



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2

Chicken Nuggets w/Breadstick^{WG}
Mashed Potatoes
Baby Carrots
Fruit Choice

3

Spaghetti w/Meat Sauce
Italian Vegetables
Popeye Salad
Garlic Breadstick^{WG}
Fruit Choice

4

Chili Con Carne
Biscuit^{WG}
Celery Sticks
Romaine Garden Salad
Fruit Choice

5

Buffalo Chicken Hoagie^{WG}
Jo Jo Potatoes
Fruit Choice

6

Mac & Cheese
Breadstick^{WG}
Steamed Peas
Baby Carrots
Fruit Choice

9

Chicken Fajita
Pinto Beans
Romaine Lettuce
Diced Tomatoes
Salsa
Fruit Choice

10

Mandarin Orange Chicken
w/Sesame Noodles^{WG}
Romaine Lettuce
Diced Tomatoes
Fruit Choice

11

Open-Face Pepperoni Calzone^{WG}
Celery Sticks
Mixed Vegetables
Fruit Choice

12

Carne Ado Vada Burrito^{WG}
w/Tortilla Chips
Pinto Beans
Steamed Broccoli^{FG}
Fruit Choice

13

Sustaining the Mission

No Classes

16

Sloppy Joes On a Whole Grain Bun
Tater Tots
Baby Carrots
Fruit Choice

17

Beef Nachos
Shredded Cheese
Refried Beans
Romaine Lettuce
Diced Tomatoes
Fruit Choice

18

BBQ Chicken Drumsticks
Creole Potatoes
Biscuit^{WG}
Romaine Lettuce
Diced Tomatoes
Fruit Choice

19

Beef Fried Rice
Oriental Vegetables
Edamame
Fruit Choice

20

Chicken Nuggets
Green Beans
Baby Carrots
Dinner Roll
Fruit Choice

23

Grilled Cheese
Mixed Vegetables
Popeye Salad
Tomato Soup
Fruit Choice

24

Lots-O-Tots
Spanish Rice
Romaine Lettuce
Diced Tomatoes
Pinto Beans
Salsa
Fruit Choice

25

Honey Glazed Pork Roast
Mashed Potatoes
Orange Glazed Carrots
Fruit Choice

26

Stacked Taco Bake
Spanish Rice
Mexi-Corn
Romaine Lettuce
Diced Tomatoes
Fruit Choice

27

Fish Taco
Cornbread
Romaine Lettuce
Diced Tomatoes
Salsa
Fruit Choice

30

Meatball Sub^{WG}
Steamed Corn
Cucumbers
Fruit Choice

31



Though it has been around for centuries, broccoli wasn't really know in America until the 1920's.



Information

Our daily lunch menu follow the NSLP guidelines. Lunch includes a Choice of Entrée, Whole Grain, Vegetable, Fresh or Canned Fruit & Milk. To make a complete meal choose at least 3 of 5 items. Your lunch must include a fruit and/or vegetable

Hot Spot

Alternate Entrée Choices

Cheeseburger
Hamburger
Breaded Chicken Sandwich

eDeli

Alternate Entrée Choices

Cheese Pizza
Pepperoni Pizza
Sausage

@Bravo

Alternate Entrée Choices

Ham & Cheese Sub
Italian Sub
Turkey & Cheese Sub

GOOD to GO

Alternate Entrée Choices

Garden Salad
Chef Salad
Chicken Caesar Salad

Menu Key: FP = Fresh Pick • WG = Whole Grain

A'viands