Family Kitchen Fact Sheet

Guided by the belief that nobody should go hungry, Family Kitchen has been providing free meals to anyone in need since 1986. Our mission is “To serve anyone who needs a nutritious meal in a safe and caring environment”. Our patrons are treated with respect and are asked nothing but to leave with a full stomach.

History
In 1986 six women from Trinity Episcopal Church were concerned that local families would be adversely affected by the closing of the local lumber mills and the resulting hard economic times in Bend. They began by preparing meals in their homes and serving them once a week in the church hall. Other churches joined in and the meal schedule was expanded. Today Family Kitchen continues as an outstanding ecumenical and community effort serving nearly 5,100 meals each month. We operate as the Family Kitchen Trust led by a Board of Trustees, sponsored by Trinity Episcopal Church. (Tax ID #93-0427371)

Meals
Hot lunches are provided on Monday, Wednesday and Friday at 11:00AM and Saturday at 11:30AM and now (2018) Sundays from 11a-1p. Hot dinners are served restaurant-style on Tuesday, Thursday and Friday at 5:00PM. Additionally, sack lunches are made on Tuesday mornings and are picked up by Central Oregon Veterans Outreach for distribution at area homeless camps and by Mission Church for distribution at their Shower/Laundry operation. On Saturdays, we distribute soup to shut-in seniors at two low-income apartment complexes and on Tuesdays to the LOFT (Living Options for Teens) drop-in program.

In 2019, we served 60,947 meals.

Operations
Teams prepare and serve meals. Each team has a certified food handler. Other teams shop for food and pick up donated breads and desserts from local markets. Our Kitchen Coordinators oversee the purchase of ingredients from local grocery stores and obtain some donated or reduced price meat and canned goods from Neighbor Impact. Our fully loaded cost per meal (includes staff and all building costs as well as ingredient costs) is about $4.29 per meal. Our 350+ monthly volunteers come from groups of friends, churches, civic groups, schools, businesses and corporations.

Facilities
In 2010 a new kitchen was built on the ground floor of St. Helens Hall of Trinity Episcopal Church. The kitchen is certified “commercial” and is subject to regular county health inspections. The range was donated by Jan and Jody Ward. The dining room is clean and cheerful, with seasonal table decorations being provided by the Soroptomist Club. Patrons are served at tables with placemats, silverware and napkins. A piano is available and is used frequently. A lovely mural on one wall was painted by local artist Kim Smallenburg.
Funding
Operational funding comes from caring community members, local churches and organizations such as Newport Avenue Market, Les Schwab Tire Centers, Deschutes Brewery, WCP Solutions, CJ Berry Foundation, Brooks Resources, The Hunger Prevention Coalition, Bank of the Cascades, On Point Community Credit Union, Central Oregon Association of Realtors, United Way, Maybelle Clark Macdonald Fund and other grants.

Leadership
The Family Kitchen is managed by an active Board of Trustees:

David Butler (President)    Lee Husk    Margie Robberson
Paul Primak                  Linda English  Lee McGee
Peter Lovering              Bill Silliman  John Trachtenberg
Jennifer MacHaffie          Dana Black

Kitchen Coordinators: Jan Hedges and Julie Stamper
Program Director: Donna Burklo

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