times when I literally didn't have any money in my bank account to buy food. Through some miracles, I was able to get by - but the point is - I struggled with money and was in a perpetual state of lack consciousness.

Then, something changed. I found a coach who had a similar backstory to mine - one of lack consciousness while trying to run a meaningful business - yet she'd got to the other side of it, creating a 6 figure business. This coach talked relentlessly about wealth





consciousness, which was a new term to me at the time.

Through connecting with her, and then, through the domino effect that followed, which included finding other teachers, and receiving divine downloads through my meditations - I was able to work my wealth consciousness, and change my story.

Within a few months of really working the following principles I'm about to share with you, I was able to go from worrying about paying rent, to having more than enough.

Then, within about 6 months after that, I was able to start living my long-dreamt about lifestyle of traveling the world, while working, because the doors of abundance had started to open for me.

Since then, I've been to Mexico, California, Spain, Greece (x2), Egypt, Israel, France(x2), Australia, England, Dominican Republic, and Peru, all while running my business. I'm also fulfilling a long-time dream of renovating a camper-van into a mini-cabin, so I can have a home base in Canada, while I explore the world and continue to be a Digital nomad!

Let me share with you some of the key principles I used to work this magic. I continue to use all of these principles in my life, weekly, to continue to shift my energy around wealth, money, and abundance, to an even greater extent.

These principles will work for you, whether you're a budding or established entrepreneur, are in a job, or are currently not working. The principles are not dependent on an outside energy as your source of wealth. They are designed to change your energetic vibration so money can come find you in all sorts of expected AND unexpected ways.

Let's get started 😊 ...

FOUNDATIONS



What is this wealth consciousness journey really about?

The key thing to understand at the core of our wealth consciousness journey is - that **we are truly, naturally, and organically abundant**. The true energy of the Universe is abundance, and it's actually the patriarchal system that has brainwashed us into believing otherwise.

We are programmed from a young age to think that money is hard work, that we naturally start with nothing, and have to climb the ladder, and hustle, in order to amass wealth of any kind.

This is not the truth.

Let's look at a tree for example. In it's seed, contains all of the intelligence that is needed for it grow strong at tall. Everything it needs, is brought to it. Sunshine, rain, and nutrients from the soil.

The tree doesn't lament or worry that since it can't move around, it won't be able to find what it needs to survive.

It's so connected to the natural flow of existence, that it just IS, it receives, and grows strong and tall as all it's needed components are brought to it.

From there, you can think about just how many gorgeous leaves ONE tree produces. Imagine yourself in a forest woodland, surrounded by trees. Imagine all of those



leaves and understand that there are literally millions of leaves, just in that small woodland.

Then, think about the rain falling for those trees. **How many millions of drops of water fall in just one rain shower?**

Now, think about looking up at the stars, on a clear night, outside of city lights. How many millions of stars are up there, many of them are not even visible to our eyes. Wow!

And finally, think about being in your Mother's womb. You just grew in the darkness of her fertile womb, and all you needed was provided for you for 9 months, to turn you into a baby that flowed from her womb, and out into this world.

The late Wayne Dyer has an amazing quote about this: “For the first 9 months of your life, you were completely taken care of. What makes you think anything would be different after those first 9 months?”

The wealth consciousness journey is about **first and foremost remember that we are abundant by nature.** It's this backwards world, that has trained us out of this knowingness. We're about to go on a journey so we can remember the truth, embody it, and be able to live more free and abundant lives because we've reconnected with what's real.

From there, our vibration will help others remember, to the point that we will light up a grid around the earth of true abundance, harmony, and peace.



CLEARING THE OLD BELIEFS



Part One

Many people try to work with the Law of Attraction to manifest money, **thinking that simply repeating affirmations, or visualizing their bank account growing, will be enough to call in the big bucks.**

This is what I tried, for many years.

I didn't realize that saying abundance affirmations for 5 minutes at a time, a few times a week, was in no way enough to unravel a lifetime of negative programming around money.

If you reflect on it, from the time when you were born, until today, you've been inundated with disempowering messages about money. "Money is stressful", "Money causes relationships to fail", "Money is the root of all evil", "Rich people are snobby and no one likes them", "You have to work really hard to have money", and so many more.



So - If we have all of these pesky beliefs hanging out underneath the surface - **we need to clear them in order for these new affirmations to have somewhere to GO!** We need to create space, clear and transmute out the old stuff, first and foremost. If we don't do this, we can affirm our abundance all day long, and we might even see an increase in income, but it will

be in no way as effective as if we first CLEAR our old beliefs, and THEN add in what I call the “new and true beliefs.”

So, this is why I say there are 2 parts to Wealth Consciousness.

Part 1 is Clearing, which we’ll be doing in this section. Part 2 is Manifesting through New Beliefs + Play, which is in the next section.

In Part 1, I’m going to give you a few of my favourite ways to clear out the old, worn out beliefs that are stopping you from having MORE than enough.

CLEARING TOOLS



CLEARING TOOL ONE



The Excavation Journaling Process

I got this journaling process from one of my money coaches, Amanda Frances, so shout out to her for that!

What you're going to do first, is get your journal and a pen out.

Now, feel into your feelings around making more money, receiving for your work, or whatever your goals are in terms of finances.



What resistance comes up when you picture making yourself a lot of money for what you love? Where do you feel it in your body? Now breathe into that resistance, and ask- What are the beliefs behind this resistance?

Common beliefs when we first do this process are:

- *I'm not good enough / experienced enough / powerful enough to receive what I want*
- *I'm not likeable / loveable enough*
- *I've never made that much money before - I don't think it's possible*
- *She / He is doing it so much better than I could ever do it, why would people pay me?*
- *I'll lose family or friends if I allow myself to have wealth*
- *Money is bad / not spiritual and I shouldn't want it or have it*
- *Rich people are bad people, money is evil*
- *I shouldn't make more money than my partner, they might leave me*

Feel into what is coming up for you. We'll work with 1 belief at a time with this process.

Now write down these questions:

- 1) What is the limiting belief?
- 2) Is this true? Why or Why not? (*Use logic to help you work through whether or not the belief is actually true*)
- 3) What is the new and true belief? (*Create a new belief in opposition to the old one, that makes you feel really good and empowered*)

And answer all 3.



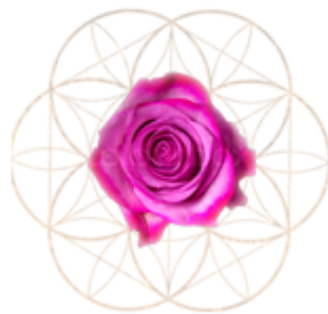
I'll take you through an example from my own life:

- 1) **What is the limiting belief?** I don't have it 'together' enough to make more money. I'm always traveling, off on some adventure, or sometimes don't have energy, focus, or enough

grounding, to work on projects - so - I'm not grounded and focused enough to make better money.

- 2) **Is this true? Why or why not?** Well... one time, when I was traveling through 3 countries, Egypt, Israel, and France, was also when I had split water on my computer and it was hardly working, and when I finally got it fixed, I had really patchy wifi in my Airbnb. I was also feeling run down and fighting getting sick. But that month, I had by biggest month, money wise, at that time in my life. So... I guess I don't need to be super focused and grounded in order to have money. I can feel kind of all over the place, and still be a match for wealth.

- 3) **What is the new and true belief?** I'm always an energetic match for money, no matter what. Money flows to me because I am a child of the Divine, and I am always deserving of being compensated.



You can do this process with as many beliefs as you'd like. I like to sit down and do at least 3 beliefs at a time, if not more than that.

I usually do just a few beliefs at a time, as this can be an intense process. It goes right to the heart of your resistance. I like to do this in a few sessions - until I have about 9 or 10 new beliefs.

Once you have your new beliefs, **you can highlight your new and true beliefs, and put them on sticky notes around your house**, make a beautiful affirmation art page to sit above your office, or put reminders on your phone to come up throughout the day, with your new belief!

This is an important part of the process - make sure you are actually saying your new beliefs and FEELING them while you say them - everyday. Don't just leave the new beliefs in a

notebook somewhere and forget about them. Use them! Say them! Vibe with them! Believe them!

Watch the video for Clearing Tool 1 here.

CLEARING TOOL TWO



The Transmutational Prayer

The language in this prayer I received from one of my teachers, Christie Marie Sheldon, so thank you to her!

This prayer is something you can do on the go, or, something you can sit down and pray with for about 20 minutes at a time with deep intention. Or, anything in between. The point is, this prayer is one you can bring into your daily life, even if you have a house full of crazy kids, or are in a busy flow of your life - as it doesn't necessarily require you to sit down by yourself to practice (although you can).

So, what we're going to do here, is where the energy of fear or worry comes up around money, we can, like the previous exercise, identify what some of the limiting beliefs are, that are causing the anxiety.

We then say, with presence:

*Higher Self / Source Energy / Archangel Michael
(Choose one, or your favourite word for the Divine),
Wherever I believe _____ (Your limiting belief)
Please clear, release, delete, and transmute that,
Across all time, dimension, space, and reality, now.*

See white or blue-violet light clearing your energy field, chakras, and cells.



For example, tune in and ask: “What sneaky beliefs are under the surface, that tell me I can’t make good money doing what I love?” Then write down what comes up. Be really honest with yourself. Say you find a belief that says: “**No one will want to pay me for my healing work, people won’t see the value in it**” - you can use the above prayer like this:

Higher Self, Wherever I believe that no one sees value in my healing work and that no one will want to pay me, please clear, release, delete, and transmute that, across all time, dimension, space, and reality, now.

And then see white light fill all of your chakras, and all of your cells, as this clearing takes place.

Another example:

Higher Self, Wherever I’m vibrating with beliefs of lack that I inherited from my family, please clear, release, delete, and transmute them, across all time, dimension, space, and reality, now.

You can find different aspects of the belief, say the prayer in a different way, or repeat it 5 times. Make it your own. Trust yourself to get the wording right... feel it out. Speak to the beliefs that hold you back, and clear them.

If you’re not sure where the anxiety around money is coming from, or are having trouble identifying the belief, you can say:

*Higher Self / Source Energy / Archangel Michael
(Choose one, or your favourite word for the Divine),
Please clear, release, delete, and transmute,
Whatever is at the root of this belief in lack,
Across all time, dimension, space, and reality, now.
Thank you.*

See white or blue-violet light clearing your energy field, chakras, and cells.

I find this prayer to be enormously powerful, when it’s said many times in a row, with presence.

When I really breathe into my feelings, and surrender them into the light, with this prayer. You can say this prayer everyday, multiple times a day, whenever you feel it’s needed. **Please be**

sure to be present and IN your body when you say this prayer, as it's less effective when simply stated quickly, from the mind.



[Watch the video for Clearing Tool 2 here.](#)

CLEARING TOOL THREE



Clearing Through Ritual

Alright, now let's get witchy. Ritual or ceremony has been one of the most important parts of my own healing journey around abundance and wealth.

Why? Because ritual is like prayer that's been lit on fire. (And actually, I usually *do* light my prayers on fire in my rituals, haha!)

That means that whatever intentions or prayers we have for our life, are deeply focused into the Divine mind, through ritual.

If we have an intention to bust through our old blocks around money, we can tell the Universe that, through ritual.

If we have an intention to clear out old ancestral fears that are blocking our abundance, we can tell the Universe, through ritual.

If we have an intention to manifest a business that is aligned with our soul calling, and also brings in a full time income, we can tell the Universe, through ritual.

Through ritual, we can also feel a deep sense that - it is done.

Having an actual physical practice to deepen our prayers and intentions, creates a shift in the mind - it's easier for our more logically oriented mind to get on board, to really believe we created a powerful bit of magic and magnetism - if it can see or touch the prayers in some way.

So - how to create ritual? The sky is the limit - let your heart and soul guide you.

Here are a few examples:

-Once I wrote a letter to the Universe, asking for a healing in all familial and ancestral beliefs about money, I was carrying in my being. I asked to heal and transmute any feelings of lack or

guilt my ancestors had felt around money. I wrote this on a Full Moon, read it out to the Universe in front of the ocean at the exact time the moon went Full, and dropped the letter into the ocean. I then proceeded to watch the sunset. I feel the resonance of how that ritual affected my life, to this day! How? I can just... feel it :)

-I'll often start a ritual by creating a safe + sacred space.



I'll call upon my Spirit Guides and Angels to be with me, I'll ask Archangel Michael to clear the space, and my energy field, and I'll often light Sage to clear the space.

Then I'll meditate to get clearer on what my soul's intentions are. I'll write those intentions out, read them out loud, and then burn them. Then, I'll close the space, in a similar way I opened it - with my Guides and Angels. You can add a lot to this ceremony or make it your own in a lot of ways... doing it outside, and giving the ashes to the land.

Rather than burning the paper **you can bury it and place flower petals in a circle around where you've buried it**, etc etc. This is why earlier I said the sky is the limit. The best rituals are the ones that feel most powerful and special to YOU! You can create a ritual that's completely different to the ones I shared with you. If you need more ideas on how to create a

ritual, you can google: “Ritual ideas” or something similar, and see what comes up, to get some inspiration.

Here are some ideas for intentions you can craft your rituals around:

- Asking for your ancestral fears and baggage to be cleared
- Asking that your soul guides you to the most aligned career for you, in service to your planetary mission
- Asking that the beliefs from your family of origin, that do not vibrate with abundance, are cleared from your field
- Asking that any old beliefs blocking your abundance, are cleared, whether you know about them, or not
- Focusing on your ideal life and a visualization of it out into the Universe, asking for “this or something better”
- Asking for confidence to believe in your value and your worth, so you feel safe receiving income
- Asking for any blocks that prevent you from receiving be cleared
- Asking for your Higher Self, Spirit Guides and Angels for help in changing your thoughts everyday, so they resonate with more abundance.
- Etc, etc! The sky is the limit! Trust your intuition to guide you as you create your rituals.



[Watch the video for Clearing Tool 3 here.](#)

CLEARING TOOL FOUR



Become Intimate With Your Money

I almost launched this e-book without this step. And then I was like... *"Wait! Alas! This step must be in here!"*

This step is looking at your finances and taking an inventory of where you're at.

I call it a clearing tool, because most of us have serious resistance to being intimate with our money. We don't know how much is in our account, how much debt we have, what monthly payments are coming out, or where our expense/income balance is at. If you already know all of these things - amazing.

If not, when you check your money and where it's at, **you'll automatically be moving through and transmuting resistance**, and clearing shields around your money as you begin to become more intimate with it. You showing up to what is scary, is a clearing process in and of itself.

So, this clearing tool is multi-fold, and will likely take a couple sessions. You'll want to have these sessions at least every 2 weeks, if not once a week.

This is what you can do:

- Check - how much is in your checking account? Your savings account?
- Check - how much is owing on any credit cards, and loans?
- Check - what payments are coming out automatically every month? Do they serve you?
- Check - what was your income for the last 3 months?
- Check - what were your expenses for the last 2-3 months? What did you spend your money on?
- Check - what bills are outstanding? Can you pay them now, or make a plan to make them by a certain date? This will clear energy leaks.

After you do this - GOOD WORK! **I understand how scary this can be.** I never did it, until I started to learn about wealth consciousness. When I do this process often, I really feel a relief. I know what's going on with my money. Even if I'm short - I'm aware of it, I know how much I need to bring in to meet my goals, and that clarity helps me manifest.

Please do not skip over this step. If you are scared, breathe into your fears, make some sacred time to do this - light a candle, play some nice music, and tell yourself - everything will be OK.

What's happening with your money is happening regardless, you might as well know about it so you can come from a place of presence and clarity.



After you do this exercise - reflect. How do you feel? *Are you overspending? Do you notice any energy leaks?* Etc. Be present, notice what comes up.

Make any changes that your intuition guides you to. Maybe you realized, like I did at one point, that I was spending WAY too much money on food - with little impulse purchases, that I made all the time. I then made myself a budget for food, and stuck to it. It was a budget that still afforded that I eat well - but asked that I spend more on produce and whole foods, rather than so many ready made items that cost a lot more.

Whatever you need to do to bring your spending habits into alignment - do them.

Bring this process into your life often. **Be familiar with your money. Intimate.** Take care of her. She will respond!

[Watch the video for Clearing Tool 4 here.](#)

MANIFESTING THE NEW



Part 2

The next part in our journey is all about **infilling with new beliefs**, which support our goals, our dreams, and which make us feel good and free in this modern day world.

This part can be quite fun.

The biggest thing to note about this part of our journey, is that we are aiming to create the FEELINGS of what it would be like to have more than enough money.

How would you feel if your bank account balance soared and you could do that thing you've always wanted to do, like travel, buy land and go off-grid, or even simply, buy the best organic groceries ever?

We want to feel these feelings in the NOW, we want to feel into the reality we are creating, **as if it's already here.**

We want to anchor the reality of our own abundance into the present moment, and in this way, it can manifest.



MANIFESTING TOOLS



MANIFESTING TOOL ONE



Scripting

The first tool in our toolkit for rebuilding new beliefs, is - scripting!

This is essentially where you write down your gratitude and excitement for what's happening in your life, as though it's already happened, and you are already living it.

A scripted journal entry might go something like this...

“Wow, I’m so excited! I’m in Brazil right now having the time of my life! I’ve met so many amazing members of my soul family and I feel so completely supported by the Universe. I can travel wherever I want in Brazil and stay in really nice places, because my income has increased so much over the last few months. I’m now making \$10 000 a month consistently, while traveling, and it was WAY easier than I ever thought possible! In fact, I’m working less than I did when I was making \$2000. I can hardly believe it, but at the same time, I totally can, because I’ve remembered the Universe is an abundant place, and I’m an abundant being! I also love that I am helping so many more people with my work, because I’ve allowed myself to expand!”

That was an example - you can script any sort of realities you want. You can even change what you’re writing about everyday, and try out different versions of realities you want to call in.

*The single most important thing is that during and after a scripting session, you feel **amazing!***

If you’re trying to ‘get it right’, or aren’t letting yourself dream, breathe through it, and see what you need to do in order to have a lot of fun with this exercise. Because, remember, it’s the vibrations that attract our realities, so the more fun you have with this tool, the more fun you’ll be manifesting. You can do this everyday if you want, as a part of your journaling practice!

[Watch the video for Manifesting Tool 1 here.](#)

MANIFESTING TOOL TWO



Visualizing

This is similar to our scripting tool above, but this time, we're simply daydreaming about our visions, in our mind - maybe on our meditation pillow, or while we're out for a walk.

Start by deciding - what reality would feel sOooooOOo juicy to live?

When I was getting serious about wealth consciousness, I would constantly sit on my bed, close my eyes, and see myself looking outside of an airplane window. I would feel all the feelings of excitement and freedom that came with traveling.

Now, looking outside of airplane windows is a constant reality in my life. In fact, the last time I looked out of one was yesterday, as I was flying into the Amazon rainforest. Pretty cool, huh?

So - let yourself dream.

Put on some fun songs, close your eyes, and give yourself 10 or 15 minutes just to **daydream**, creating stories in your mind about what would be so fun to live. As with the tool above, to practice this tool effectively, you're going to want to feel JOY when you are doing this practice.

The trickiest thing about this practice is the entrance of the ego, which will likely come in and say things like... "Yeah, but HOW??", or



“That could never happen, you’re dreaming too big”, etc etc.

This is why went over clearing processes in Part 1. **We want to clear out the parts of ourselves that don’t allows ourselves to dream big.**

If and when this happens, bring yourself back. Let yourself dream big, and have fun. And if that pesky voice of the ego still ramps up to the point you can’t really get into it - go back and do some clearing exercises. You can say a prayer like *“Any part of me that believes that this isn’t possible, Archangel Michael, please clear, release, delete, and transmute it, across all time, dimension, space, and reality, now, thank you.”*

Do your clearing exercises for as long as you need, then go back to daydreaming and let yourself HAVE FUN!



[Watch the video for Manifesting Tool 2 here.](#)

MANIFESTING TOOL THREE



Affirmations

And now we are on our last tool for manifesting - affirmations!

Affirmations are something most of us are familiar with.

But can you see how much more effective affirmations can be, when they are paired with all of our previous exercises?

There are a lot of ways to work with affirmations.

Here are some of my recommendations:

- Take your new + true beliefs from our journaling clearing exercise, and write them all out on a beautiful piece of paper. Maybe even add stickers, or paint on the piece of paper to make it really special. Hang this piece of paper in your office, or put it on your altar. Say these affirmations, out loud, with feeling, (maybe even place one hand on your heart) - everyday.
- Listen to affirmations for wealth on YouTube. [This one](#) and [this one](#) are 2 of my favourites. These are really awesome, because you can listen to these while doing the dishes, driving to work, or cleaning your bedroom!
- Start out your day, or end your day, by writing 50 affirmations in your journal. You can write “I am a magnet for money” 10 times, then switch to “I allow myself to love money, and I allow money to love me. We are now in a healthy relationship!”, and write that 10 times. You could try “Soul mate clients show up in my life with ease” or “It feels so good to have more than enough money.” - Simply choose affirmations that make you feel good. Spend 10 or 15 minutes journaling them out, and when you’re done, read them back out to yourself, with feeling!

Ideas for affirmations you can integrate into your life:

- I am a magnet for money!
- Money comes in easily and effortlessly into my life.

- I love money, and money loves me! It loves to flow into my life!
- I love how it feels to spend and receive money. I love to allow the flow of money to circulate.
- My income grows higher and higher, in expected and unexpected ways.
- Making money is easier and more fun than I ever thought possible.
- People love to pay me!
- I am always being guided to soulful money making opportunities.
- I feel empowered when it comes to money.
- I am abundant by nature. Prosperity is my truth.



[Watch the video for Manifesting Tool 3 here.](#)

CONSISTENCY IS KEY



Commit to the Process + Get Ready for Miracles!

Everything I've recommended in the e-book, **I've recommended based on personal experience**. Remember, I struggled for years with money, experiencing anxiety around money on a daily basis. Now, I rarely worry about money. It happens about twice a year. And every time that happens, I realize I'm just up against my next level, and if I commit, I can clear out the next layers that will allow me to step more firmly into my abundance journey. Basically, in short, I know this stuff works!

The absolute KEY with this process, is that we commit to it. Reading over this book, doing some exercises for the next week, and then forgetting about it, won't help you much.

However, taking these tools, and practising the ones you love for 30 minutes a day, for 1 month, as a start, will drastically shift your reality. Consistency is key! It's everything! On the next page, I invite you into a wealth consciousness challenge, if you're truly ready to commit to big changes!

When you consistently practice these exercises, in a way that makes you feel good - everything will change!

I encourage you to have fun with this process, practice the tools that make you feel good, and get prepared for your life to change!



Are you ready for the Wealth Consciousness Challenge?

Here is the challenge. **I challenge you to practice some sort of wealth consciousness practice for 30 minutes a day, for 30 days.**

How does this work?

Simply fill 30 minutes of your day, with any practices from this e-book.

You can do 10 minutes of three practices, etc, you don't need to do just one. You can also work with any other wealth consciousness practices you know. Maybe you'll read a book about money. Maybe you'll listen to one of the videos in the extra resources section [here](#). Maybe a friend sent you a link to a podcast about money, and listening to it is your practice that day.

It doesn't matter exactly how you fill the 30 minutes in your 30 day challenge - whatever practice feels most exciting and juicy to you that day is the best one!

You might find some days super busy, and you remember about your wealth consciousness practice just before bed. This happens to me. In those cases, I will pop in some earbuds and listen to affirmations as I fall asleep - maybe I'm awake for 15 minutes of it, and falling asleep for 15 minutes - that's actually perfect - when we are falling asleep we are SUPER receptive to new beliefs. Im saying this because I want you to know some days can be super gung-ho and you show up super powerfully for practice. And some days can be more chill, and you just fit it in where you can. It's OK. Just do it, commit for 30 days, and watch miracles unfold!

If you want to take me up on this 30 day challenge, come into our FB group, [Sisterhood of the Mermaid Moon](#) - and let me know! Use the hashtag #wealthconsciousnesschallenge and tell us: Why are you doing this challenge? What do you see shifting in your life as a result? And... are you ready for miracles to unfold?



For women on a mission...

Are you feeling the call to jump into this work?
To start or expand your soul-based business and go ALL IN?

I offer 3 and 6 month coaching experiences - if you are serious about building a business that comes from your heart, deeply serves the world AND brings you a ton of abundance and prosperity.

If you're interested in working one on one with me - [you can learn all about my coaching programs here.](#)



Lots of love! May the codes of infinite abundance anchor into your energy field!

xo Beth Katherine