



## Better Health Counselling Service Fees

We are committed to providing quality and affordable services. We implement a sliding fee scale for our **daytime** counselling appointments based on your financial circumstances, with the top rates helping to subsidise the lower rates. Fees contribute to the running of the service; including the building and staff costs. To access one of our concession rates, please provide one of the documents listed below.

### Daytime appointments (9am-4pm)

Fee	Payable if you are...	Proof of income/benefits required (one of the following)
£40	Working and earning £25,000 (gross salary) or more	
£20	Working and earning less than £25,000 (gross salary) and not claiming benefits, or claiming a non-means-tested benefit	<ul style="list-style-type: none"> <li>✓ Pay slip (last 3 months)</li> <li>✓ P60 (most recent tax year)</li> <li>✓ Self-assessment tax return (most recent tax year)</li> </ul>
£15	Working (including self-employment) and claiming a means-tested benefit	<ul style="list-style-type: none"> <li>✓ Universal Credit – proof of claim (last 3 months)</li> <li>✓ Housing Benefit – proof of claim (last 3 months)</li> <li>✓ Tax credits – proof of claim (last 3 months)</li> </ul>
	A full-time student	<ul style="list-style-type: none"> <li>✓ Certificate of student status</li> <li>✓ Admissions letter</li> </ul>
	Retired	<ul style="list-style-type: none"> <li>✓ State pension award letter</li> <li>✓ Pension credit – proof of claim</li> </ul>
£5	Not working, sick or a carer and claiming a means-tested benefit	<ul style="list-style-type: none"> <li>✓ 'New style' JSA or ESA – proof of claim (last 3 months)</li> <li>✓ Universal Credit, with no deductions for take-home pay – proof of claim i.e., screen shot of your statement, showing the 'what we take off (deductions)' section (last 3 months)</li> </ul>

### Evening appointments (5pm, 6pm, 7pm)

All of our evening appointments are charged at **£40** per session, irrespective of your financial circumstances.

*As a charity, we rely on your honesty and willingness to let us know if you have the means to pay more than your allocated fee, so that other lower fees can be subsidised for those that need them.*