

# SUMMER SOLSTICE

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HEART ENERGY



FIRE

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PREPARATION

**AT THIS TIME IN YOUR LIFE, IS YOUR CALLING WHAT YOU DO OR HOW YOU LIVE?**

*how you live your life:* no matters what you do, what matters is who you are doing it. many teaching jobs, the quality of who you are while you do things, your mere presence

*what you do:* craft, path or mastery, inventor, doing your art, you're doing your work these days, you are engaged in your calling.

**IS THE QUALITY OF MY ACTIONS IN ALIGNMENT WITH MY HEART?**

where are you not?, what are you doing instead?, what's the pattern? Write it down and make a paper flower with it.

**NORTH**

TEACHER | LEADER

*fear of your power*

Where do my actions arise  
from a continued confusion or  
misuse of power?

Act without judgement,  
with sincere honesty

**EAST**

VISIONARY

*fear of being wrong / doubt*

Clarify the actions needed to  
bring my power fully to bare  
in the art of living my calling  
and /or my true self?

Right action

**SOUTH**

HEALER

*fear of dying, refusing to  
surrender to nothingness*

where in my life must I  
surrender to nothingness,  
until I can feel the fulness of  
my heart wanting to be born  
into something new

surrender to nothingness

**WEST**

WARRIOR

*fear of stepping out of other's  
judgements, expectations*

where do my actions need to  
step up in my fierce loving  
commitment to my true self  
and/or true calling?

Fierce loving commitment  
(no hesitation)