Mobilizing Members
To make Disciples

(Adapted from T4T – Build a trainer and Four Fields)
**Outcome:**
1. Participants will be equipped to share their faith.
2. The Gospel will be spread at a fast pace

**Basic Instructions**
1. Teach the material in church meetings or small groups
2. Call for an eight week commitment
3. Explain to group members that they must do what is taught each week. (It is best if a member starts their own group immediately even if it is only with 2-3 people.)
4. Only people who do what is taught are to be taught the following lesson.
5. Explain that people can come to another group some other time if they don’t do what is asked of them.
6. Explain that the purpose of the training is to equip people to share the Gospel and help them disciple others. People are required to teach what they know.

**Advantage of the method**
1. Equips those who want to do.
2. Gets people active quickly
3. Rapidly multiplies

**Notes to Facilitators**
- Please read through all the material for the lesson prior to teaching it.
- There is a one-page lesson plan that shows the method for teaching each lesson.
- Each lesson plan is different and has been custom designed to best achieve the desired outcomes of the lesson.
- Be advised that verses mentioned in the lesson plan are all listed in the material itself.
- DO NOT teach the lesson plan. It is a guide for the facilitator and helps to facilitate the learning only. It is not extra material to be taught.
Content
1. My Story
2. God’s Story - The Roman Road
3. The Assurance of salvation
4. Praying for yourself and others
5. Daily Devotions
6. The Church
7. Our Heavenly Father
8. Self Feeding
There are 2 parts to every training session.

PART 1

WORSHIP: (This should be 15 minutes or less. Remember that the reason for meeting is to equip people.)

For the first 3 lessons the Trainer should lead and MODELING the opening worship. From the 4th lesson ask a Trainee to lead worship.

a. Lead in opening prayer
b. Lead in a song of praise
c. Lead in devotional thought (very short max 5 Minutes)

PART 2

1. Review last weeks teaching
2. Participants must report on what they did last week. (encourage people but enforce the principle that only people who have done what they were taught will go forward to the next teaching. DO NOT COMPROMISE ON THIS.
3. Introduce new teaching giving purpose and outcome
4. Teach, practice, build confidence
5. Agree what each participant will do in the coming week
Close in prayer
Lesson 1 My Story Lesson Plan

Learning outcomes:

By the end of this lesson Learners will be able to:
1. State the assurance of their relationship with God.
2. Articulate their place in the body of Christ
3. Explain the four calls of a Christian to share the gospel.
4. Share the gospel
5. Write and share their story
6. Identify friends, family members with whom they could share their story

Lesson Plan

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<tr>
<td>Introduction</td>
<td>You are a part of God’s family.</td>
<td>Facilitator Input</td>
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</table>
| Discussion: 4 Types of calls to share the gospel | Small groups receive a verse to discuss:  
• Mark 16:15  
• Luke 16:27-28  
• 1 Corinthians 9:16-17  
• Acts 16:9 | Small group Report Back |
| Feedback                    | Groups report back on their findings from the verses discussed.         | Small group          |
| Questions and Answers       | What do the verses have in common?  
Is there a command?          | Large Group             |
| Review                      | Tell scenario of incurable disease and onwards                          | Facilitator Input    |
| Questions and Answers       | Why do people not share their testimonies?                              | Large Group          |
| Demonstration               | Facilitator tells their testimony in 2 minutes                          | Facilitator Input    |
| Introduction                | Facilitator explains the three parts to a testimony                     | Facilitator input    |
| Reflection                  | Individuals to write their testimonies                                  | Individual Reflection|
| Feedback                    | Groups to stand and read out their testimonies together                 | Large group          |
| Activity                    | Pairs break up to read testimonies to each other                         | Pairs/ small groups  |
| Activity                    | Individual says their testimony to entire group                         | Individual           |
| Application                 | Individuals to tell their testimony to 5 people this week               | Facilitator input    |
Lesson 1 – My Story

As a Christian, you are a child of God and a member of God’s family. You have the assurance of salvation. You can pray directly to God and have fellowship with him at any time and spend devotional time with him. You are a member of his church, a blessed person. The most important thing is that God calls you to spread the gospel and teach others to obey all of his ways. They can then proceed to teach even more people about the good news of salvation.

There are four types of calls to share the gospel:

1. Call from above, the commandment of the Lord Jesus. Mark 16:15 “Go into all the world and preach the Good News to all creation.
2. Call from hell; rich man’s plea to share the gospel with his family Luke 16:27-28
3. Call from inside; Paul was under compulsion to spread the gospel. 1 Corinthians 9:16-17 “I am compelled to preach”
4. Call from outside; Paul heard the call from Macedonia to come. Acts 16:9 “come over to Macedonia and help us”

Today each Christian should listen to the calls in their life and respond immediately.

Imagine there is a disease that is incurable. Everyday on billboard you see adverts about the hopelessness of this disease. Statistics about orphan children and widows because of this disease are alarming. Now imagine that someone came up with a cure for this disease and chose not to give it to people. What will the affected and infected people think of this person?

We should not only lead people to become Christians, but also to become a successful disciple who disciples others. In this way you can rapidly spread the gospel message.

2 Timothy 2:2 “the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others”

Every Christian should start a new group, sharing the gospel with his/her neighbors. God will greatly bless and use such a life.

You should immediately respond to God, pray for the body of Christ, and your life will be a blessing by: leading people to believe in the Lord, and enabling them to lead others to Christ.

Many Christians do not share the gospel for TWO MAIN REASONS.

1. They do not know with whom to share the Gospel.
   - List the names of all family members, relatives, neighbors, friends, colleagues, and classmates who have not come to Christ.
   - Prioritize them in groups of 5 (preferably in groups that are related or people who know each other already)
   - Each person can easily list 100 (begin with at least 20)

2. They do not know how to share the gospel
   - Help them write their testimony (only 2-3 minutes long) on being saved.
   - Everyone together to read or speak his or her testimony out loud 2-3 times.
   - Ask them to adjust it until it is clear and logical.
Then have trainees tell their testimony to another participant and ask for feedback.
Repeat this process until everyone is clear and confident.

The basic form of a testimony
- How I lived and what my life was like before I believed in Jesus
- How I came to know about Jesus
- How my life has changed after I believed

Action for the week

Tonight do one thing – Make contact or go and see someone and tell him or her of the love of God.
During the week – give your testimony to the first five people on your list
Tell them. Don’t ask them.
Lesson 2 God’s Story Lesson Plan

Learning outcomes:
By the end of this lesson Learners will be able to:
1. Tell God’s story.
2. Draw the Roman Road.
3. Identifier and repeat the 5 verses of Roman Road.

Lesson Plan

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<td>Introduction</td>
<td>Romans used to say that: « All roads lead to Rome » But not so for salvation. Today we are going to see from 4 verses, how one could get to heaven.</td>
<td>Facilitator Input</td>
</tr>
<tr>
<td>Demonstrate:</td>
<td>Tell God’s Story using:</td>
<td>Facilitator Input</td>
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<tr>
<td>Demonstrate:</td>
<td>• Romans 3:23</td>
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<tr>
<td>Demonstrate:</td>
<td>• Romans 6:23</td>
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<td>Demonstrate:</td>
<td>• Romans 5:8</td>
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<tr>
<td>Demonstrate:</td>
<td>• Romans 10:9-10</td>
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<tr>
<td>Demonstrate:</td>
<td>• Romans 10:13</td>
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<tr>
<td>Feedback</td>
<td>Learners feedback to each other</td>
<td>Small group/pairs</td>
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<tr>
<td>Identification:</td>
<td>John 4: 14-42 read by the facilitator</td>
<td>Facilitator Input</td>
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<tr>
<td>Identification:</td>
<td>Discovery in Small groups</td>
<td>Small groups</td>
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<tr>
<td>Feedback:</td>
<td>Feedback to larger group</td>
<td>Feedback by Small groups</td>
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</table>

Diagram: Roman Road drawing with key verses.
Lesson 2 God’s Story – The Roman Road

Before you begin lesson 2 check that all people have given their testimony to their targeted people.

Last week you looked at your story and how to tell your story.
This week we will learn to tell God’s story

The Roman Road is a simple way of telling God’s Story. It will help people evangelise using Scripture.

Tell God’s Story

Draw the following simple diagram:

![Roman Road Diagram]

Explain the chasm is man’s separation from God.

1) Romans 3:23 says, “All have sinned, and have fallen short of the glory of God.”
   Sin means to miss the mark. If I try to throw a rock over a mountain, my attempt will fall short. Some will throw farther than others, but all will fall short.

2) Romans 6:23 says, “the wages of sin is death, but the free gift of God is eternal life through Jesus Christ our Lord.”
   What we earn for being a sinner is death. What we receive from God, as a free gift is life.
   What we receive from God, as a free gift is life.

   Have someone repeat the two verses. Then have the whole class recite them several times until the whole class is comfortable with them.

   Draw in the Cross to cover the gap.

   ![Roman Road Diagram with Cross]

3) Romans 5:8 says, “While we were yet sinners, Christ died for us.”
   This means that He took the separation that we deserve. Is also means that He did not ask us to clean ourselves up first in order to deserve eternal life. While we were sinners Jesus died in our place.
And finally

4) **Romans 10:9** says, if you “confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved.”

To believe means to depend upon. When you sit down on a chair you depend on it to hold your weight. When we depend on Jesus we trust Him to do for us what He says He will do. When we trust that Jesus died in our place, we are depending on Him to carry the weight of our sin.

Have a volunteer repeat these verses. Have the whole class recite them together.

Erase the board and have two volunteers come up and draw the diagram and explain the verses.

**ROMAN ROAD**

![Roman Road Diagram]

**THE FOUR ESSENTIALS OF EVANGELISM John 4:4-42**

The Samaritan woman shows us 4 essentials in evangelism. These are

- **v. 28** - Immediate Obedience
- **v. 29** – Personal Testimony
- **v. 29** – Gospel Presentation
- **v. 30** - Introduction to Jesus

The Scripture tells us that many believed. If you want to see many believers then you too need to follow the example.
Lesson 3 Assurance of Salvation Lesson Plan

Learning outcomes:

By the end of this lesson Learners will be able to:
1. Every learner will articulate the assurance of his/her salvation.
2. Will identify at least 3 verses that speaks about assurance of salvation
3. Demonstrate the way of salvation
4. Quote John 10:28; 2 Corinthians 5:17

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<td>Revise the previous lesson</td>
<td>Facilitator Input</td>
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<tr>
<td>Questions and Answers</td>
<td>If you were to die today do you know that you would go to heaven?</td>
<td>Large Group</td>
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<tr>
<td>Discussion</td>
<td>1 John 5:11-13</td>
<td>Discussion in Small Groups</td>
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<td>John 17:1-3</td>
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<td>1 Corinthians 15:58</td>
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<td>2 Corinthians 5:6-8</td>
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<td></td>
<td>Psalms 23:4</td>
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<td></td>
<td>Job 19:25-27</td>
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<tr>
<td>Feedback</td>
<td>Share with the large group your discoveries.</td>
<td>Secretary of Small Groups</td>
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<tr>
<td>Explanation</td>
<td>The way of salvation</td>
<td>Facilitator Input</td>
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<tr>
<td>Memorize</td>
<td>Reading and memorizing of John 10: 28 and 2 Corinthians 5: 17</td>
<td>Facilitator and learners</td>
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</table>
Lesson 3 – The Assurance of Salvation

Review the Roman Road. Ask each person if they have presented their story and God’s story to people on their list.

Congratulations, you have been born into God’s family, becoming a child of God. From now on you have a new relationship with God and receive all of His promises.

How can we be sure that we are saved?

1. John 5:11-13 “And this is the testimony: God has given us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life. I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life.

2. John 17:1-3 “After Jesus said this, he looked toward heaven and prayed: “Father, the hour has come. Glorify your Son, that your Son may glorify you. For you granted him authority over all people that he might give eternal life to all those you have given him. Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent.

3. 1 Corinthians 15:58 “Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

4. 2 Corinthians 5:6-8 “Therefore we are always confident and know that as long as we are at home in the body we are away from the Lord. For we live by faith, not by sight. We are confident, I say, and would prefer to be away from the body and at home with the Lord.

5. Psalms 23:4 “Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

6. Job 19:25-27 I know that my redeemer lives, and that in the end he will stand on the earth. And after my skin has been destroyed, yet in my flesh I will see God; I myself will see him with my own eyes — I, and not another. How my heart yearns within me!

So how can we be sure we are saved?
The way of salvation is as follows:

The redemption of Jesus + your faith + repentance = salvation

Has God done what he wants to do? ______ Yes ______ No

Have you done what you need to do (believe in faith and repent)? ______ Yes ______ No

If you have “believed and repented you are saved!

Wait… are you sure that you are saved? If you were to die right now do you believe that you will go to be with Jesus? ______ Yes ______ No

Jesus promises to those who follow Him, John 10:28, “I give them eternal life and they shall never perish.”

Eternal life does not only mean that one day you will live in heaven. It means being alive and living with God now. We are able to live a life of holiness, righteousness, and strength and we will forever receive the blessings of God.
Your response

Do you know you have been saved? _____ Yes _____ No
Do you know you have received eternal life? _____ Yes _____ No

Conclusion: _____ I have been saved
            _____ I have not been saved
            _____ I still don’t know

Paul writes, “If anyone is in Christ, he is a new creation the old has gone, the new has come. This means you will be changed. Have you experienced the following changes?

            _____ Inner peace            _____ awareness of sin
            _____ Feel God’s love            _____ ability to defeat sin
            _____ Desire to read the Bible            _____ caring for others
Lesson 4 Prayer Lesson Plan

Learning Outcomes:

By the end of this lesson Learners will be able to:
1. Explain the four reasons why we need prayer
2. Identify what to pray for
3. State God’s three responses to prayer
4. Describe the five attitudes that result from prayer
5. Explain the five requirements for answered prayers.

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<td>Questions about prayer</td>
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<td>God’s Responses?</td>
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<td></td>
<td>Results of prayer?</td>
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<td></td>
<td>Requirements of prayer?</td>
<td></td>
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<tr>
<td>Feedback</td>
<td>Report back on discussion</td>
<td>Small group feedback</td>
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<tr>
<td>Discussion</td>
<td>Discuss the report back just happened</td>
<td>Facilitator lead large group discussion</td>
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<tr>
<td>Application</td>
<td>How to implement prayer into our daily lives</td>
<td>Facilitator lead</td>
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<tr>
<td>Demonstration</td>
<td>Prayer</td>
<td>Small groups of twos o pray together</td>
</tr>
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</table>
**Lesson 4 - Prayer**

Prayer is talking with God and listening to God. When you pray you should be open and sincere.

1. Why do we need to pray?
   - God’s command:
     - “You should always pray and never give up” (Luke 18:1)
     - “And pray in the Spirit on all occasions (Ephesians 6:18)
   - We need to pray to express our need:
     - You can (1 Peter 5:7) “Cast all your anxieties on Him because He cares for you.”
   - To Seeking God’s leading:
     - “Call to me and I will answer you and tell you great and unsearchable things you do not know.” Jeremiah 33:3
   - To “Receive mercy and find grace in your time of need” (Hebrews 4:16)

**What things do you need to pray for?**

“Do not be anxious about anything but in everything by prayer and petition, with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus (Philippians 4:6-7)

**There are three answers to prayer.**

- Yes – You can proceed
- No – You cannot proceed
- Wait – God does not respond, you must be patient

**Attitudes that result from prayer**

**Have faith**

“But when he asks, he must believe and not doubt.” (James 1:6)

**Have motivation**

“You do not have, because you do not ask God. When you ask, you do not receive, because you ask with wrong motives”(James 4:2-3)

**Confession of sins**

“If I had cherished sin in my heart, the Lord would not have listened.” (Psalm 66:18)

**Asking according to His will**

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us” (1 John 5:14)

**Faithful heart**

“They should always pray and not give up.” (Luke 18:1)
Hints for effective prayer:

1. People need to pray “in Jesus name” (1 John 14:13). Because only through Jesus can man come before God (John 14:6)
2. Ending our prayer with “amen” means praying with one’s true heart. (Matthew 6:13). Literally Amen means “Let it be so”
3. Prayer has many parts: praise, thanksgiving, requests, intercession, and confession.
4. Pray in a natural understanding language, avoid babbling.
5. There is no limit on time and place of prayer. One can pray at any time of the day and at any place.
Lesson 5 Daily Devotions Lesson Plan

Learning Outcomes:

By the end of this lesson Learners will be able to:
1. State the two things a devotional life is marked by
2. State the three ways a devotional life will help a Christian
3. List and explain the importance of the five tools to help you grow in your spiritual life
4. Describe the three parts of a devotion
5. Develop a plan for daily devotions

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<td>Explain the need for daily devotions</td>
<td>Facilitator input</td>
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<tr>
<td>Discussion</td>
<td>What a devotional life is and how it will help us</td>
<td>Large group discussion</td>
</tr>
<tr>
<td>Discussion</td>
<td>Give each group a tool to discuss how it can be used in a devotional time</td>
<td>Small group discussion</td>
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<td></td>
<td>• Bible</td>
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<td>• Pen and Notebook</td>
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<td>• Plan</td>
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<tr>
<td>Feedback</td>
<td>Each tool</td>
<td>Small group report back</td>
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<tr>
<td>Explanation</td>
<td>Three parts to a devotion</td>
<td>Facilitator input</td>
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<tr>
<td></td>
<td>• Prepare</td>
<td></td>
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<tr>
<td></td>
<td>• Seek God</td>
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<tr>
<td></td>
<td>• Be Consistent</td>
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</tr>
<tr>
<td>Conclusion</td>
<td>Prayer in small groups dedicating to have daily devotions</td>
<td>Small group</td>
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</table>
Lesson 5 - Daily devotions

To really know a person you need to have regular contact with them. Along those same lines, if you want to have a close relationship with God, you need to daily “set a time” just for God. We want to “set a time” for a daily devotion.

2 simple things mark a devotional life.
(1) Talk with God
(2) Let God talk to you through reading the Bible.

A devotional life will help us to
Worship God and to know that we are welcomed by God
Fellowship with God
Be Led by God

As our devotional life develops we will have the same attitude the psalmist has toward God.
Psalm 42:1-2 as the deer pants for streams of water so my soul pants for you, O God.
Psalm 119:147-148 "I rise before dawn and cry for help; … my eyes stay open through the watches of the night that I may meditate on your promises."

Suggestions and tools for your spiritual life:

1. **Bible**: Write down the scripture you read and write down what you learned from the reading.
   Meditate on the verse. Remember that you can’t change what the Bible says, but you can write how it impacts your life.

2. **Pen and notebook**: During your devotional time, write down your thoughts, what you sense God saying to you. “And you shall remember all the ways which the Lord your God has led you…” (Deuteronomy 8:2)

3. **Place**: Choose a place where you can meet with God without being disturbed.

4. **Time**: Find the most appropriate time where you can consistently meet with God.

5. **Plan**: Choose a book in the Bible to read at your own rate, then meditate and pray over the scripture.
A suggested format for Devotions:

“Open my eyes that I may see wonderful things in your law.” (Psalm 119:18)

Prepare:  ~~ collect the things you need and find a quite place
~~ Prepare your heart, wait on God
~~ Confess your sins

Seek God  ~~ Read a verse or a portion of scripture
~~ Meditate on how it relates to you
~~ Talk with God about what you read
~~ Pray over each item listed above

Be Consistent  ~~ Obey what God reveals to you
~~ Share with others what you have learned

Be faithful in keeping daily devotions.

Persevere in keeping your daily devotions; make the time a part of your daily life.
Lesson 6 The Church Lesson Plan

Lesson Outcomes:

By the end of this lesson Learners will be able to:
1. Explain what the Church is and what it is not
2. Explain the relationship between Jesus and Christians
3. Describe what the position of Christ is in the church
4. Teach Ecclesiology to others using their hand
5. Explain the five functions of the church with reference to Acts 2:41-47

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<tr>
<td>Introduction</td>
<td>What is the church</td>
<td>Facilitator input</td>
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<tr>
<td>Discussion</td>
<td>2 groups, discussing one question each:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- What is the relationship between Jesus and Christians in the Bible?</td>
<td></td>
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<tr>
<td></td>
<td>- What is the position of Christ in the church?</td>
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<tr>
<td>Feedback</td>
<td>Feedback discovery from what has been discussed</td>
<td>Small group report back</td>
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<tr>
<td>Demonstration</td>
<td>Handy Hand – The purpose of the church</td>
<td>Facilitator input students repeat after</td>
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<tr>
<td>Game</td>
<td>Small groups race to find the five functions in Acts 2:41-47 first</td>
<td>Small group</td>
</tr>
<tr>
<td>Feed back</td>
<td>First small group to finish reports back</td>
<td>Small group report back</td>
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Lesson 6 - The Church

When you become a Christian, you became a member of God’s family. God is your heavenly Father, and all Christians are like brothers and sisters of the same family. The household of God is not a building, and the “church” is not a place of worship, but is a body of believers.

1. What is the relationship between Jesus and Christians in the Bible?
   Romans 12:5 “in Christ we who are many form one body”
2. What is the position of Christ in the church?
   Ephesians 5:23 Jesus is the head over everything.

3. What is the purpose of the Church?

Handy Hand - Ecclesiology

Five fingers each represent the Ecclesiology to be taught:

One finger: The church has one purpose, "To Glorify God."
Two fingers: The church has two authorities, "God's Word and the Holy Spirit."
Three fingers: The church has three offices of leaders, "Pastor, Elder, and Deacon."
Four fingers: The church has four signs of maturity...
   1) Self-governing
   2) Self-reproducing
   3) Self-sustaining
   4) Self-teaching
Five fingers: The church has five functions...
   1) Fellowship
   2) Worship
   3) Evangelism
   4) Ministry
   5) Discipleship

Look at Acts 2:41-47 to find the Five Functions being practiced by the early church.
   1) Fellowship - vs. 42 "They were continually devoting themselves.... to fellowship."
   2) Worship - vs. 47 "praising God"
   3) Evangelism - vs. 41 "those who had received his word were baptized."
   4) Ministry - vs. 45 "and they began selling their property and were sharing them with all..."
   5) Discipleship - vs. 42 "they were continually devoting themselves to the apostles teaching"
Lesson 7 God: The Heavenly Father Lesson Plan

Lesson Outcomes:

By the end of this lesson Learners will be able to:
1. Able to identify the 4 characteristics of God the Father
2. Give a key verse for each characteristic.

Lesson plan

<table>
<thead>
<tr>
<th>Actions</th>
<th>Contents</th>
<th>Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>How did Jesus instruct His disciples to address God in Matt. 6:9?</td>
<td>Facilitator input in large group</td>
</tr>
</tbody>
</table>
| Identification      | • Jeremiah 31:3 1 John 3:1 2 Thess 3:3 2 Kings 6:15-18 Daniel 3 1 Cor 10:13  
                      • Matt 6:31-32 Rom 8:32 Phil 4:19 Eph 4:13 Prov 27:17 2 Tim 3:16 James 1:2-4 Heb 12:6-7 | Make 4 groups and each will discuss a set of verses and discover the characteristics of God our Father |
| Feedback            | • Father’s love: Father’s provision Father’s discipline Father’s protection | Small groups                                                           |
| Questions and Answers | • Each Small group will teach the other group the application of their discovery | Small groups                                                           |
Lesson 7 God: the Heavenly Father

The Bible teaches us that God is the father, Mt 6:9 “Our Father who is in heaven.”

As a Father

He loves,
He protects,
He provides,
He disciplines his children.

The Heavenly Father’s Love

“The Lord appeared to them from afar saying, ‘I have loved you with and everlasting love,’ therefore I have drawn you with loving kindness.” (Jeremiah 31:3)

1. Based on what reason did God save you?
   ___ because you were so bad? ___ Because you first loved Him?
   ___ because you have bad luck? ___ because you were so good?

No, None of these is correct.

The Bible says he saved you “because of His great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in our transgressions Ephesians 2:4-5

2. How does God reveal His love to you? Please write an example below.
   a, ______________________________________________________
   b. 1 John 3:1 “how great is the love the Father has lavished on us that we should be called children of God.

The Heavenly Father’s protection

But the Lord is faithful, and he will strengthen and protect you from the evil one.’ 2 Thessalonians 3:3

In Psalms 34:6-7 God promises to save the poor man “out of all his troubles.”
He promises Israel in 2 Kings 6:15-18 “Do not be afraid”
To the three friends in Daniel 3 God promises to protect them.

2. How does God protect you when you face temptation?

1 Corinthians 10:13 “he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”

The Heavenly Father’s provision

“And my God will meet all your needs according to his glorious riches in Christ Jesus.” Philippians 4:19

2. What gift has God given his children to demonstrate He is willing to meet our needs? Romans 8:32. He gave his own Son.
**The Heavenly Father’s discipline**

“because the Lord disciples those He loves, and He punishes everyone he accepts as a son.” Hebrews 12:6-7

1. What does the Lord expect for His children? Ephesians 4:13 Maturity and “attaining to the whole measure of the fullness of Christ”.

   It is through discipline that we grow in maturity.

2. Go uses the following to help us grow to maturity

   a. Friend: Proverbs 27:17 “As iron sharpens iron so one man sharpens another”

   b. Bible: 2 Timothy 3:16 “All Scripture is God breathed and is useful for teaching, rebuking, correcting and training in righteousness”

   c. Trials: James 1:2-4 Facing trials tests faith and develops perseverance.

Which aspect of God is most meaningful to you right now?

- [ ] Love and Kindness
- [ ] Provision for your needs
- [ ] Discipline
- [ ] Protection
Lesson 8 Lesson Plan

Lesson Outcomes:

By the end of the lesson the student should be able to:

1. State the need for self-feeding
2. Describe and demonstrate how one would go about self-feeding from the Bible
3. Identify the 7 commands of Christ in Scripture
4. Demonstrate the 7 commands of Christ with actions

Recommended time for the session: 120 minutes broken up as follows:

1. 15 Minutes for worship (no devotion)
2. 30 Minutes for review of homework
3. 45 Minutes for teaching
4. 30 Minutes for review

Lesson Plan

<table>
<thead>
<tr>
<th>Action</th>
<th>Content</th>
<th>Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>Why the need for self-feeding</td>
<td>Facilitator input</td>
</tr>
<tr>
<td>Demonstration</td>
<td>How to divide the paper into 3 Headings</td>
<td>Demonstration of facilitator</td>
</tr>
<tr>
<td></td>
<td>Read passage of scripture (Luke 8:22-25)</td>
<td>Individual reflection</td>
</tr>
<tr>
<td></td>
<td>What does it say?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>What does it mean?</td>
<td>Small group discussion</td>
</tr>
<tr>
<td></td>
<td>What must I do?</td>
<td>Large group discussion</td>
</tr>
<tr>
<td>Identification</td>
<td>Give each group one of the passages that have the 7 commands of Christ.</td>
<td>Small group discussion</td>
</tr>
<tr>
<td>Report Back</td>
<td>Each group to report on their command</td>
<td>Small group feedback</td>
</tr>
<tr>
<td>Perform</td>
<td>7 commands of Christ with actions</td>
<td>Actions.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Facilitator lead group follows</td>
</tr>
<tr>
<td></td>
<td></td>
<td>and repeats</td>
</tr>
<tr>
<td>Feedback</td>
<td>Each small group (or individual) perform 1 command as called upon until</td>
<td>Repetition to see the concept</td>
</tr>
<tr>
<td></td>
<td>all students/groups have done all 7</td>
<td>has been learnt</td>
</tr>
</tbody>
</table>
Lesson 8 – self-feeding

Self-feeding

A newborn baby must be fed by its mother but it must learn to feed itself, as it grows older. A newborn Christian must be taught and fed but must learn to feed him or herself. The best way is to learn to trust and obey God’s word. This means we need to ask the Holy Spirit to guide us as we read Scripture. Sometimes people think that reading Scripture is only for the trained pastor. This is not true. Every believer can be equipped to read the Scripture and feed himself or herself. The following is a simple but very effective method.

1. Choose a passage of Scripture

2. Pray for guidance and read through the passage 2-3 times.

3. Divide a blank page into 3 columns

4. In the first column write down: What does the passage say? (Then write the passage in your own words)

5. In the second column write down: What does it mean? (Then write down what you believe the passage means)

6. In the third column write down: What I must do? (Come up with 3 to 5 I must statements)

Application

Jesus taught us to do 7 things.

Read the following passages and explain what Jesus was saying we must do:

Mark 1:15  _________________________________________________________

Matt 28:19 _________________________________________________________

Matt 6:5-15 _________________________________________________________

Matt 28:19-20 _________________________________________________________

Matt 22:37-39 _________________________________________________________

Luke 22:14-20 _________________________________________________________

Luke 6:38  _________________________________________________________
Follow these instructions to put actions to the “I must” statements:

Repent and Believe – palm on edge facing forward, moves forward and then make a U-turn coming back toward them

Be Baptized – two hands together held out to the side and then lowering as into water

Pray – hands in typical prayer sign

Make disciples – both hands crawling forward in air like a spider

Love one another – hands folded across your heart

Lords Table – two fists side by side as holding bread and then breaking it

Give – looks like dealing a deck of cards