

POP QUESTIONS TO ASK YOUR PHYSICIAN

1. What type(s) of POP do I have?
2. What grade of severity is my POP?
3. What are the non-surgical treatment options?
4. What are the surgical treatment options?
5. What are the benefits and problems of using a pessary?
6. Can I maintain my prolapse with pelvic floor exercises and a pessary?
7. Will one surgery treat all of my different types of POP?
8. Will my surgery be vaginal, robotic, abdominal, or laproscopic?
9. How many surgical incisions will I have?
10. Will mesh be used for this procedure?
11. What are my risks of mesh erosion?
12. How much experience do you have doing this procedure; what is your success rate?
13. What are potential surgical complications?
14. How successful is this procedure at repairing POP long term?
15. If you find any problems with my uterus or ovaries during surgery, is there a chance they will be removed?
16. Will I need to stay in the hospital overnight after my procedure?
17. Will this procedure relieve all my symptoms? If not, which symptoms are likely to remain?
18. How long will I need to be on narcotic pain medication after surgery?
19. Will this surgery fix my urinary incontinence?
20. Will this surgery fix my fecal incontinence?
21. Will my constipation go away after surgery?
22. Will I need to wear a pessary after surgery?
23. How long before I get sexual sensation back?
24. How long will I need to wait to have sex after surgery?
25. Will this surgery impact my ability to have an orgasm?
26. Will sex be painful after my surgical repair has healed?
27. How long will I need to wait to return to my normal activities after surgery?
28. How long will I need to wait before I return to work after surgery?
29. How long should I wait to do pelvic floor maintenance exercises after surgery?

