

**Mayor and Town Council
of Edmonston, Maryland**

Resolution 2013-11

A resolution to designate the Town of Edmonston as a Healthy Eating Active Living Town

WHEREAS, the Maryland Municipal League (MML) has partnered with the Institute for Public Health Innovation to promote the Healthy Eating Active Living Cities and Towns (HEAL C&T) campaign; and

WHEREAS, Maryland Municipal League resolved to partner with and support the Healthy Eating Active Living Cities and Towns (HEAL C&T) Campaign, and encourages Maryland cities and towns to adopt preventive measures to fight obesity; and

WHEREAS, more than half of Maryland's adults are overweight or obese and therefore at risk for chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, one in three youth is overweight or obese; and more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Marylanders; and

WHEREAS, the annual cost to Maryland-in medical bills, workers compensation and lost productivity- for overweight, obesity, and physical inactivity exceeds \$3 billion; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity.

NOW THEREFORE, LET IT BE RESOLVED, the Town of Edmonston hereby recognized that obesity is a serious public health threat to the health and well being of adults, children and families in Edmonston and a commitment is needed to put health choices within the reach of all residents. While significant societal and

environmental changes are needed to support individual efforts to make healthier choices.

BE IT RESOLVED that Council hereby adopts this Healthy Eating Active Living resolution.

BE IT FURTHER RESOLVED that the Recreation committee will set nutrition standard for food offered and Town sponsored events and meetings,

BE IT FURTHER RESOLVED that to promote wellness within the Town and to set an example, the Town of Edmonston pledges to adopt and implement an Employee Wellness Policy, as well as promote and encourage a pedestrian and bicyclist pathways, in the effort to increase opportunities for access to healthy foods and increase opportunities for physical activity for the entire community.

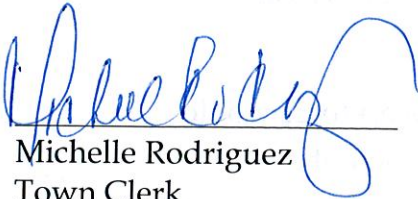
BE IT FURTHER RESOLVED THAT, the Town of Edmonston staff will work with HEAL Cities and Towns Campaign staff to explore HEAL policies and to identify those policies that are suitable for the Town's unique local circumstances.


READ AND PASSED THIS eleventh day of December, 2013

BY ORDER of the Mayor and Town Council, I hereby certify that Resolution Number 2013-10 is true and correct and duly adopted by the Mayor and Town Council of the Town of Edmonston.

ATTEST/WITNESS:

Mayor and Town Council of
Town of Edmonston


Michelle Rodriguez
Town Clerk


Robert L. Kerns
Mayor