

Kelly Bottari

15 years ago, Kelly began with what would turn into an immediate passion for all the intricacies of pregnancy, birth, newborn care, and bringing a baby into the world. Kelly continuously strives to increase her knowledge so that she may provide you with the best care for your needs. She feels it is an absolute honor to be able to enhance your experience by supporting you in your own empowering journey.

Kelly holds certifications for birth doula care, placenta encapsulating, child birth education, and lactation counseling. She offers in home newborn care, as well as traditional belly binding services for your post care needs. Kelly has trained with Empty Arms.

[\(413\) 284-2211](tel:4132842211)

EmpoweringPresenceDoula.com

Vicki Elson, MA, CCE, CD

I've been a childbirth educator and doula for 34 years. I've worked with parents experiencing perinatal losses, unexpected outcomes, separation from their babies, and babies with special needs. I've worked with parents who are having another child after such events. I've had some training in this area over the years, and I've experienced neonatal loss myself. I'm comfortable being with families at these tender moments, and I think they're comfortable with me too. I don't try to fix anybody, I just do my best to support their grieving/healing process and their self-care, to help them identify what they may need, and to be a good listener and a loving companion as they wish. I cover Hampshire, Hampden, Franklin Counties.

[\(413\) 329-3778](tel:4133293778)

www.birth-media.com

Karen Kurtigian

I am amazed by your strength and courage, the ability to keep going and birth another child is so strong. I'd be honored to support your family in times like these.

I had the pleasure of being a part of my close friends' labor for their first son Dylan who was born full term, sleeping, 3 years ago this past May. That was a huge turning point for me in regards to the path I was on and the path I wanted to stay on.

A few years prior to Dylan's birth my partner and I lost a baby at 14 weeks. I labored in the tub then moved to the toilet. At first I knew something was wrong, but once labor hit I really had no understanding of what was going on... It was my first pregnancy, I've never experienced labor pains before. After a while my partner decided to take me to the ER, at that point I had bleed a lot and the pain was paralyzingly. I then remember waking up in the ER with discharge papers. They said the baby must have

flushed out before we got there. We then went home. 4 years later we had our beautiful daughter, then our son, and now another beautiful daughter. It wasn't until the Bereavement training that I fully grasped what had happened that day when we lost our baby, that was a very emotional training.

I have experience working at: Franklin medical center, BayState medical center, Cooley Dickinson medical center, Holyoke medical center.

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karenkurtigian@westernmadoulas.com

www.westernmadoulas.com

Helen Korczak

When working with bereaved parents I try to offer my services for free. Donations towards my expenses are appreciated as are donations made to Empty Arms. I have participated in workshop with Empty Arms and I am also a certified lactation counselor.

(413) 777-8753

celestialrootsdoulacare@gmail.com

celestialrootsdoulacare.com

Michelle L'Esperance, Certified Professional Midwife & Doula

I regularly attend births at Baystate Franklin, Cooley Dickinson, Holyoke Medical Center, and Baystate Springfield, for those who live within about an hour of my home office in Florence.

With a family history of full-term loss and a personal experience of early pregnancy loss, I came to birthwork with an awareness that the journey can bring us to very unexpected places. Professionally, I have helped many people through early pregnancy loss. I have supported families through 2nd and 3rd trimester losses, an interrupted pregnancy, and four term stillbirths. For almost all of those families, it has been possible for me to stay in close touch with them in the weeks, months, and often years following their loss.

For many families I have had the honor of supporting them as they welcomed a subsequent child into their arms. I understand that even as a next, deeply wanted baby is on the way, grief for the one/s who did not stay remains, and those memories must be honored. I see my role as being one of acknowledging your loss/es and celebrating your strengths, helping build a more secure inner 'center' from which you can be ready enough for what is next on your unique journey.

I provide expert birth doula and postpartum doula care for families currently facing a loss, as well as those welcoming a subsequent baby (by whatever route). I also provide prenatal and homebirth midwifery care.

You can learn more about the care I provide at www.WarmWelcomeBirth.com or by calling my direct line at (413)858-5048. I am able to provide references relevant to your situation on request.

Erika Laquer, C.B.E. Ph.D

I cover the Pioneer Valley, so Baystate Medical Center, Holyoke Medical Center, Mercy Medical Center, Cooley-Dickinson and Franklin Baystate. If needed I would go to Hartford's Hospitals and to Brattleboro.

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www.betterbeginningsbirthservices.com

Shannon Wade

I live in Goshen, MA and will work anywhere in Western MA.

I have only observed families with an infant loss from a distance. I joined the doula community in 2014. I feel strongly about meeting people wherever they are in their process and supporting them in any way I can.

(413) 340-1503, (413) 695-0724

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Anna Westley

I am an experienced birth and postpartum doula here in Western Mass. My experience with bereaved families is mostly with families who are birthing again after a miscarriage or stillbirth. I have also provided in-hospital support to a family in the process of birthing their baby who had passed away as well as postpartum support at home for the same family. I've trained with Empty Arms and have taken additional classes focused on perinatal loss. I am also a MotherWoman trained support group facilitator.

My intention as a doula is to cultivate physical and emotional wellbeing for families during times of transition, through any outcome, at any gestation. I serve my clients with respect, compassion and non-judgment. I trust that you have the wisdom to navigate this time in your life in your own way. I follow your lead in all things and provide information and support along the way.

(413) 325-6056

<http://www.motherwelldoulacare.com/>