

Eating Disorders of York Region's Riverwalk Wellness Centres

Eating Disorder Assessment: Physician's Referral Information

Upon receipt of referral, our administrative staff will contact the patient to schedule an EDI-3 Eating Disorder Assessment.

If the patient has not scheduled an assessment within three weeks, we will notify the referring physician. Referral forms expire six months from the referral date.

A \$250.00 assessment fee applies, which must be paid at the time the appointment is scheduled.

Please ensure that your patient is aware of the fee for service.

Please note that EDOYR is not a health care provider and the EDI-3 Eating Disorder Assessment is not conducted by a physician but by a registered social worker. The Assessment is neither therapy nor a clinical examination. The Assessment report is based the EDI-3 data and does not provide a diagnosis of any kind.

While we do accept referrals for Assessments, our other services are accessed via client self-referral. Clients accessing services should be advised to continue to follow up with their family doctor and other health care provider and/or specialist for necessary monitoring.

Assessments are provided at our central location, 15213 Yonge St., Ste. 15, in Aurora.

The assessment results, copies of consent forms and resource information will be delivered to the referring physician's office. Results will not be discussed with the patient.

Assessment Results:

The EDI-3 is a summary report outlining the specific eating disorders risk evaluation for the patient along with psychological vulnerabilities and risk factors.

The conclusions, opinions and recommendations contained therein are based upon EDI-3 data and are therefore **not inclusive or intended** as a diagnosis. The report does not portray a diagnosis of an eating disorder, but rather describes measurement of psychological traits or symptom clusters relevant to the development and maintenance of eating disorders.

Resource Information:

The following information will be provided to the physician with the assessment results:

List of free eating disorder support resources available in York Region; hospital program information, Eating Disorders of York Region (EDOYR) and NEDIC (National Eating Disorder Information Centre) brochures, information about "Stages of Recovery", a free motivational interview workshop a free motivational interview workshop designed to support patients while allowing them to assess their readiness to change their eating behaviors.

Note: With signed consent, physicians may contact the assessment clinicians providing the assessment results.

In order to participate in group therapy, clients must be medically stable. If you believe that the client whom you are referring for the Assessment is in critical condition, or the situation has elevated to that of an emergency, referral to EDOYR is not appropriate and you should refer the client to the hospital or a qualified psychiatrist, based on your medical judgement.

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