

Name: \_\_\_\_\_  
Circle This Sunday's Date:  
**May:** 7 14 21 28 **June:** 4 11  
On time: [ ] Late: [ ]

# CROSSTRAINING WEEKLY REFLECTION

Bible Passage: \_\_\_\_\_

1. **Head:** What is the main idea of this passage and who is talking to who? What is the context?

2. **Heart:** How does this passage apply to my life? What can I learn about God and loving others?

3. **Hands:** What is one specific way I can apply this to my life?

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4. Someone from church I pursued/encouraged this week: \_\_\_\_\_

5. A non-christian friend I prayed for this week: \_\_\_\_\_

6. What is one way we as leaders can pray for your Christian life this week?

Check here if completed your self-made serving project this week... this could be assisting at a church event (serving with kids or helping in the nursery, etc), doing something for a friend or neighbor. Just let us know what you did and how it went.